

Wakefield Repertory Theatre 60's dance in Wakefield

The Wakefield Repertory Theatre is holding its first "60's Dance" on Saturday, March 27 at the Americal Civic Center on Main Street in Wakefield. The dance will be held from 8 p.m. to midnight.

This is the first fundraiser of this kind for the WRT, whose last theatrical production was the hugely successful My Fair Lady this past January. Featured at this "60's Dance" will be "Class of '66," headed by Wakefield's Sam Donato, who many undoubtedly remember as Alfie Doolittle in My Fair Lady and as the Innkeeper in last year's Man of Lamancha. "Class of '66" performs some of the best music of the 60s and is one of the most talented bands in New England.

There will be a 60's theme throughout the evening, and everyone attending is encouraged to wear his or her favorite 60's garb - whether it be a resurrected pair of old hip-hugger bell-bottoms with love beads and a headband, or a reasonable facsimile from the 90's. And while a costume is certainly not manda-

tory, prizes will be awarded for the most authentic ones.

The evening is sure to be packed with music and fun for all involved. Proceeds from this dance will go toward WRT's summer productions of Fifth of July and the children's musical Alice in Wonderland. Tickets for the dance are \$10, and no one under the age of 21 will be admitted without a positive ID.

There will be a cash bar available. For more information or for advance ticket sales, call (617) 246-6324, Ext. 397.

Bluegrass group in Burlington

The Bluegrass group, Southern Rail, will be performing in Burlington at the Listening Place Coffeehouse on Saturday, March 27 at 8 p.m.

St. Margaret's Catholic Church, Winn Street, is the location. Doors open at 7:30 p.m.. Tickets are \$10 each and are available at the door.

For more information call (508) 264-0668 or (617) 891-0258.



ROBERT GOULET (left) as King Arthur, Patricia Kies as Queen Guenevere and Steve Blanchard as Lancelot in Lerner & Loewe's enduring musical, "Camelot" coming to Boston's Wang Center for the Performing Arts March 30 through April 4 only.

VA Questions and Answers

Q: What is the total maximum benefit payable under VA's tuition

assistance program?
A: \$1,200.00.

Q: Is the VA claim number the same as a veteran's social security number?

A: A veteran who filed an initial benefit claim before 1974 will have a VA claim number. A veteran who filed after 1974 generally will be identified by his or her social security number.

"Camelot"

Coming to Boston's Wang Center

"Camelot" at the Wang Center for the Performing Arts for a limited engagement March 30-April 4 stars Robert Goulet as King Arthur. The Emmy and Grammy Award winner originated the role of Sir Lancelot in the original 1960 production.

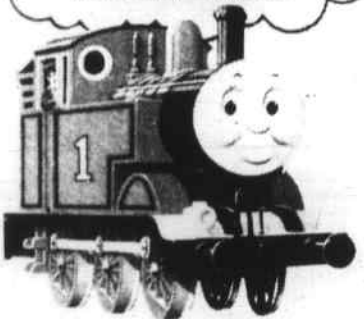
The new production features Patricia Kies as Guenevere, Steve Blanchard as Sir Lancelot, Kenneth Boys as Mordred and James Valentine as both Merlin and Pellinore. One of the most spectacular shows in Broadway history, "Camelot" boasts an enduring and romantic score with lyrics by Alan Jay Lerner

and music by Frederick Loewe. This production is directed and choreographed by Norb Joerder.

Performances and prices for "Camelot" at the Wang Center for the Performing Arts are: Tuesday through Saturday at 8 p.m.; Sunday at 7 p.m.; Matinees Saturday and Sunday at 2 p.m.; \$55, \$50, \$40, \$30. For ticket charges call (617) 931-2787. For all other information call or write the Colonial Theatre Subscription Series, 106 Boylston St., Boston, MA 02116, (617) 482-8555. Tickets are available directly at the Wang Center Box Office, 270 Tremont Street.

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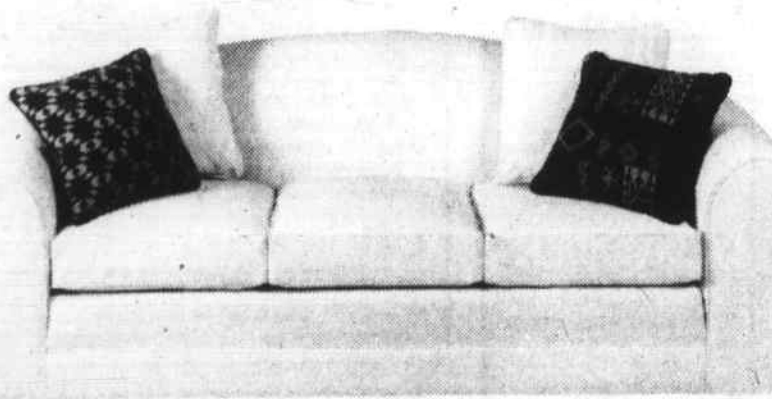
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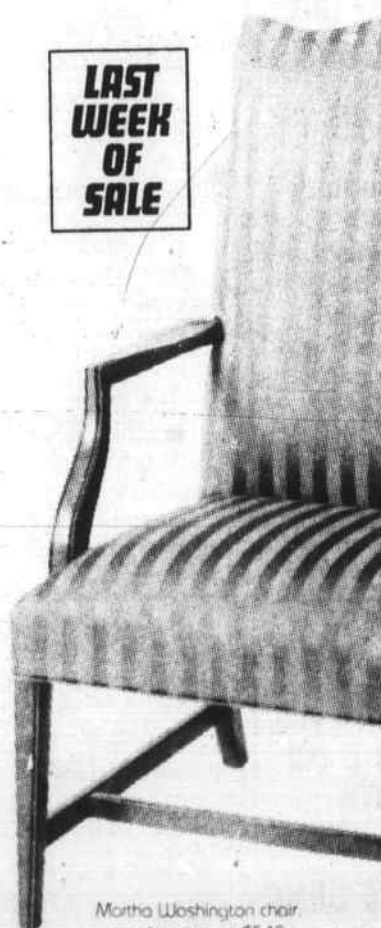
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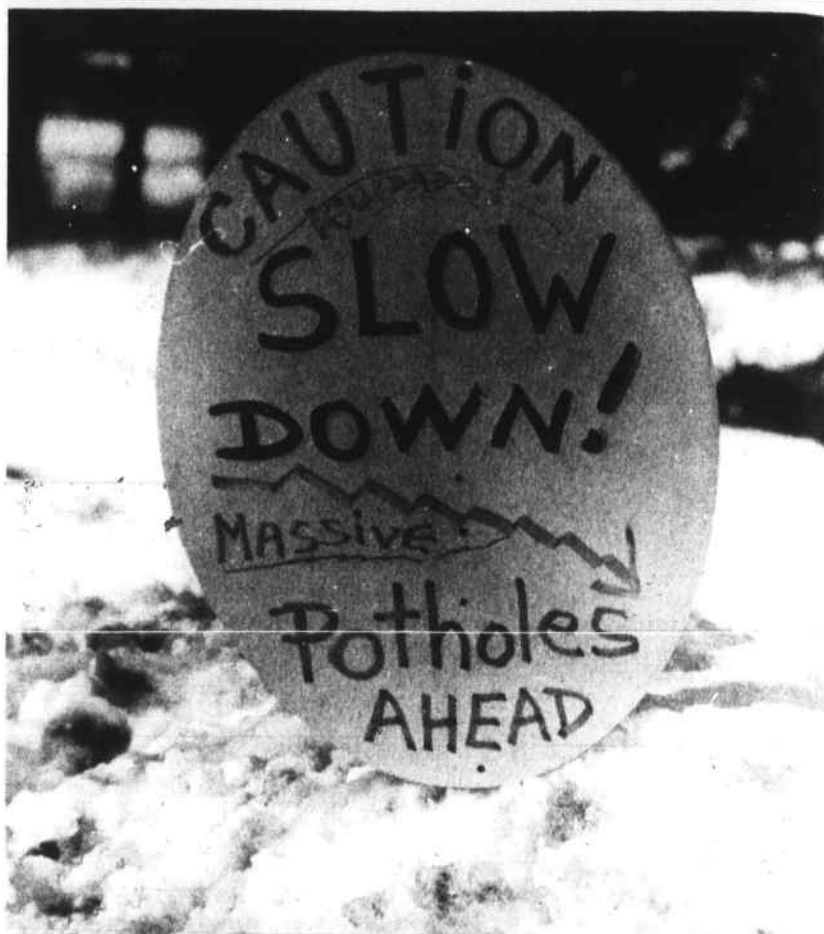
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Boyle, Fenton named to appeals slots

by Arlene Surprenant
Charles Boyle, an attorney for Middlesex County, has been appointed by the Wilmington Board of Selectmen to fill the unexpired term of Joe McMenimen on the zoning board of appeals. Boyle was an associate member of that board.

There was little discussion Monday night as selectmen Chairman Mark Haldane made a motion to move Boyle up from associate to regular member of the board. He said it was traditional to fill any vacancy on the appeals board by elevating an associate member to the position. The motion passed unanimously.

School Committeeman Phil Fenton and former appeals board Chairman Bruce MacDonald had also applied for the position. In a second motion, selectmen unanimously approved Fenton as an associate member of the board to fill the vacancy left by Boyle. The board made no further reference to MacDonald's request, which was made public at the prior meeting of the board.



The hole story

The entire town of Wilmington has been reported missing and is believed to have fallen into a pothole on Nichols Street, where a resident posted this warning sign. For a whimsical look at potholes, see page nine.

WHS students prepare for Church Street Challenge

by Arlene Surprenant
In two days, one of the most unique projects ever undertaken at Wilmington High will get underway.

The Church Street Challenge, a series of events which will "challenge" the entire student body, came about because of Principal Paul Fleming's desire to lift morale at the "little school on Church Street" and provide a non-teaching or alternative day for students as well as faculty. The idea for challenging students in four different areas or venues came from foreign language teacher Joyce Beckwith, who had worked with the honor society on an Academic Bowl and thought that would be a good starting point.

When students arrive in school on Friday, they will go to one of four venues: the high school library for an Academic Bowl; the gymnasium for a series of fun-type relay races; the Barrows Auditorium for a performing arts competition; or the cafeteria for the creative arts component.

The students originally signed up for the area of their choice. Last Thursday, "assignments" were posted outside the nurse's office. Excitement was high at the time, said Beckwith.

"It's nice to see the kids excited. We were able to accommodate everybody," she said.

Most of the students signed up for the athletic component. Team races such as Pillow Polo and an old clothes race promise to generate a lot of enthusiasm. Beckwith said they decided to stay with relay races rather than such sports as basketball because "we did not want to put anyone at an advantage or disadvantage."

Those in the performing arts competition have already auditioned. There will be a talent competition in instrumental and vocal music, drama, dance, group bands, and the creation of an original song.

The creative arts component centers around original artwork which will be on display as well as competition in such things as food preparation, industrial arts projects, the creation of posters and a mural, videotaping, and decorating classrooms and, hopefully, sidewalks which are free of snow.

All teachers and their spouses contributed questions covering sports, entertainment, academic subjects, and trivia for the Academic Bowl. There will be 12 teams each comprised of a cross section of students from grades nine through 12. The captain of each team was chosen according to his or her rank in class, said Beckwith.

Some students will participate by being in the audience for the performing arts competition and will help choose the winners along

with faculty judges. All faculty members will participate in some way throughout the day, said Beckwith.

The planning of the entire day fell to Beckwith and her able steering committee of 10 teachers and two parents. Beckwith credits this committee, which includes PAC parents Maria Holland and Linda Kanter, with ironing out any difficulties and pulling the whole thing together.

She said the committee is very appreciative of the school PAC, which donated the prize money. Prizes will go to the winning class and runner-up in all the competitions. Beckwith added the cafeteria workers will be serving donuts to the students in the morning as well as a special lunch from 10:30 to 11:30 a.m. While parents from the PAC have already offered their help on Friday, both Beckwith and Holland say there is room for more parent participation. Anyone wishing to help out should contact Holland at 658-9958. Or parents may come to the school just to watch their children compete.

All students will be competing either on teams or on an individual basis for their class. Preliminary competition will run from 7:30 to 10:30 a.m. Finals in the performing arts and athletic competitions will begin at 11:30 a.m. and winners in creative arts and the Academic Bowl will also be announced in the afternoon.

"This is something new. We all hope it will work so it will become a tradition," said Beckwith. As an afterthought she says, "I want it to go smooth. Everybody's worked so hard."

Notice to Parents: This alternative day was approved by the superintendent of schools and is considered a regular day of school. Parents are urged to support this special program and not allow their teens to miss school on Friday.

Questions arise on cable TV policies

by Arlene Surprenant
Concerns raised by Wilmington resident Catherine Gillis led local selectmen to take a closer look at WCTV, the local access cable station, and its policies on Monday night.

Gillis told selectmen she had been "shocked" to see "a biased and very political" document on the recent hazing and recall effort air January 28, just five days before the recall election of school committeemen Linda McMenimen and Dr. Shirley Callan. The documentary was produced by Sandra Curtin and Cheryl Soderquist under their educational show titled, "In Pursuit of Excellence."

Gillis, one of the leaders of the recall effort, said it appeared that the station was violating its own policy by airing something of a political nature. She raised a number of questions including why the show was aired on the government and not the educational channel, why station officials contacted an attorney before the show ran, and why there was no advance notice of the program so those with differing views could be informed ahead of time and perhaps have a chance to produce their own show.

"If there is little or no time to produce something of equal caliber, is that equal access?" asked Gillis. She later maintained, "we shouldn't have to react; we should be informed." Gillis had been given the opportunity to prepare a quick segment on the position of recall proponents. That show ran a few days before the election.

At the end of her prepared statement, Gillis asked selectmen to review the WCTV contract and assess if there had been a violation or if there was a need for restrictions on what is produced.

Chairman Mark Haldane informed Gillis the town has no contract with WCTV nor does his board have input into the station's operation.

Mike Niestepski, former president of the WCTV Board of Directors, explained that programs are put together by producers, who assume all responsibility for the program's content. He added, "we do not control what these people produce."

Niestepski explained anything that is produced can be aired under First Amendment rights, provided it's not obscene.

There will be an early dismissal day for all Wilmington Public Schools on Wednesday, April 7, 1993. Dismissal time for the High School will be 10:30 a.m. Dismissal time for the middle schools will be 11 a.m. Dismissal time for elementary students (one through five) will be as follows: Shawheen School and Woburn Street School will be dismissed at 11:30 a.m.; Wildwood School will be dismissed at noon. There will be no kindergarten sessions on this date. Lunches will be served to all students.

"If you refuse to air programs, you're dealing with areas of censorship," he said. He added that local access stations are not subject to the equal time requirements imposed on regular network channels.

In response to Gillis' questions, Niestepski said the program dealt with a governmental issue so it was run on that channel, and officials contacted an attorney because they were unsure where to get permission to use tapes of the school committee in the show.

Niestepski maintained no Wilmington resident or organization is denied access to the station, and added, WCTV has no policy regarding political content. The only place residents can't place political ads, he said, was on the Community Bulletin Board.

Selectman Gerald Duggan blamed the notice that runs on the Bulletin Board for much of the confusion. That notice states the board is for non-political and non-commercial announcements only. Duggan said the notice gives the impression that nothing of a political nature can be shown on any of the channels.

"There's a confusing message that's coming out," he said.

Fellow Selectman Chester Bruce suggested, in the interest of public awareness, WCTV advertise its policy regarding access rights on each channel.

When Selectman Dan Ballou asked that WCTV address Gillis' questions in writing, Niestepski suggested instead she bring concerns directly to the present board of directors.

"If we're not doing something right, we want to correct it and make it better," he said.

Steve Sabounjian, a producer of many of the shows on the government channel, explained that it was at his request that Curtin and Soderquist put together the documentary. Originally, Saboun-

jian asked the women to produce a five minute piece for election eve but they felt there was too much material to fit into that format, he said.

"Most of us feel bad you didn't get an opportunity (for rebuttal)," Sabounjian told Gillis adding, if she had had a chance, "it would only make us look better."

Selectman Robert Cain pointed out that, in the past, WCTV put an emphasis on not becoming political and, in fact, would not even cover the results of town elections. Niestepski agreed that as the station has grown, members learned "you can't put restrictions on political candidates." Today, the station invites local candidates to utilize the resources at WCTV to get their message across to the voters.

Anne Linehan, a producer at the station, invited all residents to pay the \$10 membership fee and take advantage of the station. She noted the station's guidelines are available to members and those who visit at the annual open house. Niestepski added that any resident can get a program on the air by submitting a technically correct video or having a WCTV producer create the program for them.

WCTV members reacted with a groan to one question posed by Cain. He asked if cable subscribers are paying to maintain "other people's hobbies."

"You are not providing a hobby for a few volunteers. I think what you're seeing is the growth of a TV station," Sabounjian replied. He said, if residents were not getting their monies' worth, they don't have to subscribe.

Tony Capuano, a candidate for selectmen who took advantage of the station's offer to produce a show, said having a chance to see such things as football games and school events on cable was worth more than the five percent subscribers pay toward the station.

Pizza shop to locate in North Wilmington

Another pizza parlor, Pizza Mia, will soon be locating in North Wilmington.

Robert McCoy, who already operates one pizza shop in Tewksbury, plans to open the new establishment at 362 Middlesex Ave. McCoy's brother, Michael owns Michael's Place, a restaurant which includes pizza.

The plan of the new eatery was approved by the local board of

health Monday night. Health Director Greg Erickson said the main change he recommended to the owner was to move the sink for employees closer to the work area. He said McCoy has already taken out the necessary permits to begin construction of Pizza Mia.

The building was built by a firm called Mytron in the 1950's. It is now owned by John Forrest, and also houses a Dunkin Donuts shop.

MISSING

SIX YEAR OLD FEMALE COLLIE

NAME: HOPIE

COLOR: TAN & WHITE (looks like Lassie)

SIZE: MEDIUM (Approx. 50 lbs)

DISTINGUISHING MARKS: recently had surgery on right hip.

Collie Rescue tattoo number on inside of leg.

Wearing a red collar with a red & white tag with her name and our Londonderry, N.H. address

Hopie was last seen on Friday, March 19th in the vicinity of Route 62 & 38 in Wilmington.

Her owner is due to return home from a 5 week stay in the hospital next week. Hopie's family would like very much for her to be there for this homecoming.

If you see her PLEASE contact the Wilmington Police Dept at (508) 658-5071 or call the number listed on Hopie's I.D. tag.

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Rezoning, sewer articles trigger discussion

by Arlene Surprenant
Two rezoning articles and an article which would change the way sewer projects are funded in Wilmington triggered much of the discussion at Tuesday's joint hearing on the annual town meeting warrant.

There are 45 articles on the warrant. Last night, one rezoning article was withdrawn and one will be passed over at town meeting leaving 43 articles to be acted on by voters on April 24.

Article 41 seeks to rezone two parcels of land on Burlington Avenue from R60 to R20. The lots were formerly part of the Roberts Estate. They are now owned by developer Mark Lopez, who is planning to build a 28 lot subdivision on the site.

Attorney Bob Peterson represents Lopez. He told members of the planning board and the finance committee the builder considered two options for the property: clustering the lots toward Burlington Avenue and going with PRD zoning (Planned Residential Development) or developing the lots under an R20 zone and deeding almost 60 percent of the site back to the town and Conservation Commission. One obvious advantage of the latter, said Peterson, is that the builder will be able to put in less roadway.

The proposal drew both praise and opposition from neighbors. Realtor Anne Mahoney opposed the plan.

"I believe it should remain at 60,000 square feet," she said. Mahoney maintained that alot of the land is wetlands and changing the zone to R20 would more negatively impact traffic on an already busy street.

Peterson replied the plan would leave over 99 percent of the wetlands out of the proposal. He also assured Mahoney there would be no increase in density.

Both Larry Kaufman and abuttor Al Cuoco said, while they would prefer no development on that site, Lopez's proposal was "a breath of fresh air" compared to an earlier PRD proposal for the same site.

Article 45 asks voters to rezone

two parcels off Lowell Street from R20 to High Density Business (HDB). The parcels are owned by John Forrest, who bought the land for the relocation of his gas station in case the state followed through on plans to change the West Street/Lowell Street intersection.

Forrest said, while he had another subdivision plan for the site, he preferred to rezone and go with his second plan, which would have less impact to abuttors. Under the first plan, one business would be located to the rear of one parcel and another to the front of the other parcel. A roadway with cul de sac would lead into the subdivision. A third parcel in the right hand corner could also be utilized, he said. By rezoning to HDB, Forrest said, he would have enough frontage to locate both businesses in the front of the property and eliminate the roadway. Neighbors prefer the second plan, he said, because it provides an 80 foot buffer in the back and on the side near the homes.

Forrest explained he had been sitting on the property and paying taxes on it for about seven years and he'd like to develop the site. One abuttor spoke in favor of the rezoning saying it gave him some privacy.

Article 14 asks voters to approve a new funding method for future sewer projects. The article would remove the restriction limiting the amount the town would pay and leave the funding formula for each project up to town meeting.

Fincom member Walter Kaminski asked why the issue wasn't put on the election ballot to allow more people to vote on it. Town Manager Michael Caira said, if people felt that strongly, they should attend town meeting.

Tony Capuano claimed that if the whole town is sewered, it could open up lots formerly deemed unbuildable for development. He also maintained those who are currently paying betterments could end up paying twice if the article is approved.

"I'd be totally against this," said Capuano, adding he would prefer a cap on the formula. Town Counsel Alan Altman had advised against such a cap during discussions on the proposed article.

Caira argued the article does address the needs of those who are currently hooked up to sewers.

"Unless we expand our sewer base, they're the only ones who are going to pay for it," he said.

Caira concluded, "It's so very easy to say I'm against sewers. This gives people an option."



Snow pile in the HP space

One casualty of the ever-growing pile of snow in front of the Wilmington Post Office is the handicapped parking space. The plowing pattern didn't originally have snow in the space, but with each storm the pile has occupied more and more of the handicapped space.

Changes in store for Route 38 corridor?

by Arlene Surprenant
Change may be on the horizon for Route 38 in Wilmington when a land use corridor redevelopment study is complete and money is found to implement the findings in the final report. The study, however, is still in the first phase and will only be complete at the end of June.

The town received a \$20,000 Strategic Planning Grant to look at redevelopment possibilities along Rte. 38 from Woburn to the Tewksbury town line. That grant was matched with \$10,000 from the Wilmington Redevelopment Authority. The study is being done by consultants from David Dixon/Goody Clancy with help from Mt. Auburn Associates; Fay, Spofford, and Thorndike; and Connery Associates.

In an update at Monday's board of selectmen's meeting, David Dixon told those present the land use along Rte.38 changed with the development of major highways like I-93 and Rte.128. He said new industries coming into town will locate on the town's perimeter along the major roads and not along Rte. 38. He said, in the past, Wilmington was very competitive in attracting companies like Sweetheart Plastics to town and the town was a "magnet" for industrial jobs. Now, he added, there is a "window of opportunity" for attracting service oriented businesses like lawyers and doctors to the Rte. 38 corridor.

In doing the study, said Dixon, consultants are looking at what role

Rte. 38 should play in the future and what kind of character it should have to attract the next generation of development. He suggested the vicinity could evolve into a kind of Main Street area with shops, office space, landscaping, and pedestrian walkways. Wilmington could support this concept with proper zoning, infrastructure changes, and working as partners with owners of vacant buildings, said the consultant.

Wilmington's Planning / Conservation Director Lynn Duncan told the board she and the consultants are working with a local task force to identify opportunities and constraints for redevelopment and to look at realistic goals for the area. She said an action plan will be drawn up at the end of the study. Dixon added Sweetheart Plastics (Cup), which is currently vacant, will be used as a model site. Maybe the best use of that large site, he said, would be the development of multiple uses to make the property into a kind of Wilmington Square.

"It's an exciting report; it's very optimistic," noted selectmen Chairman Mark Haldane adding, "Wilmington has really only scratched the surface of what it can become."

The consulting team and the task force plan to hold three more public hearings before the end of June. Meanwhile, the redevelopment authority is working on its own plan to improve and widen Rt. 38 from Middlesex Avenue to the Tewksbury line. Duncan said this study will complement that project.

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BY JOYCE BRISBOIS
Certified Public Accountant

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Watch out for IRA withdrawals, too. When you turn 70 1/2, you can wait until the following April 1 to make a withdrawal, but then you have to make a withdrawal for that year, too. It may be advisable to start drawing down some money before 70 1/2 to avoid the excise tax.

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Jumbo Eggs
Dozen **79¢**

Aberdeen Bacon
1 lb. Pkg. **79¢**

Coke 12 oz.
Six Packs **\$1.39**

Coke 12 oz.
20 Pack **\$4.99**

Spring Water
Gallons **3 for \$1.00**
Spring Water Special Good For Wilmington & North Reading

ALL BEER AND SODA PLUS DEPOSIT. ALL REBATES MAIL IN REBATES.
SPECIAL SUBJECT TO AVAILABILITY BY WHOLESALERS. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
ALL SPECIALS CASH AND CARRY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES PURCHASED.
NO PACKAGE STORES PLEASE.

Sale Dates: Mon. March 22 thru Sat. March 27



RTE. 129 WILMINGTON
Lowell St. at Woburn St.

STORE HOURS:

Monday thru Saturday
7 am - 9 pm
OPEN Sundays
9:30 am - 6 pm

Specials Last Only As Long As The Stocks Do
NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS
WE RESERVE THE RIGHT TO LIMIT QUANTITIES

GROCERY SPECIALS

PROGRESSO
HEALTHY CLASSIC
SOUP
Minestrone-Lentil
Vegetable
SAVE 30*
16 oz.
69¢

PROGRESSO
HEALTHY CLASSIC
SOUP
Chicken Noodle
Chicken Rice, w/Veg
SAVE 50*
16 oz.
99¢

HELLMANN'S
REG-LITE-FREE
MAYONNAISE
SAVE 30*
\$2.29

CAMPBELL'S
SPAGHETTI
SAUCE
Homestyle-Traditional
Mushroom
26 oz.
SAVE 40*
79¢

RONZONI
SPAGHETTI
REG. & THIN
ROTINI
1 lb.
SAVE \$1.45
5 \$2

FRANCO-AMERICAN SALE!
Spaghetti-O's
Spaghetti
Tedd-O's
Circus-O's
Waldo Sea & Plain
SAVE \$4.13
15 oz. cans
7 \$3

SWANSON
CHICKEN
BROTH
14 oz.
SAVE 50*
2 \$1

GOLD MEDAL
FLOUR
5 LBS.
SAVE 50*
79¢

CHOCK FULL O NUTS
COFFEE
REG. 13 oz.
FR. ROAST 12 oz.
\$1.79
SAVE 50*

GRANITE STATE ARTESIAN
WATER
Less than 3 mg. sodium
per 8 oz. serving.
100% PURE!

3 Gals.
\$1
SPECIALS: MONDAY, MAR. 22nd thru SUNDAY, MAR. 28th

MEAT SPECIALS

PERDUE
CHICKEN
LEG QUARTERS
34¢ lb.

U.S. CHOICE BEEF
CHUCK UNDERCUT
ROAST
\$1.79 lb.

100% PURE
FRESHLY
GROUND
TURKEY
\$1.29 lb.

NEW YORK
SIRLOIN
STEAK
\$2.29 lb.

FULL OF FLAVOR
CHUCK
STEW
MEAT
\$1.99 lb.

MARVAL
TURKEY
FRANKS
99¢ lb.

SHORT CUT
RUMP
STEAK
\$3.79 lb.

XX LEAN
GROUND
SIRLOIN
\$2.69 lb.

ARMOUR
MEAT
FRANKS
\$1.79 lb.

ARMOUR STAR
BACON
Reg. & Low Salt
\$1.29 lb.

80% LEAN
FRESH GROUND
CHUCK
HAMBURG
FAMILY PACK
\$1.79 lb.

DELI SPECIALS

"The Freshest Cold Cuts ...
Sliced to Order"

KAYEM
SKINLESS
FRANKS
10¢ Approx. each
10 to a Pound
Weighed at
99¢ lb.

IMPORTED
EXTRA LEAN
HAM
\$2.89 lb.

McCADAM
MUNSTER
CHEESE
\$2.19 lb.

MOUNT AUSTRIAN
SWISS
CHEESE
\$2.79 lb.

KAYEM
REGULAR
BOLOGNA
\$1.79 lb.

HANS KISSE
RED BLISS
POTATO SALAD
\$1.79 lb.

FRIGO
STRING
CHEESE
\$3.59 lb.

PRODUCE SPECIALS

Farm Fresh Produce

ICEBERG
LETTUCE
69¢ hd.

FRESH FLORIDA
CORN
3 for 99¢

ROSEBUD 1 lb.
CARROTS pkgs. **3 for 99¢**

TANGY
GREEN ONIONS **3 Bu. 99¢**

INDIAN RIVER
PINK GRAPEFRUIT **4 for \$1**

SWEET RIPE
STRAWBERRIES **\$1.29** Pint

GRANNY SMITH
APPLES **69¢** lb.
"The apple of your pie"

SARA LEE
ASSORTED DANISH
RASP., CHEESE, BLUE
\$1.79 SAVE 70*

GROCERY SPECIALS

FASSETTS AUSTRALIAN
6 PK. TOASTER
BISCUITS
REG. CORN, CINNAMON
99¢ SAVE 70*

NABISCO
WHEAT/OT THINS
TRISCUI TS
HARVEST CRISP
\$1.99 SAVE 50*

FRITO-LAY'S
SANTITAS
TORTILLA CHIPS
REG/STRIPS/CANTINA
99¢ SAVE 40*

PEPSI COLA
12 PACK CANS **\$2.99**
REG/DIET
C.F./MT. DEW

HOODS 2%
BETTER TASTE
LOW FAT MILK
\$1.99 Gal.

HOOD
HALF &
HALF PINTS **2 \$1**

HI-C
9 PACK
DRINKS
\$1.99 SAVE \$1.00

LUCKY LEAF
APPLESAUCE
REG.-LITE
24 OZ.
79¢ SAVE 60*

ANGEL SOFT
TOILET
TISSUE
PRINT-ASST.-KIDS
4 roll
89¢ SAVE 30*

SPARKLE
BIG ROLL
TOWELS
89¢ SAVE 56*

WISK
LIQUID
DETERGENT
\$3.49 64 OZ. SAVE \$1.00

MEAT SPECIALS

KAYEM'S NEW
SPIRAL CUT
HAMS **\$2.99** LB.

PERDUE
SPLIT
&
WHOLE
CHICKEN BREASTS
\$1.59 LB.

PERDUE
SKINLESS
&
BONELESS
CHICKEN BREASTS
\$2.99 LB.

GROCERY SPECIALS

A & W 2 LITER
ROOT BEER
SUNKIST
ORANGE SODA **99¢** SAVE 40c

BAKED AT LUCCI'S
PIES **\$1.99** 8 inch
APPLE • CUSTARD
LEMON • BLUEBERRY
MINCE • COCONUT CUSTARD

COCA COLA **\$2.88** 12 PACK
REG • DIET • C.F. • SPRITE

BI - RITE
FIG BARS **\$1.59** 2 LB.
SAVE 40c

CHOCK-FULL-O-NUTS
INSTANT
COFFEE **\$2.79** SAVE 30c

PENN-DUTCH
NOODLES **89¢** MED • BROAD 16 OZ.
FINE • HOMESTYLE SAVE 40c

HI-C **\$1.39** SAVE 40c
DRINKS
ASST. FLAVORS 64 OZ

GOOD SENSE **65¢** 10 ct
TRASH BAGS
or
15 ct PINE or LEMON
KITCHEN BAGS **SAVE 34c**

DIXIE **89¢** 100 ct, 3 OZ
REFILLS **SAVE 26c**

KLEENEX **\$1.39** SAVE 40c
250 ct FACIALS
225 ct SOFTIQUE
144 ct KLEENEX ULTRA

9 Lives **4 CANS**
CAT
FOOD **\$1** Asst Varieties 5 OZ. SAVE 34c

Vet's
DOG
FOOD **5 CANS**
\$1 CHICKEN
LIVER
REGULAR
BEEF
BEEF & CHICKEN 14 OZ. SAVE 68c

DAIRY SPECIALS

HOOD
SOUR CREAM **99¢** SAVE 40c
Reg - Lite - Fat Free

KRAFT 1/4's
PARKAY **2 \$1** 1 lb. Pkgs.
MARGARINE **SAVE 38c**

WISPRIDE
CHEESE **\$1.79** SAVE 40c
ASST VARIETIES

DIGIORNO
SPAGHETTI
SAUCE **\$2.29** SAVE 70c
ASST VARIETIES 15 OZ

DIGIORNO
SPAGHETTI
FETTUCINI
LINGUINE
ANGEL HAIR 9 OZ **\$1.29** SAVE 70c

FROZEN FOOD SPECIALS

FRESH FROZEN
TROPICANA
ORANGE JUICE **98¢** 12 OZ.
SAVE 31c

FRESH FROZEN
McCAIN'S POTATOES
FRENCH FRIES - CR CUTS
SHOESTRING - STK FRIES
TATERS **\$1.39** 2 LB. **SAVE 40c**

TROPICANA
TWISTERS **99¢** 12 OZ. **SAVE 30c**

MRS. PAUL'S
CRISP FISH STICKS
FISH FILLETS **\$1.49** 8 OZ. **SAVE 50c**

KLONDIKE **\$2.49** LITE BARS 6 PAK
LITE SANDWICH **SAVE 50c**

SEAFOOD SPECIALS !!!

OCEAN FRESH
DOVER
SOLE
FILLET **\$4.99** LB.

OCEAN FRESH
SMELTS **\$2.49** LB.

FRESH
MINCED
CLAMS **\$2.49** LB.

frankly speaking

by Kevin John Sowyrda

For a quarter-of-a-century a unique partnership between government and the private sector has made a big difference in the lives of many of our neighbors in Wilmington.

This week the Wilmington Family Counseling Agency, Incorporated celebrates twenty-five years of providing publicly subsidized mental health care to local residents in need. In an era when Americans have reconciled themselves to the fact that mental health care is as paramount an issue as physical health care, Wilmington Family Counseling is distinguished as an agency which had the foresight and liberal vision one generation ago to help people in emotional distress who did not have the financial means to help themselves.

As a former president of the board of directors, this writer takes little if any credit for the success of the agency and its noble pact with the municipal government. Instead, congratulations are due this week to the agency's veteran director, Dr. Carol Golub, and the founding board members who in a less tolerant period stood tall and educated the public to the need and moral obligation to provide mental health care to local residents.

The men and women who founded this local agency are nothing less than pioneers. Today, their successors on the board of directors are continuing this unique partnership and as Dr. Golub said, "The times we live in require an agency like this more than ever before."

Rating the Candidates

Admittedly, this idea is stolen from my friend Chris Black at the Boston Globe whose Starring the Candidates series of the last presidential campaign was a must-read for political observers.

The key to this map of whose winning and whose losing is as follows:

**** Strong Favorite

*** In the Hunt

** Name is on the Ballot

Mike McCoy *** — Were it not for the obvious baggage you could add another star to that rating. This will send shockwaves through the ranks of Frankly Speaking faithful but the truth is that McCoy's advertising campaign is ingenious and perfectly timed.

This so called economic recovery requires the patience of a saint. Anyone politically savvy enough to empathize with the economic downtrodden and 'recession exhausted' is taking a key passage right out of the Bill Clinton campaign book, "The economy, stupid!"

Mike McCoy's ads arrive just in time for a dissatisfied electorate conceivably willing to overlook personal frailties in favor of change, as happened in a bigger contest last November.

Mark Haldane **** — Hardly a lightning rod for controversy, Mark Haldane projects an affable demeanor, something which has sold like hot cakes in local government for years. I think Tip O'Neil said a good smile makes half a politician. If O'Neil didn't say it, I said it first.

But Haldane nonetheless has an election fight this year approaching in the pair of Diane Allan and Mike McCoy. Allan jeopardizes Haldane's topping the ticket and Mike McCoy is focusing an extravagant advertising campaign on the incumbent and his board's alleged economic detachment.

Haldane is considered a favorite now, but could be a George Bush waiting to happen only if he lets his vocal opposition paint his candidacy for him. Haldane and his campaign team should realize that in the middle of a deep recession voters could embrace McCoy's feed-off-the-anger-out-there message.

Before that movement develops, Haldane would be smart to quickly articulate what the board of selectmen has done to be responsible during these lean times. Also, the character issue won't work — it didn't for George Bush — but Haldane can talk about professional leadership and good conduct. McCoy can't compete on that turf.

Tony Capuano ** — He's running for selectman again and needs something more than a great attendance record at the plethora of municipal board meetings.

Diane Allan **** — The former quarterback for the high school renovation project mirrors McCoy in that her candidacy is in perfect sync with the times and timing is everything in politics. Allan is well positioned to be the first woman to sit on the board since the days of Wavie Drew, a name which represents its own distinctive political era.

Female status aside, Allan is an aspiring politician who mixes charm and a strong command of municipal facts and information. Bring back the female status, and the public bent on promoting women to elected office in favor of the failed male-dominated system, and this is Allan's race to lose.

Tom Siracusa *** — Siracusa's first taste of politics was like introducing a virgin drinker to straight Tequila. Some thought Siracusa had choked on the worm when he took on Ella Belmore, the board's fiery and powerful executive director. But Siracusa eventually won that battle and after his hangover was less a virgin and more a seasoned politico.

Siracusa knows that his chances for success have been diminished with Diane Allan's entry. However, the candidate is compensating with a campaign already distinguishable as the most issues-oriented of the pack.

Siracusa's dilemma is the perception that his candidacy ironically hurts that of his political comrade, Mark Haldane. If Diane Allan can top the ticket, Siracusa and Haldane will have to battle for the second and last seat.

Another awkward chapter in Wilmington political history.

Opinion.....

Town Crier news note:

Tewksbury Board of SelectMEN all vote to boost their salaries back to the level of "the good old days." The lone SelectWOMAN votes against the move.



letters to the editor

Dear Larz:

I was dismayed to read in your paper about the cuts being made in the home economics program in the middle schools and in the high school.

The curriculum in the middle schools has been cut to a "bare bone" program, but I thought eventually when the economy improved the curriculum would be expanded again. I think it is very short sighted to eliminate it altogether.

There is a need for home economics, now more than ever. In many homes both parents work and children are not taught the skills needed to run a home. Being able to prepare nutritious meals on a budget is just one example of being able to reduce strain in a family. These are life skills which are being taught in home economics.

In the high school, courses in marriage and the family, child care, and nutrition and food preparation are of the utmost importance. Not

all students will be going on to college, but these courses will be valuable to everyone.

The family is the most important aspect in education of children. If the home is in a turmoil the children will have a hard time learning. Our students are the parents of tomorrow.

Sincerely,
Margery Spear

Dear Larz:

I would like to publicly thank all the wellwishers who gave me the stamina to make it through my medical ordeal. Your support made a big difference and I thank you all for it. Even with all that has gone on in my life, I still have a keen interest in how the town of Wilmington is functioning today and where it is going in the future.

Wilmington residents will be going to the polls on April 17 to elect our future governing officials. I am proud to say that my years of service on the Board of Selectmen have been one of the most rewarding experiences of my life. Our town needs new articulate individuals who will govern Wilmington through the nineties and beyond.

That's why I am publicly endorsing Tom Siracusa for Selectman. Tom will bring to the board, a key grasp of the important issues and will work toward a new openness and fairness that seems to be lacking in Wilmington these days.

Nobody knows what the future will bring, but we can all be assured that qualified elected officials will plan our future wisely. Tom Siracusa has the ability to serve our community. Let's give him our support.

Rocco DePasquale

Dear Larz:

I believe a woman should be on the board of selectmen, but I don't believe that women should be Diane Allan. After reading her announcement in your paper, her claim to fame was the renovation of the high school. "What a joke," that was a financial disaster. We had to go to the ballot box and raise taxes again, again and again.

Another thing that bothers me is after renovating the high school we had to override Prop 2 1/2 again because we had to replace the boilers at the high school. Common sense would tell you that if you were to refurbish your car, you would want to make sure the engine is working well. After spending almost \$10,000,000, we had to replace the boilers at a cost of almost another \$1,000,000 plus, to boot we had to spend \$50,000 in consultant fees to tell us our boilers weren't working.

Also, Diane Allan's husband is on the water and sewer commission, and not only are our water bills sky high, but he is talking about sewerage the whole town. That's a joke. She'll probably be right behind him, raising our taxes like the renovation.

Diane, do the taxpayers a favor and drop out of the election, because we just can't afford you.

Samuel LaFollette

Editor's reply: George Allan is not on the Board of Water and Sewer Commissioners. He served on that board from 1976 to 1988.

As for her performance on the Permanent Building Committee, if there is anything harder than refurbishing an older building, it is trying to defend committee decisions six or seven years later. The job was done in segments, since the town could not afford all the work at once.

—LJF

25 years ago

The March 28, 1968 edition of the Town Crier of Wilmington noted that:

Following the resignation of Leo LeBlanc, Joe Balestrieri was appointed dog officer by Town Manager Sterling Morris. Morris declared "Wilmington now has a dog officer and the provisions of the dog leash law will be enforced."

According to Nosey Nancy, Brewster Lumber Company of Providence bought 12 acres of land on Main Street from the Greer Division of Joy Manufacturing Co. William Simmons of Strout Avenue was accepted to Boston College School of Education.

Mother Advisor Mrs. Leonard Bryant was pictured before the 25th birthday cake of the Wilmington Assembly, Order of Rainbow for Girls. A birthday celebration was

held in the North Intermediate School.

George Sumner of Thurston Avenue was promoted to Sp5 in the Army while serving near Danang.

Selectwoman Wavie Drew noted that legislation was pending in the State House that would raise the salary of policemen all over the state to \$7500.

Eddie Corcoran of Woburn Street served as student fire chief on student government day. He was pictured in a fire truck with Lt. George Cushing.

Elia's Market offered pot roast at 69 cents a pound; hamburger, five pound pail for \$3.49 and stew beef at 79 cents a pound.

Colonial bacon was 59 cents a pound at Lucci's Market; asparagus, 35 cents a pound and Ipswich steamers, \$3.25 a quarter bushel.

10 years ago

WILMINGTON

The March 23, 1983 edition of the Town Crier of Wilmington noted that:

A hearing before the Planning Board resulted in that board's waiving to its underground wiring regulation. The hearing was requested for Jewel Park Drive. The board, in its unanimous vote added that wiring from the poles to the plants off the street should be all underground.

Barbara Anderson, executive director of Citizens for Limited

Taxation was scheduled to address the Chamber of Commerce on March 31, regarding Proposition 2 1/2.

Albert Deprez of Salem Street was pictured as he received the Silver Beaver from the Greater Lowell Boy Scout Council. The Silver Beaver is the highest award the council can give scouts.

In a second picture, Donna Lydon of Longview Road was pictured as she, too was awarded the Silver Beaver. She received the district award of merit in 1980.

TEWKSBURY

The March 23, 1983 edition of the Town Crier of Tewksbury noted that:

It would soon be costing more to have town water service to a building turned off and on and people selling their homes in the middle of a billing quarter would be charged a new flat rate.

Teresa Morgan of Kendall Road was pictured performing one of the many St. Patrick's Day related songs during the "Wearing of the Green" presentation sponsored by the Friends of Tewksbury Library.

Darrell Fernald of Claire Street received the award of merit from the Greater Lowell Council of Boy Scouts of America. The award, which is presented for exemplary service to youth on district and

council-wide levels was presented at the Scout Annual Recognition Dinner.

Robert Chisholm wrote a letter to TMHS after attending the hockey game between Falmouth and Tewksbury.

"Their actions after such a disappointing loss were noticeable and commendable. Without exception they skated to their opponents and offered sincere and genuine congratulations. There was no anger, only tremendous displays of good sportsmanship. The team has obviously learned well the lessons sports are supposed to teach. The Redmen may have been outscored, but they did not leave the arena as losers. That team is a credit to itself, the coach and the school."

Town Crier

Tewksbury - Wilmington

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MEMBER



Septic system approved by health board

by Arlene Surprenant

A plan for a new septic system for the strip mall owned by the Elia family on Middlesex Avenue and Jefferson Road in North Wilmington was accepted by the Board of Health Monday night.

According to Health Director Greg Erickson, the plan had been revised a few times because some

things were not up to code. He said, other than the location of vents close to the road, the plan is ready for approval. The board went along with their director and accepted the plan. The new system will service not only the current buildings in the mall, but two additional buildings being proposed for the back of the property.



PAC meeting

Wilmington Supt. of Schools Gerry O'Donnell welcomed parents to a new town-wide Parents Advisory Council meeting at the WHS library last Wednesday evening.

Fishman leases space on Fordham Road

Fishman Transducers, Inc., the world renown manufacturer of high quality musical instrument sound pickup systems has leased 11,200 square feet of first class office and air conditioned manufacturing space at 340 Fordham Road in Wilmington.

Ernest C. Wronka, president of Wronka, Ltd., a Burlington based corporate and business real estate brokerage firm, represented Fishman as exclusive search agent for this real estate requirement. Larry Fishman, president of Fishman Transducers hired Wronka to research the area north of Boston

along Routes 128, Route 3 and Interstate 93 to find the optimal site for this fast growing company. The research reports, financial analysis and lease comparison analysis produced by Wronka indicates that this property which is owned and managed by Cummings Properties, Inc. of Woburn is the most viable site available for Fishman in the target area.

Fred Keefe, sales manager of Cummings Properties negotiated the terms of the lease with Mr. Wronka on behalf of Fishman Transducers, Inc.

Rappoli named treasurer of Comm. Energy

James D. Rappoli was named financial vice president and treasurer for Commonwealth Energy System and its subsidiaries, effective March 1, 1993. Prior to this promotion, Rappoli was treasurer of Commonwealth Energy System's subsidiary companies.

He succeeds Russell D. Wright who was named president and chief operating officer of the System's electric subsidiaries.

Rappoli holds a bachelor's degree

in business administration from Northeastern University and lives in Wilmington with his wife, Rosa, and two children.

Commonwealth Energy System is an exempt public utility holding company with investments in four operating public utility companies located in central and eastern Massachusetts. In addition to the utility companies, the System also owns several non-regulated business.

Townwide PAC gets underway

by Arlene Surprenant

About 40 parents representing all the PACs in the Wilmington School System met with School Supt. Geraldine O'Donnell Thursday to reactivate the townwide PAC. One had been started under the former superintendent but it is no longer in existence.

According to Dr. O'Donnell, the main purpose of having such an organization is to better communicate with each other and the central administration, to share information, and to serve as an advisory council to the superintendent. Dr. O'Donnell told those in attendance part of the role of the PAC would be to give her a parent's perspective on such issues as delayed school openings and to occasionally provide an endorsement for issues she would be bringing to the school committee. She said she hopes to make the PAC more responsive to parents' issues and to provide parents with information on what's happening in the classroom. The superintendent said she would like to avoid any personal discussion of a particular child, and added, such matters should be brought up the chain of command within the system. The main goal of the PAC should be a "positive, pro-active" flow of ideas, she said.

During the brief hour meeting, the superintendent reviewed the FY

1994 school budget to familiarize the parents with her three priorities: teachers, textbooks, and technology. She then asked for their support at the annual town meeting.

Dr. O'Donnell said she would do all in her power to reverse the current downward trend in technology and to augment available funds with grants. When Mr. Armata, president of the high school PAC, asked about \$10,000 left from the Community School-adult education program, the superintendent said some of that money would be rolled over to start up a six to eight week spring session and the rest would go towards upgrading equipment in the business department.

The parents seemed enthusiastic about the superintendent's goals and tossed out ideas for future agendas. These included a look at homework assignments, the lack of consistency in the curriculum, the future of the foreign language program at the high school, and the Business/School Partnership.

The PAC's next meeting will be April 6 at 7 p.m. in the high school library. Members decided to hold their meetings on the first Tuesday of the month. They also agreed to hold nominations for a chairman or co-chairman of their board as well as for a secretary.

Reprieve for home at condemnation hearing

by Arlene Surprenant

Instead of condemning a home at 15 Sheriden Road for septic problems, the Wilmington Board of Health on Monday went along with a proposal to clean out the old system and hook that up to the new system to try to address the problem. In addition, the homeowners agreed to continue to pump out the system on an as needed basis to avoid further nuisance complaints from neighbors unhappy with overflowing sewage. The solution, said the board, would be temporary until funds are available to replace the system.

The old septic system had lasted for 20 years. The new system was installed in 1986 and failed a year later. Health Director Greg Erickson attributed the failure to poor soil in the area. At a prior meeting, the board of health decided to hold a condemnation hearing to see if another solution was available to resolve what neighbors claimed was an ongoing health issue in the neighborhood.

At Monday's hearing, the two owners told the board they have tried to work together with health officials and already put in additional piping and sand, as requested.

"It's not that we ignored this whole thing," said one owner, who requested her name not be used. She said it had been 10 days since the system was last pumped. She pointed out the ground is saturated throughout the immediate neighborhood, exacerbating the problem. Erickson noted the vicinity was supposed to have been drained by the builder but no easement was granted to do that. He also said he noticed a problem with the new leech field.

The other owner said the six occupants of the home are trying to conserve water to avoid pumping so often because the cost is over \$100 each time the system is pumped out. The board, at their last meeting, required that the owners pump out their system on a weekly basis. That requirement was changed to "as needed" on Monday.

At the hearing, septic installer Danny Murphy said he would like

to try another approach and hook up the old system to the new.

"I think it will work," he said. "It's worth doing," agreed Erickson. He did explain, as an outside installer to Wilmington, Murphy had to comply with local regulations and take a test to work in town and get his permit.

The board will continue monitoring the situation and asked for future updates as well as receipts of pumping from the homeowners. Members also warned that this measure is only temporary until the owners could afford the reported \$12,000 needed for a new system.

Board seeks more info on treatment plant

by Arlene Surprenant

Saying they had a right to know "what's going on," members of the Wilmington Board of Health on Monday said they would like a representative of Ametek to come before their board to explain their plan for a new wastewater treatment plant.

Ametek is located on property formerly occupied by General Electric on Fordham Road. According to Health Director Greg Erickson, the plan is under the jurisdiction of the Department of Environmental Protection because it will pump over 15,000 gallons a day. The local board of health, he said, really has little authority over the project. However, the town does have authority to issue the permit to build the plant.

The plan, said Erickson, has been approved by DEP with conditions. Board members said they would like someone concerned with the project, possibly an engineer, to visit their board to explain the plan before going any further.

MICHAEL MCCOY'S ROOTS RUN DEEP



★★★★ Many remember Michael as a young boy who attended school in Wilmington, delivered their newspaper, served in the Cub Scouts and Boy scouts, stocked shelves at Lucci's market and assisted as an altar boy at St. Thomas Church.

★★★★ After working his way through Northern Essex Community College and Lowell University, he opened Michael's Place in Wilmington, a popular local restaurant.

★★★★ Michael purchased a home on Lowell Street in Wilmington and lives there with his wife Danielle and their young son Michael Jr. They are expecting their second child in August.

★★★★ While serving as a member of the Wilmington Planning Board and the Board of Selectmen, Michael has never forgotten how much this town means to him and to the residents of Wilmington.

Michael McCoy will always work hard to protect our neighborhoods - DO YOU KNOW WHY? - HE NEVER LEFT THEM!



Michael McCoy
Selectman - April 17, 1993

Political advertisement paid for by Michael McCoy 71 Lowell St., Wilmington, MA

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In-house league has 30 players

Monday is Dart Night at Diamonds

by Bill Conlon
Stroll into Diamonds II, on Main Street in Tewksbury, on a Monday night and the place seems dead. No bands playing, no dancing, and just a handful of people seated at the bar watching sports on TV.

Then look to the right, and things aren't the same. A crowd of people packs a small but brightly-lit room to the right side of the restaurant-lounge, all of them noisy, busy and having fun.

Monday is Dart Night, and the in-house dart league is playing their weekly match at Diamonds.

A few months ago, the owners of Diamonds expanded the facility by adding a game room for darts. Six dartboards line the far wall, and the boards are kept busy.

The in-house league on Mondays has 30 players, on six teams, and the pub sponsors two teams for the huge Greater Lowell Dart League on Tuesday nights. The GLDL has over 2,000 dart players meeting on Tuesday nights, in pubs and lounges from Nashua to Littleton.

The Monday in-house league, on the other hand, is less stressful than the cutthroat GLDL competition, and the same people are there every Monday night.

Playing at Diamonds is a treat for dart players, according to one of the regulars. Some bars offer free pizza to the players, but Diamonds offers nachos, Buffalo wings and other top-notch snacks. Monday night's regulars have a tray full of steaming hotdogs waiting, paid on an honor system. Diamonds has become known as a great place to eat, and dart night is no exception.

While the Greater Lowell players compete for fun and trophies, the Monday night players at Diamonds have a cash prize waiting. Each of the players kicks in \$3 each every week, and Diamonds throws in an additional \$1 per person, according to club manager Ed Shanahan. At the end of the 10-week "season" the team with the most points gets the \$600 top prize, to be split by the five players. Second place is worth \$250, third is good for \$125, and fourth gets to split \$50. There are further prizes of \$100 and \$75 for individual dart players, based on the number of times they throw 100 points or more with a single throw of three darts.

Teams face each other in rotation, and this week it was Team 1 versus Team 2, Team 3 battling Team 5 and Team 4 facing Team 6, which leaves three boards available for practicing between games. If all six boards were used, the league could handle 50 players, based on five per team, so there is plenty of room for expansion.

A weekly match is made up of nine games, and each win is worth one point toward the year-end total. So, a team "losing" a match by the score of 6-to-3 still receives three points to the good.

Teams compete as follows:

All five players on one team will compete against the other five in a single game of "1001," then three games of "Cricket" are played with two games of two-against-two and a singles match, followed by five sets of "301" games, one-on-one, best of three.

Everybody plays three games in a night, and nobody sits. Teams are drawn at random at the start of the season, and those five players will



**Proper form
for darts**

Eddie Sullivan, from Team #3, displays the proper form while throwing a dart in Diamond's "in-house" dart league on Monday night. Darts must be thrown like darts, never like a baseball. Diamonds provides shirts -- and an end-of-the-season banquet -- to players on the in-house league.

stay together through the season.

This week, the battle pitting Team #1 against Team #2 saw Donna Curto of Team #2 facing off with Ed Trainor in 301, one-on-one, and it took all three games for Donna to come out ahead. The final game of the night saw Rob Kramer on the line against Garth Halliday of Team #1, but Rob made his win look easy, beating Garth in two straight.

A player's banquet is provided by Diamonds after the ten weeks are done, then a short break before the next set of teams is formed up. This Monday was week seven, and the league is accepting new players for the start of the next Monday night in-house league in mid-April. All are welcome, notably those who can do arithmetic in their heads and can keep good score. (Scorekeepers are always in demand in darts.)

The competition in darts is tight, and Diamond's house league has the same levels of fierce competition as any league. Darts can be a serious game, as there's nobody to blame if your darts won't land in the right spot, much like the game of golf.

Still, team members cheer each other on, raucously at times, along with suggestions for throws to win the game or condolences if the darts miss the mark. There are high-fives around for a good throw but there is no bitterness for the other guy. Everybody plays together, and the player you scorn tonight might be your partner when the new league is formed up.

Monday Night Football is bland compared to Monday night darts at Diamonds. There is plenty of room for spectators to watch without the risk of distracting the players, but it is always more fun to play.

And play they do. Teams are co-ed, and there is no discrimination. All you need is some skill at darts, a willingness to compete in a friendly game, a set of three darts, and your name on the sign-up sheet for the next in-house league, starting next month.

Rules of the game for playing darts

All dart games are based on the standard English dartboard. The dartboard is divided into pie slices; each corresponding to a number, with 20 on top and 3 at the bottom, wires separating the numbers and marking the double value (outer) and triple value (inner) rings. The bullseye (or cork) is valued at 25 points, and 50 points for the inner or double bull. The highest score possible with three darts is 180 (or "ton-80" in dart slang) meaning all three darts land inside the triple 20. To see who starts, it is common to "diddle for the middle," or throw one dart each at bullseye. Closest dart to the center starts the game.

Oh-One

"1001" and "301" are variations on the same game, nicknamed "Oh-One" for short.

Each team, or single player, starts with 1001 points (301 for singles) written on the scoreboard. A dart must land in the "double" ring on the outside of the board (or in the double bullseye, if you're good) to begin scoring, then the point value of the starting double and all darts that follow is subtracted from the total of 1001 or 301. A running tally is kept as the score is lowered

with each throw. To win, a player must reach zero points, by exact count, and end with a double. For example, if there are 36 points left, a player must hit double 18. Any score below zero, or reaching zero without being a double, is a "bust" and the score remains unchanged.

Cricket

The numbers 20, 19, 18, 17, 16, 15 and bullseye (cork) are marked on the board. A player must hit three of each number, either singly or (better) by hitting a triple, thus "closing" the number. If a player is closed on a number, but the opposing player isn't, the first player may keep throwing at the number, scoring points at face value. For example, player A has all three 20s, but player B has only two 20s. If desired, player A may continue to throw for the 20, with each one counting 20 points, until player B finally hits the third 20 to close it. Bullseyes are worth 25 points each, and 50 for a double bullseye. The player with all the numbers closed and the highest point total, and if no points are scored then that player closing all the numbers first wins.

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Paul Rich receives Eagle Scout award

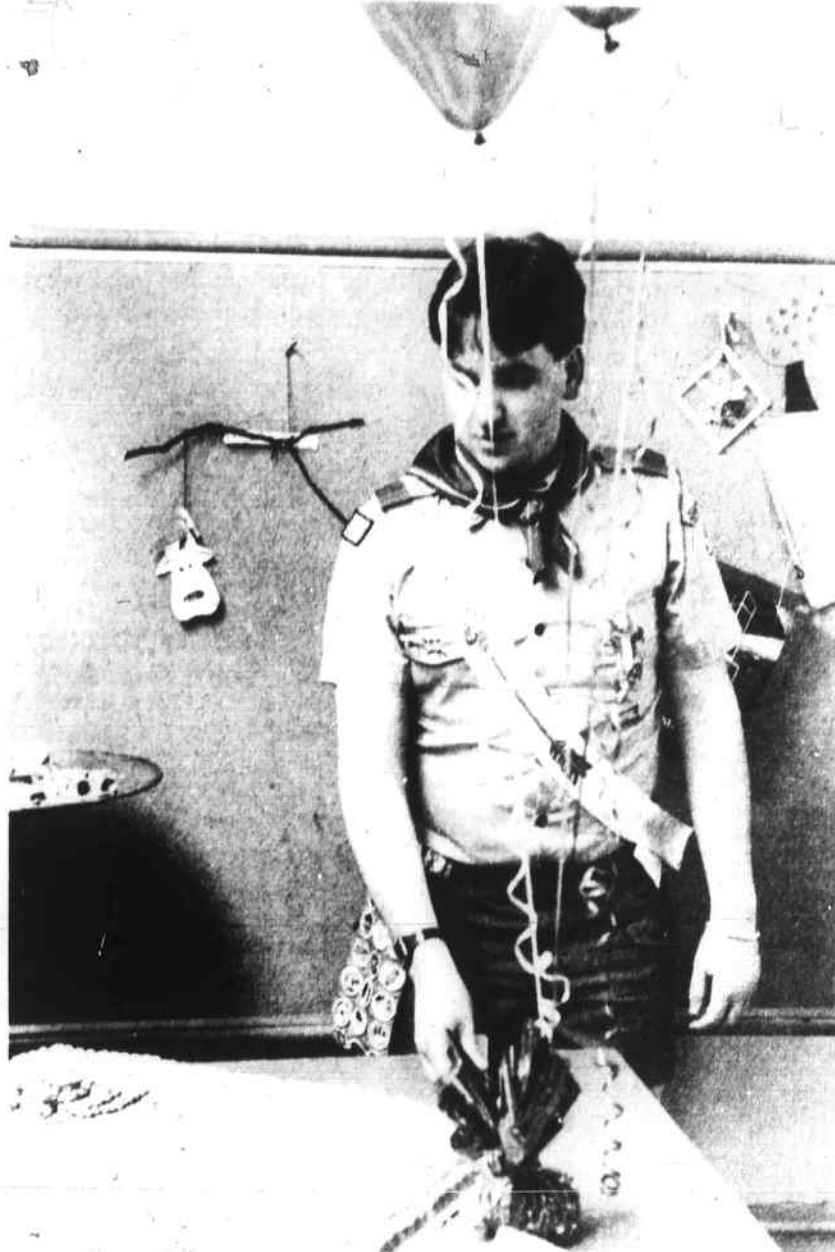
Paul D. Rich, son of Donald and Ann Rich, received the highest rank in Boy Scouts, Eagle Scout, at a Court of Honor held at the Congregational Church Sunday, March 21. Paul has been active in Scouting for over 10 years. First he was a Cub Scout in Pack 56 where he received Cubbing's highest rank, Arrow of Light. In 1985 he joined Troop 56 as a Boy Scout.

To receive his Eagle award Paul had to complete 21 merit badges, 11 required and 10 elective. In addition he had to do a service project for his community, church or sponsoring organization. Paul chose to paint the vestry (downstairs church hall) and youth room in the Wilmington Congregational Church which is both Paul's church and the sponsoring organization of Troop 56. In addition to painting the two rooms Paul arranged to have a suspended ceiling with recessed lighting installed in the youth room. This service project requires a minimum of 60 hours of work done by the Eagle candidate and a group of volunteers under his supervision. The boy's leadership abilities are stressed during the entire Eagle process.

To further demonstrate leadership the candidate must hold leadership positions in his Troop. Paul has served as Den Chief for Pack 56, Troop 56 Scribe and Troop 56 Quartermaster. He also was on staff at Grater Lowell Council's Camp Wah-tut-ca for two summers after completing a summer as a Counselor-in-Training (CIT).

Paul also holds the troop record in their annual fund raiser for selling candy. He sold the most candy for several consecutive years.

Paul is a talented photographer. He exhibited in the Boston Globe Scholastic Art Show and won the Wilmington High School Photography Award at his senior Convocation. Some of his photographs were on display at the reception following his Court of Honor.



Eagle Scout

Newly installed Eagle Scout Paul Rich moves in on the cake celebrating his achievement of the highest rank in Boy Scouts.

Paul has always been interested in community service. He was the youngest walker in the Wilmington Walk-a-thon and has completed Project Bread's Walk for Hunger several times. He helps the Kiwanis Club during the Wilmington Fourth of July celebration. He is also active in the youth group at the

Congregational Church and is a volunteer with the New England Handicapped Sportsmen's Association ski program at Mount Sunapee.

Paul is a 1992 graduate of Wilmington High School and presently attends UMass, Lowell where he is a business management major.

Allard marks 25 years

If the Wilmington School Dept. seems to have a history of short-term superintendents, there is one point of longevity and stability that holds the superintendent's office together.

On Thursday, March 25, Marilyn Allard marks her 25th anniversary as secretary in the Roman House.

The valedictorian of the Class of 1963, Marilyn grew up on Taft Road, the daughter of Helen and Jim Mann.

She and her husband Bob have two daughters, Karilyn Trullo, Jean Buton and two granddaughters, Catherine and Diana Buton.

investment for Memorial Drive Trust (Cambridge, Mass.) Alta-Can is a subsidiary of the billion dollar telecommunications company, TELUS based in Alberta, Canada.

In conjunction with the merger financing, the Shawmut Bank of Boston has entered into an agreement to finance the working capital requirements of ADS Technologies.

ADS Technologies' dealers are already commenting on the positive results of the merger beginning with the announcement of a comprehensive line of new products at the Winter CES in Las Vegas. The new a/d/s whole house system with state of the art features is shipping as scheduled. A totally new family of affordable, high performance sub-woofers, introduced at CES, is being well received in the market. Orders for spring delivery of affordably priced car speakers and amplifiers are being accepted at a/d/s. The Museatex RTRE speakers, surround sound processor and the full line of audiophile products, are being made available by Museatex through its own dealer network and a select number of a/d/s dealers.

"We are extremely excited about the merger," commented Jerry Bauer, a highly regarded independent marketing representative from California. "The added resources and a more extensive line of technically advanced, differentiated products will ensure a bright future for ADS Technologies' specialty retailers and manufacturers' representatives, continuing the dependability we have relied on for many years."

When asked about the brand identities under the ADS Technologies umbrella, Jim Sullivan, vice president, sales, said, "We will support and expand the a/d/s and Museatex brand names. The Museatex product line caters to the audiophile market, while a/d/s is a high performance line that appeals to a broader segment of dealers and consumers."

In response to questions on the future of ADS Technologies, Mr. Jacob commented, "We are committed to deliver outstanding audio products to our knowledgeable customers through our skilled and loyal dealers."

Recycling turns trash into treasure for town

In the fiscal year 1984 trash expenses in Wilmington cost the town a total of \$277,000. By Fiscal Year 1993 the costs had become \$1.1 million and in Fiscal Year 1994 it is expected to cost \$1.26 million.

So the Rotary Club of Wilmington was told on March 17 by Assistant Town Manager Jeff Hull.

For each person in the town 1300 pounds of trash is generated every year. Thirty to 40 percent of the waste is paper; 18 to 20 percent is yard waste; eight percent is glass; seven percent is plastic, by weight. Packaging accounts for the highest percentage of the waste, 31 percent non usable materials for 25 percent of the waste, and yard waste 20 percent.

Massachusetts generates 10 million tons each year. Each American uses 190 pounds of plastic a year, 60 pounds of packaging, all tossed immediately into the trash.

The energy saved by the recycling of one glass bottle will light a 100 watt bulb for four hours. Recycling an aluminum can saves 90 percent of the energy used to make a new can.

For every 120 pounds of paper you recycle you save one tree.

What does it mean, and why do it? It means there is a process for recovery of material resources

from waste. It means we reuse and reduce. It means we are taking responsibilities and preserving the environment for our children.

It means a sense of community spirit, to pull together for the greater good, a way to reduce costs, and a way of improving our image for our customers.

There is an office for paper recovery on Industrial Way. Paper collected can be de-inked, and towels can become of use for the future.

The Exide Corporation, with an office on Jewel Drive produces acid batteries, and will accept old batteries which they send to a smelter in Pennsylvania, where the elements of the battery are reused.

Ed Whitney & Sons, on Eames Street shreds and grinds plastic milk into the steel barrels. It bales plastic milk jugs and does the industrial baling of many items.

The Wilmington Redemption Center, on Main Street is the "town keeper" and accepts, among other things, deposit bottles. The Salvation Army office on Main Street also accepts redemptionable materials.

The Commonwealth of Massachusetts does have a master plan, and schedules the recovery of items. Auto batteries, leaves, other yard waste, unshredded tires, white

goods, aluminum, glass, metals and plastic.

Since the Town of Wilmington opened its Drop Off Center, in 1989, it has recycled over 2300 tons of waste material.

The town accepts aluminum, glass plastic, corrugated cardboards, returnables, white goods, phone books, Christmas trees, leaves and batteries.

The Wilmington DPW garage accepts used motor oil.

Wilmington has recycled over 1600 pounds of office paper since August, 1890. It is working with Ed Whitney on salvaging materials. There will be a bid for curbside collection of wastes, due to be opened on April 2.

Wilmington, looking at the future must, A) plan on a restructure of the NESWC agreement, to remove any disincentives, B) actively market the excess capacity of the NESWC, and work collectively with other towns in NESWC to procure materials for the north shore.

The town, too, should seek state assistance to cover the mandated costs for trash collections.

Kiwanis Club offers free kits on poison prevention

The Kiwanis Club of Wilmington reminds the public that National Poison Prevention Week is March 21-27. The Kiwanis goal is to make the public aware of the basic problems created by improper storage, disposal and use of various products including household chemicals, solvents, prescription and over-the-counter drugs, and other materials. These materials are accessible to young children, specifically in the two-to-six year age group, as a result of insecure or improper storage, use of unlabeled and/or unsafe containers, and just plain carelessness. Thousands of hours of emergency room care are given to hundreds of children and parents traumatized by the fear of an accidental and potentially fatal poisoning.

The Kiwanis Club of Wilmington is providing free poison prevention kits as part of this educational process. The kit includes pamphlets on poison proofing your home,

emergency action for poisoning common household product poisons and child care safety tips. In addition are telephone stickers with the Mass. Poison Center Emergency Numbers, 232-2120 (for greater Boston) or 1-800-682-9211, and an Ipecac Syrup. This project is part of a bigger program entitled "Young Children, Priority One" the major emphasis program of Kiwanis International. Young Children, Priority One is aimed at meeting the needs of children age zero to five years.

The Kiwanis Club of Wilmington will be making the kits available through your local independent pharmacies, including North Wilmington Pharmacy, Silver Lake Pharmacy and Village Apothecary. Kits will be available through the end of March. Please remember that every week is poison prevention week. Children act fast...so do poisons.



Elaine Hebert
Hebert director of client services

Elaine Hebert has been appointed director of client services at Cochran Ventilation, Inc. of Wilmington.

As director she will oversee the Sales Management Dept. as well as all client service operations in Cochran Ventilation's indoor air quality end ventilation cleaning divisions.

Cochran Ventilation has been recognized for more than 40 years as a leading innovator in ventilation cleaning and indoor air quality investigations, with operations throughout the Northeast.

ADS Technologies created in merger

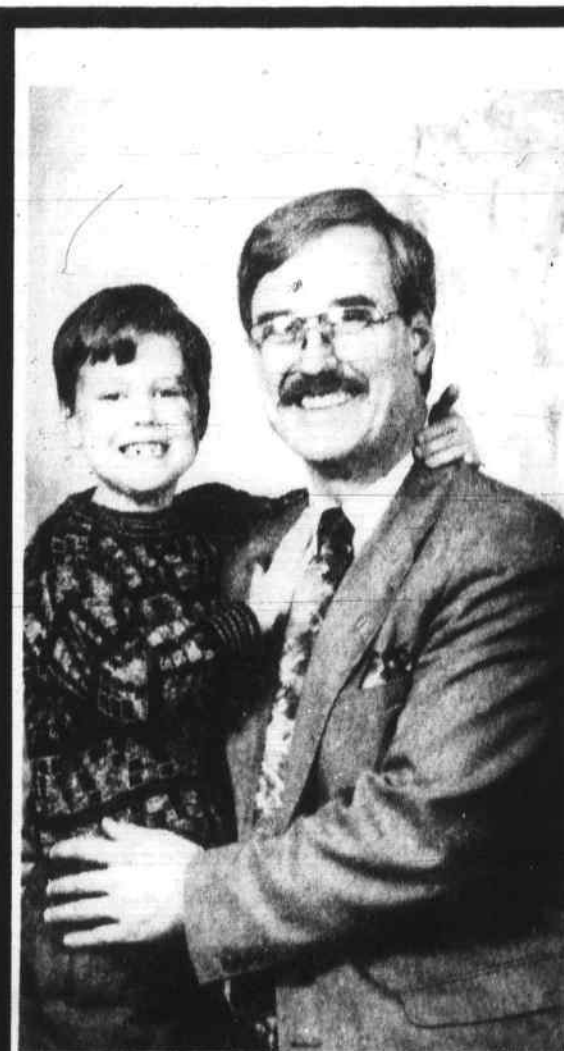
ADS Technologies Inc. has been created to combine the audio business of Analog and Digital Systems Inc. (a/d/s) of Wilmington and Museatex Audio Inc. of Calgary, Canada. This merger has been capitalized at \$14 million, with additional investment for the merger being provided by the venture capital firms involved with both companies and the respective company founders.

A/d/s was founded in 1974 by Dr. Godhard Guenther and has been the pioneer of "car" and "architectural" audio in the past two decades. Museatex, a Canadian company incorporated in 1986 by Ed Meitner and Kurien Jacob, is the leading force in high performance digital audio and the first company to introduce audiophile quality products with award winning style.

A/d/s is one of the few North American companies that has maintained its product and distribution integrity over the past decade. This merger will allow us to expand distribution of Museatex's technology through the a/d/s distribution network," said Mr. Jacob, who is assuming the role of president and CEO of ADS Technologies.

"Digital is our middle name and Museatex is the leader in high performance digital technology," commented Dr. Guenther, Chairman of ADS Technologies. "Ed Meitner was the first to establish a new measurement standard for measuring digital distortion by pioneering LIM, then patented the only cost effective method for correcting digital jitter by using the unique C-Lock circuit. The Intelligent Digital Audio Translator (IDAT) has established a new standard for digital to analog conversion. We can incorporate these innovative circuits and chips in a wide range of automotive and home products that will enable us to advance our leadership position in both these growing market segments."

"The investors of both companies feel extremely bullish about this merger. Museatex's lead investor, Alta-Can Telecom, adds to the financial strength of the new company" said Paul Shuwall the officer managing the a/d/s



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Political advertisement signed: Mark Haldane 13 Arlene Ave., Wilmington

Association offers half day seminars

Real estate agents who specialize in residential property sales, but would like to learn the skills and strategies needed to successfully lease and sell commercial property are encouraged to attend two, comprehensive half day seminars being offered by the Mass Association of Realtors on April 16 in Waltham.

"Leasing Commercial Property" will be presented from 9 a.m. to

noon, followed by a course on "Selling Commercial Property" from 1 to 4 p.m. Both seminars will be held at the association's headquarters, 256 Second Ave., Waltham.

Individuals attending the program on commercial leasing will learn how to price vacant office, industrial and retail space; determine the commission, and prospect for new customers and

listings. In addition, negotiating strategies of commercial brokerage and techniques for obtaining the exclusive agreement will be explained.

The program on selling commercial property will teach students how to use a cap rate for approximating market value, determine cash flow before and after taxes; and use tax regulations to benefit the deal. Instruction on how to identify good and bad deals,

analyze income and expense figures to determine a buyer's financial strength, and locate money for real estate investments also will be addressed in the course.

Tuition for "Leasing Commercial Property" and "Selling Commercial Property" is \$40 each or \$80 for those attending both programs. A late fee of \$20 applies after April 9. For more information or to register by Visa or MasterCard, contact the MAR Education Dept. at 617-890-3700.

Encouraging delinquency

Following is a list of 11 home tested ways to encourage your child to become a delinquent:

Never eat together as a family; never have family traditions that children can look forward to; never listen to your children, talk at them, but not with them; never let your children experience cold, fatigue, adventure, injury, risk, challenge, experimentation, failure, frustration, discouragement; teach them to "do as I say, not as I do;" when confronted with the choice of

spending your time or money on a material object or pursuit, or on a family activity, always choose the material choice; never correct your children appropriately, but uphold them before the law, school, church and friends as "not my little boy/girl;" keep your home atmosphere in a state of chaos; always solve his/her problems make his/her decisions; be too busy with business; always assume your child is right and can do no wrong.

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The Tewksbury Funeral Home was founded in 1956 by Walter J. Deputat and his wife Gloria A. (Roux) Deputat. Together, they transformed this Victorian style single family residence, dating from 1895 to its current form. The name was given for the Town, rather than for the family name, primarily to indicate the desire to serve the entire population, rather than a particular ethnic or religious segment of the community.

Walter and Gloria entered into semi-retirement in 1984, when they passed ownership to their youngest son, Joel. Since that time Walter and Gloria have divided the year between Tewksbury, Florida and New Hampshire. Joel has continued in the tradition established by his father of personal service within the community, while continuing to upgrade the facilities.

The focus of the funeral home is to provide a complete range of funeral service. "The focus of our service is the bereaved, rather than the deceased," says Joel. This explains the warm, home like appearance within the funeral home. Contrast this with a typical funeral parlor with its rows of chairs arranged to face toward the deceased. "Our arrangement is much more conducive to the healing process, which is, before all else, our primary concern."

In response to a growing demand by today's population, the funeral services offered have expanded into pre-planning of



funeral services. With the ability to "customize" a package to fit a particular need, and the addition of membership into the "Forethought" Group, the Tewksbury Funeral Home continues to offer the best value available to today's consumer.

Personalized service, beautiful building, central location, and staff experience are but a few reasons why more people choose the Tewksbury Funeral Home in their hour of need.

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Gabriele Travel specializes in European travel and cruises, with discounts available for conventions, corporations, senior citizens, and special arrangements are available for the disabled.

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"The Speedbumps from Hell"

by Bill Conlon
I don't mind winter, really. New England has four seasons, each one sharply different from the next.

But it's those periods *between* the seasons which make me twitch, and this one is the worst of all. I hate the winter-to-spring cusp.

Now is the time when the Pothole Trolls emerge from hibernation. The sound of snowplows scraping on their roofs infuriates the trolls all winter, and they wait until the snow melts to seek revenge.

Pothole Trolls live only under the pavement, and they would gladly, smilingly put a yawning pit in your driveway if the traffic was heavy enough. But it isn't. Trolls won't waste their time on unused roads. They want the amusement of seeing cars disappear into craters and they thrive on the sounds of cuss words and on "Ooff! What was that ...?"

Trolls need road salt to reproduce in January, with their eggs laid on the brown, frozen slush that sticks to the bottom of your fender. When it warms up a little, that brown ice falls off and skitters into the gutter, where the trolls hatch and dig their lairs. Thus, the passenger side of a road is much worse than the center stripe.

Pothole trolls love the edges of manholes and storm drains to dig in, and any road patch done last summer is an alignment job today. Nobody wants to pass on the right this time of year. How amazing!

But trolls make one, key mistake. They mark the entrances to their caves with Black Gravel, a sight to

strike fear in the heart of even the rudest Boston driver. I've watched grandmothers swerve into the path of school buses at the sight of Black Gravel by the road. If trolls learn to color their Black Gravel to look like sand, we've all had it.

Somewhere near that sprinkle of Black Gravel will be a hole. Not a cute little bunny hole, or a Hobbit lair, but a chasm. A tiger pit, with bones at the bottom.

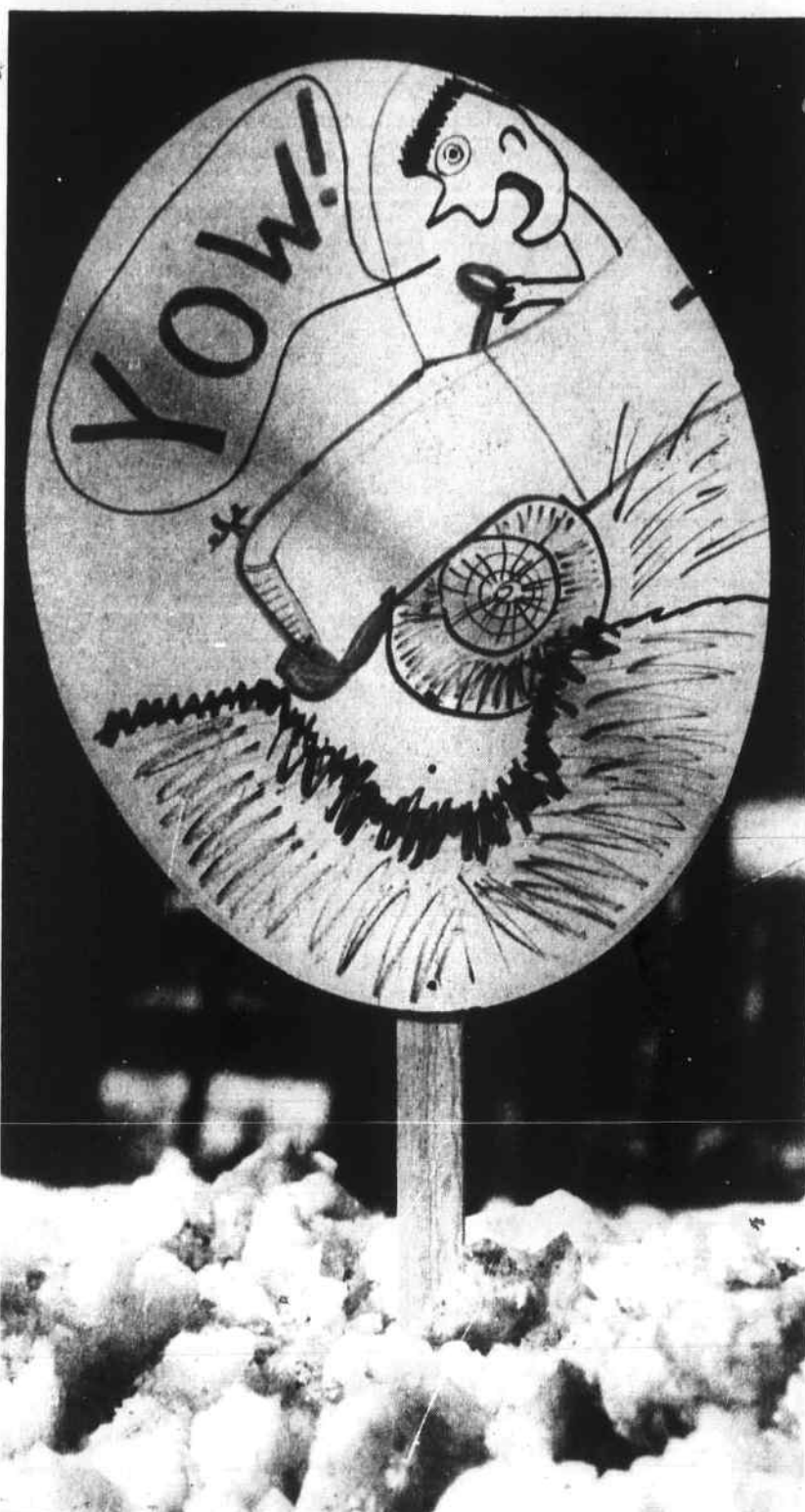
Picture it -- you're driving along, enjoying the spring sunshine, when all of a sudden you spot the dreaded Black Gravel ahead! The mark of the beast! Rows of hubcaps line the snowbank, like gleaming skulls in a barbarian's trophy hall.

Glance at the rearview mirror for an instant to see if that nitwit is still trying to read your bumper sticker then swerve hard left. (Never right, ever!) If your luck holds, no cops see you weaving back and forth.

(Of course, potholes are a perfect defense against a tailgater, because his view is obstructed. For a laugh, gently straddle the next black hole you encounter, instead of swerving, then chuckle while your exhaust-sniffer checks for loose teeth.)

But Black Gravel and hubcaps in the snow are only warnings for the dull, however. The smart drivers have learned that game, so the trolls came up with a clever new strategy. Camouflage! Now they fill the tire-eaters with water!

A little spring puddle -- splishy, splash -- no problem. That's what they want you to think! But if there is even a hint of Black Gravel, rig for depth charge! Splish into a troll



Neighborhood advice

A good citizen on Nichols Road in Wilmington was kind enough to warn drivers that the pavement ahead was ... um ... suspiciously challenged. Two signs were stuck into snowbanks, warning of the Pothole Troll encampment coming up.

puddle and its WHAM-BAM, your head smarts after slamming against the drivers side window, your front wheels want to go both ways at the next intersection and the guy in the tow truck over there just put down his coffee and he's smiling at you.

As for driving at night, forget it! Helmets and mouthpieces are pure necessities, a rope and tackle helps, and a padded skid plate mounted on your undercarriage is ideal. Trolls love fireworks, especially the sort made when your oil pan grinds on the asphalt. In northern states, wise drivers carry food, and flare guns.

Tewksbury and Wilmington have some spectacular troll colonies, and

that stretch of Main Street between the two towns is among the worst of the local rookeries. Trolls hatched there have spread to Tewksbury, East Street, and to Nichols Street in Wilmington, and they're spreading further still.

Perhaps if we named the holes for public officials, like Lake Burris or Palmer Pond, they might be filled in faster? Maybe Cressman's Cove or the Caira Sea? It matters not.

There are plenty of trolls waiting to emerge this spring, so tell your kids to stay away from the pond in front of the mailbox. There might be creatures living in it. Big ones. Good luck. Call your dentist.



Nichols Lake

Please take a moment to admire this natural feature of New England roads in the springtime. Notice the Black Gravel, the pavement chunks, the children at play on the sandy beach, and the surf washing over of the roof of the '88 Toyota. The state is planning to stock Nichols Road Lake with trout next week.

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Donna Harrington will serve the residents of Tewksbury with sincerity and dedication. She will work to protect the future of our town. Tom Camara's political advertisement March, 1993 signed by Jane Richard (former Tewksbury resident) is a copy of newspaper headlines from three years ago. Where is the issue now, Mr. Camara? The former ZBA has been dismissed. We are now overburdened with this issue. Voters of Tewksbury, it is time to elect a selectman who will address all the concerns and hopes of this community. Donna Harrington cares about the residents in Tewksbury. Donna will work to solve problems and resolve issues.

Vote to Restore Cooperation - Vote Harrington

Donna Harrington will not use politics to determine her vote. Donna will make intelligent decisions by considering each case on its own merit. Donna Harrington has the experience to work with local and state officials. Donna has achieved results and has proven her commitment to the Town of Tewksbury. Please support Donna Harrington's efforts to represent you

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Tech students win at VICA finals

Sixteen local residents, eight from Tewksbury and eight from Wilmington were among the 43 Shawheen Tech students who captured awards at the Vocational Industrial Clubs of America (VICA) District I North Final held March 17 at Whittier Tech in Haverhill.

Tewksbury: Chris Nawossa and William Gupitull, air conditioning and refrigeration; Jason Cadger, Brick Masonry; Bridget Zanni,

comm food trades; Scott Boutwell, hdem diesel; Rose Olivera, medical assistant; Brian Kimball, metal fab; Mark Plachowicz, precision mechanics.

Wilmington: Shawn Mahoney and Vincent White, advertising; Chris Merrill, brick masonry; Jason Fitzgerald, hdem diesel; Danielle Gormley, medical assistant; Charles Samatis, metal fab; Chris Botte, residential; James Stockbridge, sheet metal.

Miceli co-sponsor on public service bill

Rep. James R. Miceli (D-Tewksbury/Wilmington) is a lead co-sponsor of a bill which would create a Massachusetts public service program. The bill would establish a program in the state for students to repay college loans through either public service or a percentage of future income.

Under this program, Massachusetts high school graduates, and undergraduate and graduate students attending Massachusetts colleges and universities could exchange a period of public service for college financial aid. Presently, Massachusetts provides \$33 million in scholarship grants including \$27

million averaging \$1,000 a year per student in General Scholarship Program. Grants from the scholarship program are based on need.

The new service program would not rely on needs based criteria because it requires public service or repayment. "Middle class families would have an opportunity to participate in financial aid programs which they are currently not eligible for," says Rep. Miceli.

The program will be administered by the Higher Education Coordinating Council and is modeled closely after President Clinton's Service proposal.

Realtors support cancer forum

Several local Realtors were an integral part of a recent Aware presented by WHDH-Channel 7 and the American Cancer Society. Sheila Dileo of Wilmington, Marilyn Parsons of Melrose and Carol Marrano of Stoneham served as facilitators for this program.

The All-day seminar, chaired by Channel 7 News Anchor Margy Reedy and Medical Reporter Lester

Strong, served to increase women's awareness of the rise in breast cancer and current methods of treatment.

The program also focused on prostate cancer awareness for men. As many men get prostate cancer as women get breast cancer. This program was just one of the many ways that the Realtors have been involved in cancer awareness.



The award received by Altron president Sam Altschuler (right) last Thursday is one with strong economic significance for the company. The ISO-9002 Certification signifies that Altron has achieved a standard of quality that positions it well in the international marketplace. On hand for the presentation was Lt. Gov. Paul Cellucci (2nd right) and Rep. Jim Miceli (left). Presenting the award was presented by Kurt Eise (second left) president of TUV America.

Altron achieves high quality certification

Altron Inc. has received its Certificate of Registration to the ISO-9002 Quality Assurance Standard. This certificate was presented to Altron's Chairman and President, Samuel Altschuler, by Mr. Kurt Eise, President of TUV America, a U.S. based subsidiary of the renowned German Quality Organization, TUV Bayern.

Lieutenant Governor Paul Cellucci attended the ceremony and congratulated Mr. Altschuler and the Altron Team for their accomplishments.

Altron is one of the first companies in the Electronics Interconnection Industry to receive this recognition. ISO-9002 Registration provides for worldwide acceptance of Altron's quality system and products and opens up new opportunities for Altron to increase the export of its

products. Altron manufactures printed circuit boards, backplanes, and interconnection systems for over 100 customers worldwide in the computer, telecommunication, and medical instrumentation systems business.

In 1992, Altron achieved record sales of \$68,158,000 compared to \$62,086,000 for fiscal year 1991. Earnings were up 15 percent to \$1,238,000 or 36 cents per share compared with earnings of \$1,075,000 or 32 cents per share for fiscal 1991. Record bookings and a record backlog were also achieved in 1992.

Mr. Altschuler said that business continued very strong in the first quarter of 1993 and that he expected the company would achieve record sales and much higher earnings in 1993.

Miceli named to Rules Committee

Speaker Charles Flaherty has named Representative James R. Miceli (D-Tewksbury/Wilmington) to the House Committee on Rules. The Rules Committee is considered one of the most prestigious committees in the House. As a member of the committee,

Representative Miceli will assume the title of Assistant Majority Leader, a title he formerly held under Speaker George Keeverian.

Representative Miceli will also return to his seat as a ranking member of the Joint Committee on Banks and Banking.

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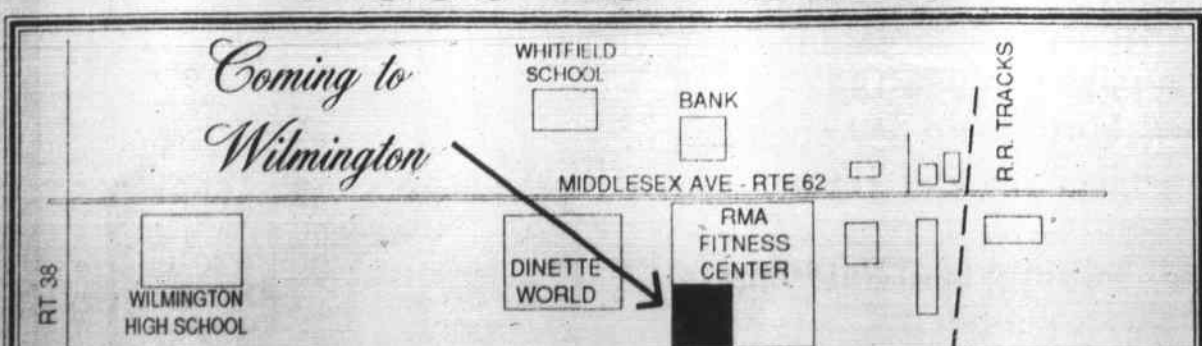
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Pilot program helps first time moms

Every first time mother knows that bringing home baby is exciting, special and very scary. Quite suddenly you become responsible for a new human being who is dependent upon you for just about everything. Not long ago, nurses on maternity units in hospitals had at least a week to help a new mother learn to care for her newborn. But with today's maternity hospital stays becoming shorter and shorter, often only one to two days, it is difficult, especially for first time mothers, to learn all that is necessary to care for a newborn baby.

New Baby at Home, a pilot program just introduced at New England Memorial Hospital, provides an extra measure of help to the first time mother. The program provides a skilled nursing visit free of charge to the mother in her home within a week after her discharge from the hospital. The new service is expected to decrease postpartum and newborn problems, provide outreach and support to new families when they need it most, and quickly meet needs when problems do arise. Nurses from the hospital's maternity unit and the hospital affiliated visiting nurse service, Health Care at Home, make the patient visits.

The visit is scheduled with a call to the mother one or two days after her leaving the hospital. During the home visit, a nurse who is especially trained in child and maternal health, provides a physical assessment on mother and baby and continues the child care education begun in the hospital. Any health problems uncovered during the physical assessments are reported to the mother's or child's physician. Ten to 12 weeks later, the nurse telephones the mother again to check on her needs and progress.

"Shorter hospital stays have resulted in an increasing number of distress calls from new mothers to pediatricians, obstetricians and the hospital nursery," says Mary E. Gadway, maternal child health supervisor at Health Care at Home. "Although new mothers take home written teaching material covering childcare," Gadway continues, "she frequently lacks the energy to read it until long after she needs the information. Our program picks up where hospital patient education left off, providing extra support to help mothers develop and gain confidence in their child care skills."

At present, the program is offered

births

HULME: Joseph James, second child, first son to Stephen and Claire (Maloney) Hulme of Tewksbury March 17 at New England Memorial Hospital.

Grandparents are Mr. and Mrs. Joseph Maloney and James Hulme, all of Medford.

Joseph's sister, is four-year-old Jacqueline.

SQUILLACIOTI: Ashley Nicole, first child to Joseph and Susan (Collins) Squillacioti of Heath Street, Tewksbury March 14 at New England Memorial Hospital. Grandparents are Mr. and Mrs. Louise Collins of Saugus and Joseph and Christine Squillacioti of Pine Street, Tewksbury.

Rabid raccoon in Woburn

A raccoon, found in Woburn, has been shown "positive" with respect to being afflicted with rabies, according to Woburn Dog Officer Jack Grammar. The raccoon was found off Akeson Road, in West Woburn on March 17 according to the Woburn Times.

Several sick raccoons have been found in Winchester and Lexington, but this was the first to be discovered in Woburn.



Future fullback?

Helen Fitch and newborn son Gordon David Fitch II (r) enjoy a visit by maternal and child health nurse Kasey Halverson (l) from New England Memorial Hospital.

to women who deliver at the hospital's Rigsby Maternity Center whose pediatrician is Mirna Aeschlimann, M.D., Siegfriedo Acosta-Perez, M.D., Luis Valles,

M.D., Heike Rolfe-Daya, M.D. or Kanta Nagpaul, M.D. After a six month trial period, it is hoped the program can be expanded to meet all of the hospital's first time

mothers' needs.

To learn more about this new program call new England Memorial Hospital Health Care at Home at 279-0880.

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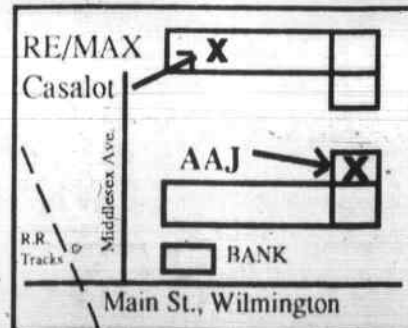
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The cranberry bogs of Wilmington

by Capt. Larz Neilson
Cranberries were common in Wilmington several hundred years ago. The plants are still to be found in the town, but they seem to be of no commercial value. Wilmington and Woburn were the two local communities with that type of plant, from which comes, for instance, cranberry sauce.

The last commercial operation relative to cranberries, seen by this writer, in Wilmington, was when Sterling Morris was the town manager, about 20 years ago.

A firm from Chelmsford had purchased the cranberry bog off Shawsheen Avenue, and with tractors, etc., was harvesting a crop of cranberries. The time was probably in the 1970s. Nothing happened in the following year.

There were three principal cranberry bogs in Wilmington, two smaller ones, and other places which could be called cranberry "fields."

The Shawsheen Avenue "bog" downstream from Shawsheen Avenue, on both sides of Lubbers Brook was, possibly 200 years old. Perhaps four acres in extent, it was crossed with ditches to better the spread of water. Water was spread over the bog in the late fall, to protect the vines from freezing. As a consequence that bog, and others were good places for winter time skating.

About 1924 the word was that the Shawsheen Bog had made \$10,000 an acre. We kids believed it to be 10 acres in extent. That was a lot of money!

On both sides of Lubbers Brook, about a mile downstream from Glen Road, was another bog, with about three acres. Seventy years ago it was known as "Winn's Bog," being owned by a Winchester family of that name. The pine grove on the east side, which still exists, was known as "Winn's Woods." Adjacent to those woods is the present Wilmington town hall.

The Winn family cultivated that bog, kept it clear of brush, and harvested cranberries every fall. At the upper end there was a home for the bog keeper, which was inhabited for many years afterwards by Mr. and Mrs. Harry Miller. Miller Road, today, takes its name from that family.

A short quarter of a mile north of the Miller Home was the Wilson Thompson home. Mrs. Thompson and Mrs. Miller were said to be sisters.

Maybe, and maybe not. Mrs. Miller always spoke with what may have been an Irish accent. The accent of Mrs. Thompson was more like a Yankee one.

Mrs. Miller always had a bunch of "state" boys who, it can be reported, had to run to school every day, and run back. No time to waste! The lady was paid to keep them, and

when they got home they were put to work, cutting trees and feeding the hens.

Clarence Putnam, Lewis Harris Smith and Louis Brazee were three outstanding young men.

Smith was, for many years in Wilmington the high school custodian. Putnam lived in Wakefield, it is believed, a capable person in the mercantile world. Louis Brazee lived in Tewksbury and is still fondly remembered in that town.

Whenever the writer's parents wanted him to be "more" industrious the Miller "boys" were held up to be the best example!



Cranberry House

The Flibotte home, at the end of Miller Road was, about 1920 the cranberry house for the Winn Cranberry Bog. In it was stored the boxes into which the cranberries were stored at the time of picking, just before Thanksgiving. Today it is much improved.

The Hiller "carpenter shop" also became a "cranberry house." What is now the Masonic Hall, constructed for the use of France Hiller's husband was a cranberry house, about 1900, for several years. After it became Masonic property the old carpenter house was used for cranberry box storage, until sometime after World War I.

Another cranberry bog stood adjacent to the Shawsheen Avenue Cranberry bog, on the east side, away from the Street. It was destroyed many years ago, probably after 1930.

The Kevin Field family today lives in the Wilson Thompson house, and a short quarter of a mile to the east was a building for the storage of cranberry boxes. Today, improved, it is the home of the Narduzzo family.

Harry Miller worked in a chocolate factory near Sullivan Square in Boston. Wilson Thompson, born in Woburn, worked in a patent leather plant in North Woburn.

There was a third cranberry bog, constructed to answer one of the whims of France Hiller of Wilmington.

That lady had a carpenter shop constructed, about 1874. It was a large building on Middlesex Avenue. Today there are four apartments in that building.

In that building Mr. McGregor constructed two caskets, of teak, one for the lady and the other for her husband, the "Doctor" Hiller of Wilmington. Each was said to have cost \$20 thousand. Newspapers reported about those caskets but the world did not take any notice.

It was about 1880 that France began to excavate for her cranberry bog. Beside the former carpenter shop, it was about two acres in area.

After the bog had been constructed France would sit in back of that building watching Italian women from North Woburn at work in the cranberry bog. France, it is said, consumed various alcoholic beverages as she watched.

Harry Deming, who lived on Federal Street, was the man with the

sharp pencil, in the tannery operated by Caleb Harriman. Sometime prior to 1930 Harry headed an historical committee for the town. And, it can be noted, in later years he was Wilmington's first town manager, a job which he held down for a month.

In 1930 his committee reported that the total crop value of cranberries grown in 1885, including those from the bog of Mrs. Hiller, was \$5,537.

That cranberry bog was a place for the children of the Walker School to go skating, in World War I years. There were bushes and weeds. There also was ice in the winter.

Today it has been filled by the Rotary Club, and is known as Rotary Park.

Four places, possibly more, could once upon a time be called a cranberry field. One was off Chestnut Street, easterly, near the Woburn line. Two were between Glendale Circle and Shady Lane Drive, and the fourth was in Hathaway acres, on the east side. The writer suspects the fourth cranberry field was planted by the Brown family, after they had purchased what is now called the Harden Tavern.

The biggest cranberry bog in the area was in Woburn, south of Montvale Avenue on the road to East Winchester. It was impressively large. It was northerly of the "Winn factory" in that town - which might be more than a coincidence.

Does the reader seek cranberries today? The grocery store is the best place. The berries may have been grown near Plymouth, or in Wisconsin or out in Oregon.

Wilmington cranberries? There are none today, for all practical purposes. If someone should go down to Lubbers Brook from the present town hall a few might be garnered, for, say, the Thanksgiving dinner.

Wilmington cranberries? There are none, for all practical purposes.

Nursing in the 90's requires constant education

As the saying goes, "The more things change, the more they stay the same." When it comes to the nursing profession, there have been significant changes in just the past 20 years. Yet, in some fundamental ways, things haven't changed at all.

"When I was a young nurse in the 1960s, I could never have predicted that nursing would change so much," says Janet Miller, R.N., vice president of nursing administration at Winchester Hospital. "For example, the reliance on technology, from electronic thermometers to cardiac monitors and other things that go 'beep' in the night - the changes are immense."

"When I first went into nursing 19 years ago, telemetry didn't even exist," says Dianne Doucette, R.N., who today is nurse manager of a 24 bed telemetry unit at Winchester Hospital. Particularly useful for cardiac patients, telemetry is technology that monitors a patient's vital signs remotely. Rather than being "hooked up" to the nurses' station by wires from the bedside, the patient can move around normally while in the hospital yet still be continuously monitored.

"Medicine has become so high tech that nurses have had to acclimate themselves to working with

specialized equipment," says Doucette. "But we can do so much more for patients now."

Another way in which the profession has changed is that today's nurse has considerably more responsibility when it comes to decision making about patient care.

"As a result of increased education, we have more autonomy in making decisions about treatment," says Doucette. "The things that only physicians could do 20 years ago, such as interpreting lab data, we can do today."

Regarding the basic education and training requirements to become a registered nurse, that's one area that has not changed significantly.

"To become an RN, you can have a three year hospital program diploma, a two year associate's degree, or a four year bachelor's degree," explains Doucette.

"To be a nurse in the 90s, however, is to feel a need for constant education," says Miller. "Today's nurse says, 'I need to know more...about nursing diagnoses, computers, cardiac dysrhythmias, AIDS, case management, ethics...the list goes on.'"

And with their expanded knowledge comes expanded career opportunities within the profession.

Today's nurse can advance into positions such as nurse manager (with 24 hour a day operational responsibility for an entire unit, such as Doucette), clinical nurse specialist, nurse practitioner, nurse anesthetist, researcher, teacher in a nursing program, or administrator.

These are all positive changes in the profession - is there a downside to 'progress'?

"Paperwork," says both Doucette and Lianne Doughty, RN, a relative newcomer to the profession (she got her degree and started working at Winchester Hospital in 1989).

"It's frustrating," says Doucette. "Insurance companies are defining patients' length of stay by limiting the number of days they'll pay for. That detracts from our ability to teach and spend time with the patient."

If there is an aspect of nursing that has remained constant over the years, however, it is the reward of being a caregiver, which is often what drew these women into nursing in the first place.

"When I teach oncology patients, the greatest reward is to see a 'click' behind the eyes of a patient when I explain how chemotherapy is going to attack their cancer; they understand and I see their fear go away," says Doughty.

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menus

Wilmington schools

Week of March 29
Elementary and middle
Monday: *Lucky plate day, Salisbury steak with gravy, creamy whipped potato, corn on the cob, chilled fruit, ice cream, milk/juice, ice cream. Sticker on tray receives ice cream.

Tuesday: Tacos, fluffy rice, seasoned carrots, chilled fruit, marshmallow supreme cookie, milk/juice.

Wednesday: Elementary, waffle with syrup, oven baked sausage, applesauce, ice cream, milk/juice.

Middle: Spaghetti with meatballs, seasoned vegetable, French bread and butter, milk/juice, apple crisp with topping.

Thursday: Chicken in a basket, French fries, seasoned mixed vegetables, chilled fruit, snack cake, milk/juice.

Friday: Italian style pizza, pepperoni optional, tossed garden salad, chilled fruit, ice cream, milk/juice.

Alternate lunch is available in all schools daily.

High school

Monday: Salisbury steak, with gravy, whipped potato, seasoned vegetable, chilled fruit, dessert, milk/juice.

Tuesday: Baconburger with tomato and lettuce on a roll, French fries, chilled fruit, ice cream, milk/juice.

Wednesday: "Mamma Anna's" pasta bar, seasoned vegetable, French bread and butter, chilled fruit, midnight chocolate cake, milk/juice.

Thursday: Southern fried chicken in a basket, French fries, seasoned mixed vegetables, chilled fruit, fortune and cookie and fudge rounds, milk/juice.

Friday: Lisa's pizza, tossed garden salad, chilled juice, ice cream, milk/juice.

Alternate lunch is available in all schools daily.

Shawsheen Tech

Week of March 29
Line III
Monday: Baked macaroni and cheese, green vegetables, hot buttered roll, fresh fruit and milk.

Tuesday: Taco boat with meat and bean filling, shredded lettuce, chopped tomato, shredded cheese and salsa, vegetable, fresh fruit and milk.

Wednesday: Scrambled hamburger with brown gravy, mashed potato, vegetable, hot buttered roll, baked dessert and milk.

Thursday: Oven roast chicken, mashed potato, vegetable, hot buttered roll, cranberry sauce, fresh fruit and milk.

Friday: Crispy fish with tartar sauce, French fried potatoes, cole slaw, corn, hot buttered roll, ice cream and milk.

Wilmington seniors

Week of March 29
Monday: Chilled juice, Salisbury steak, gravy on the side, parsleyed whole potato, seasoned vegetable medley, wheat bread and butter, tapioca pudding and milk.

Tuesday: Chilled fruit, chicken pot pie, whipped potato, seasoned carrots, oatmeal bread and butter, cookies and milk.

Wednesday: Spaghetti and meatballs in sauce, seasoned green beans, chilled apple juice, French bread and butter, apple crisp with topping and milk.

Thursday: Oven baked chicken, creamy whipped potato, seasoned winter squash, cranberry sauce, bread and butter, dessert and milk.

Friday: Baked fish dinner, tartar sauce on the side, hash brown potato, seasoned peas, pumpkinnickel bread and butter, ice cream milk.

obituaries

Dario Lifrieri

Dario O. Lifrieri, 75, husband of Rita A. (DeStefano), died Sunday, March 22, 1993 at Winchester Hospital.

Born in Italy he was the son of the late Salvatore and the late Giuditta (DeRose) Lifrieri and lived in Wilmington for many years. Prior to retirement he was employed as a glazer for Perfection Glass of Woburn.

Surviving him besides his wife, is his brother Cesido Lifrieri of Somerville, his brother-in-law and sister-in-law Alfred and Jean DeStefano of Wakefield and two nieces, Judith Houhoules of Allston and Nancy Patsios of Andover.

His funeral will be held from the W.S. Cavanaugh & Son Funeral, Main Street, Wilmington, Home Saturday at 10 a.m. followed by a funeral mass at St. Theresa's Church in North Reading at 11 and interment in the family lot, Wildwood Cemetery.

Friends may call at the funeral home from 2 to 4 and from 7 to 9 p.m. on Friday.

Tewksbury student wins \$600 scholarship

Mary D. Kinnon of Tewksbury, has been awarded a \$600.00 scholarship by The Order of United Commercial Travelers of America (UCT) to continue her studies in the field of special education.

Kinnon is pursuing a bachelor's degree at Fitchburg State College, where she is a junior.

After earning her degree, Kinnon plans to pursue a master's degree and to teach children with moderate special needs.

Since 1961, UCT has provided more than \$2.4 million in scholarship grants to more than 8,000 persons pursuing certification or advanced degrees in special education of the mentally retarded. In 1992, 346 students received grants totaling \$175,000.

UCT is a nonprofit fraternal benefit society more than 100 years old. The Order continues to pursue several civic service activities, including programs for youth, cancer education and prevention, public safety, drug awareness, and aid to retarded citizens. UCT twice joined the ranks of other major corporate sponsors by pledging \$250,000 to both the 1987 and 1991 International Summer Special Olympic Games.

Also UCT because the first corporate sponsor of the Canadian Winter Special Olympic Games in 1988 with a pledge of \$40,000. UCT members support the Special Olympics program at the local, state and regional levels as well. The Order also has an International



Mary Kinnon

Junior Golf program for boys and girls aged eight through 11.

With a total membership of approximately 140,000, UCT has about 540 local councils in 47 states, the District of Columbia and all 10 provinces of Canada.

The top officer of UCT's Lowell Council 365 is Secretary-treasurer Dana P. Caffelle of Chelmsford.

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Tewksbury schools

Week of March 29
All schools
Monday: Poster Day, American chop suey, vegetable of the day, homemade bread, chocolate chip cookie and milk.

Tuesday: Two for the price of one, chuck burger day with trimmings, potato sticks, cole slaw, chocolate cake and milk.

Wednesday: Lunch basket, seasoned chicken and potato puffs, vegetable stixs, homemade roll, dessert and milk.

Thursday: Cup of vegetable soup, piled high nachos with beef crumbles and cheese, salsa on the side, optional tomato and onions, ice cream, and milk.

Friday: Tomato-cheese pizza, pepperoni if desired, crispy garden salad, fruit cup or juice, choice of cookie or cake and milk.

Alternate lunch is available in all schools daily.

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William C. Baker

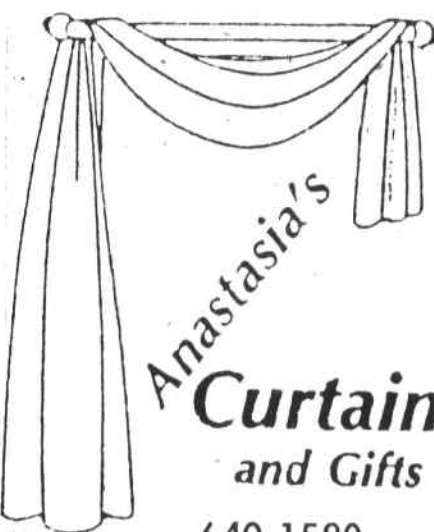
William C. Baker, 78, husband of Helena (Lord) died suddenly on Saturday, March 20, 1993, at Lahey Clinic Medical Center, Burlington.

He was born in Cambridge, the son of the late Joseph and the late Julia (Balkin) Halupka, lived in Wilmington for many years and prior to retirement was employed as a truck driver at Highway Transport.

Surviving him, besides his wife, is his son, William C. Baker, Jr. of Tewksbury; his daughter Mary Lou Gorman of Wilmington; his eight grandchildren and a great-grandchild.

His funeral service was held from the W.S. Cavanaugh & Son Funeral Home Tuesday morning at 11.

Memorials in his name may be made to the Joslin Diabetes Foundation, 1 Joslin Place, Boston, MA.



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bits & pieces

Birthday

Carl Patterson of Patrick Road, Tewksbury turned another page March 19.

Town Crier columnist Kevin Sowyrda of Burlington Avenue, Wilmington was serenaded by friends and relatives on March 23 and Pat O'Brien of Cottage Street, head proof reader for the Town Crier became a year wiser March 24.

March 28 will mark the special day of Sandy Murphy of Salem Street, Wilmington, Kristen Hudson of Mystic Avenue, John Anderson of West Street, and Glenn Tobey of Cypress Street.

Dave Wiberg of Birchwood Road, Wilmington will be a year wiser on March 29.

Bernadette Rowland of Garden Avenue, Wilmington and Jay Isberg of Sheridan Road will share birthday greetings March 30.

At least four area residents will be observing birthdays on March 31 - Marion Nee of Harris Street, Tony Capuano of Ring Avenue, Lou Farkas of Linda Road, Terri Downs of Taplin Avenue and Ann Rooney of Vernon Street, Tewksbury.

Alicia Kilgore of Roosevelt Road, Wilmington will face a glowing birthday cake on April 1 and will share her special day with Ronnie Burns of Sheridan Road and Artie Holmes of Kidder Place.

Elaine Glavin of Arlene Avenue, Wilmington will be a year wiser on April 2 and will share greetings with Bud Lyford of Middlesex Avenue and Shane DeMaggio of Beeching Avenue.

Tali Sweeney of Leighton Road, Tewksbury will turn another page on April 3 as will Billy Hennessey of Kelley Road, Timmy Shiner of Independence Avenue and Wilmington residents James Little of Park Street and Luke and Matthew Gennetti of Forest Street.

Anniversary

Mr. and Mrs. Kevin Anderson of Clever Lane, Tewksbury will mark their 10th wedding anniversary April 1.

April 2 will mark the 26th wedding anniversary of Charles and Marie Ganno of Dobson Street, Wilmington.

To enter

To enter an item in Bits & Pieces, call the Town Crier at 658-2346 days and Tuesday nights or 658-2907 other nights and weekends. Ask for BeeDee.

Aim meets Tuesday

Wilmington's Aim group will meet from 9:30 a.m. to 2:30 p.m., Tuesday, March 30. Please note, though, that the location will be at the Sons of Italy Hall on Ballardvale Street. March birthdays will be celebrated.

Anyone wishing take a salad or dessert along to the meeting is urged to do so.

Honors at Bishop Fenwick

Principal Ralph LeDuc of Bishop Fenwick High School, Peabody had announced the honor roll for the second quarter with the following students listed:

Nicole Cote, Eileen Devine, Danielle Poulin, Kristi Lyman, Sarah Callahan, Catherine Cullen.

Wilmington AARP

Due to increased membership the Wilmington Evening Chapter of AARP will now be holding its meetings at Winchester Hospital's Family Care Center, 500 Salem Street in Wilmington, formerly known as the Regional Health Center.

Meetings will continue to be held the second Wednesday of each month at 7:30 p.m. The next scheduled meeting will be held April 4. Guest speaker will be Liane Gould from the AARP Placement Program and Donna Murray from Mystic Valley Elder Services. Call 658-2917 for more information.

Minor charge

It has become necessary to initiate a minor charge for use of 4th of July Headquarters; \$15 per meeting or \$100 for the year.

Art display at Shawmut

A display of watercolor paintings by Ruth Jeffs will continue through April at Shawmut Bank in Wilmington Plaza.

Ruth has taken in many local exhibits including the Wilmington Arts Council and the Reading Art Association.

The current exhibit will be open during regular banking hours Mon.-Wed., 9 to 4; Thurs. and Fri., 9 to 5 and Sat., 9 to noon.

New skating hours

New public skating hours at the Ristuccia Expo Center, 190 Main Street, Wilmington, will be 8:30 to 10 p.m., beginning April 30.

Current Sunday public hours will end April 11.

Tu-Ming Chao

Tu-Ming Chao of Tewksbury has been named to the dean's list for the fall semester at Bunker Hill Community College in Boston.

Alessandro Cucci

Alessandro Cucci of Wilmington, a junior majoring in mechanical engineering with aerospace interests is among those selected by Worcester Polytechnic Institute, to serve as administrative assistants during New Student Orientation Aug. 21-25.

Singles Dance

A singles dance sponsored by the Reading Chapter of the Single Life will be held at K of C Hall, 2068 Main St., Tewksbury from 7:30 to 11 p.m. Sunday, April 4. Call (617) 942-0165.

Jonathan Goldfield

Jonathan Goldfield of Wilmington was among the more than 60 Red Cross volunteers who assisted with disaster relief activities throughout the duration of the March blizzard. American Red Cross volunteers respond to other local disasters throughout the year when the need arises.

WCTV annual meeting

WCTV held its annual meeting March 17 at the Swain School for the election of board members and officers.

Officers elected include President, Philip Nowlan, James Lyon, Vice President Donald Cassidy, Treasurer and Donald Lard Secretary.

Other members of the board include Thomas Barrasso, Jeffrey Campos, Sandra Curtin, Paul D'Eon, Donald Frederick, Charles Gilbert, Steven Komenchuk, Ann Marie Mecker, Andrea Photopoulos, Glen Smith and Cheryl Soderquist.

Susan Carroll

Susan Carroll of Wilmington has been recognized by the New England Regional Office of the College Board as a finalist in their advanced placement (AP) recognition award program.

The citation acknowledges AP teachers' efforts on behalf of students and the AP program. One of 23 finalists in New England, Mrs. Carroll teaches advanced placement English and composition at Matignon High School in Cambridge.

Richard McCollim, Jr.

Richard McCollim, Jr., son of Mr. and Mrs. Richard McCollim of Forest Road, Tewksbury, spent his spring break with four other Saint Michael's College students working

with emotionally troubled teens at Hope House in Long Island, N.Y., from Feb. 20-27. McCollim is a junior political science major at Saint Michael's College in Colchester, Vt.

Ronald Dokus

Ronald Dokus of Tewksbury is being honored this month at Metropolitan Life's Leaders Conference in Ft. Lauderdale, Fl. The business meeting lauds MetLife's outstanding sales achievers of 1992.

Ronald is an account representative with MetLife's office in Waltham. He qualified to attend the conference by ranking in the top 20 percent for sales production among 3,500 MetLife representatives in New York and New England.

His wife Judi and their daughter, Alexandra were scheduled to accompany him to the event.

Michelle Hirshfeld

Michelle Hirshfeld, daughter of Mr. and Mrs. Michael Hirshfeld of Wilmington will be appearing in "A Song and a Celebration" a musical to be presented at Arlington Catholic High School, 16 Medford Street, Thursday April 1 through Saturday, April 3. Curtain time is 8 p.m.

Call 646-7770 for more information.

Head Injury Association

The Massachusetts Head Injury Association, "Circle of Friends" will meet from 7 to 9 p.m., Wednesday, April 14 (and the second Wednesday of the month thereafter) at Vision House, 460 East St., Tewksbury.

Michael Orgot, a representative of the State Head Injury Program will address the group. Call 508-640-6309.



15 years
service

Wilmington resident Beverly Rose, was recently recognized for her 15 years of service to Melrose-Wakefield Hospital. A member of the Quality Assessment Department, Ms. Rose received a special award, a restaurant gift certificate and a long-stemmed rose in recognition of her milestone of service. On hand to congratulate Ms. Rose were, from l-r: Richard Quinlan, MWH president, Jane Bain, vice president of Quality Assessment, and Peter Rossa, Quality Assessment manager.

All Around Travel Update

by Peggy Lee
 President

A GARDENER'S DELIGHT

For gardeners - and people who just like to smell the roses - these are the winter days of our discontent. One solution to the end-of-the-winter blues is to plan a spring or summer trip that will transport you into a garden of poetic delights. For balmy breezes heavy with the scent of bursting blooms, there is none more delightful than the grounds of Stratford-on-Avon, the birth place of Shakespeare. Here, you will find gardens that were common during Shakespeare's Elizabethan era. Entrance to the Poet's Great Garden, a site where the great bard once mused (and planted a mulberry tree!), is free and open to the public. For a small admission, you can also explore adjacent gardens and sites related to Shakespeare's life.

When you put your travel plans in the hands of the professionals, there are only a few things left for you to do. We'll tell you all about them at ALL AROUND TRAVEL. Being seasoned travel agents means we've got lots of experience dealing with the details. Call us, 658-2313, the next time you want to focus on the fun of the trip rather than the hassles of making it all work out. At 203 Jefferson Rd., N. Wilmington (Rt. 62), we're open Mon-Fri 9-5 and by appointment. Discount offered to seniors. HINT: Shakespeare's mulberry tree was cut down 237 years ago, but sprouted from the stump into the tree that still stands.

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Coming events

datebook: Wilmington

Thurs., March 25: Wil. Garden Club meets at 4th of July Hdqrs.; 7:30 p.m.

Fri., March 26: Wil. Boosters scholarship applications available in the guidance office at WHS. Must be postmarked by May 1.

Fri., March 26: 7 p.m. to midnight; fundraiser for Tom Siracusa, candidate for selectman at Casa di Fior. Call 658-3963.

Sat., Sun., March 27, 28: St. Thomas CCD pizza sale orders taken after masses.

Sat., Mar. 27: 7 p.m. Karaoke Jamboree at Casa di Fior, benefit

Wilmington Family Counseling. Tickets \$15 at Center News, Mr. Ticket, Uptown Deli, or Casa di Fior.

Mon., March 29: Auditions begin for Tewks. Little Theatre Teen Players. Write Mr. Salamone in care of Tewks. Little Theatre, 20 Texas Road.

Wed., April 7: Wil. League of Women Voters candidates' night 7 p.m. at the Shawheen School.

Sat., April 24: St. Thomas of Villanova reunion. Dinner dance; details to follow.

datebook: Tewksbury

Wed., March 24: 10 a.m. to noon Program for female students grades 9-11 by MIT in TMHS library. Call (508) 851-3771.

Fri., March 26: 8 p.m. to midnight, singles dance at K of C,

Rt. 38, Tewks. Call 617-729-4664.

Mon., April 26: 7:30 p.m., Tewks./Wil. Emblem Club penny sale at Elks Lodge. Call (617) 275-8890.

datebook: area

Wed., March 24: Deadline to register for Hospice volunteer training. Call 508-470-1615.

Fri., March 26: 8 p.m. at MCC Concert Hall, Springs Road, Bedford, free concert presenting works by Schumann.

Fri., Sat., April 2, 3: Fri., 7:30 to 9:30 p.m.; Sat., 10 a.m. to 4 p.m., Reading Art Assoc. exhibit and sale at Congregational Church, 40 Sanborn St.

Sat., April 3: Landlord-Tenant Relations seminar at Middlesex Comm. College, Springs Rd., Bedford. Call 1-800-643-5739.

Sat., April 10: 8:30 a.m. to 12:30 p.m., IRS rep will help with tax forms in PO Lobby, 462 Washington St., Woburn.

Tues., April 6-May 25: 6:15 to 7:30 p.m., Children's Bereavement Group at 41 Central St., Andover. Call 1-800-933-5593.

Mon., April 12: Seminar on "Being a Sibling" at Melrose-Wakefield Hospital, 6:15 to 7:15 p.m. Call 979-3408.

Fri., April 16: 8 p.m., Rebirth Brass Band performance at UMass, Lowell. Call (508) 934-4444.

Depression workshops: 7 p.m. Tuesdays at St. Paul's Methodist Church, 34 Hurd Street, Lowell; Wednesdays, St. Joseph Hospital, 172 Kinsley St., Nashua; Thursdays at First Parish Unitarian Church, Billerica Center. Call (508) 858-0272.

Free concert at MCC

A concert presenting works by Schumann, Nin, Ravel, Ariosti and Copland will be held at MCC Friday, March 26, at 8 p.m. in the Concert Hall, Building 6, Bedford Campus, Springs Road. The concert will feature Carmen Rodriguez-Peralta performing on piano and Anatole Wieck performing violin/viola/viola d'amore.

Carmen Rodriguez-Peralta, a member of the music faculty at MCC has performed as soloist throughout the US and in Peru, where she was presented in a series of recitals under the auspices of the American Embassy.

As a winner of Artists International Young Musicians Auditions, she was presented in her New York debut at Carnegie Recital Hall during the 1983 season. Ms. Rodriguez-Peralta has been the featured artist on radio station WFLN in Philadelphia, WGBH in Boston and she has performed solo recital in the Dame Myra Hess Concert Series in Chicago and Los Angeles, which were broadcast on WFMT and KUSC respectively.

Carmen Rodriguez-Peralta holds a bachelor of music degree from Temple University, a master of music degree from Catholic University of America and a Post-Graduate Diploma from the Juilliard School where she was a student of Beveridge Webster and the assistant to composer Vincent Persichetti.

Born in Latvia, Anatole Wieck received his early training in Riga and Moscow. He earned his bachelor, master of doctor degrees at the famed Juilliard School in New York City. He currently serves on the music faculty at the University of Maine in Orono, where he teaches violin and viola and conducts the University of Maine Chamber Orchestra.

Professor Wieck studied violin with Yuri Yankelevich and Zinaida Gilels in Russia. In the US he studied violin with Ivan Galamian

and viola with Lillian Fuchs and Paul Doktor. Members of the Juilliard String Quartet were his chamber music teachers.

Professor Wieck has performed in North America and Europe as a conductor, soloist and chamber musician. He is on the roster of the Maine Touring Artists Program sponsored by the Maine Arts Commission. He is active with the American String Teachers Association and is a sought after master teacher in the US and Europe.

In the summer of 1990 he led the University of Maine Chamber Orchestra in a highly successful tour of Spain, where he conducted and performed as soloist in 13 concerts throughout the country, including two in Madrid.

The concert is free and open to the public. For more information call (617) 275-8910, ext. 4011.

Over 50 entries in Tech fair

More than 50 entries have been received from students at Shawheen Tech for the school's fifth annual science fair scheduled for Thursday, April 29 in the school cafeteria and science laboratories.

Coordinators Ron Fusco and Duane Cleak are pleased with the response from students from about a dozen of the school's vocational and technical programs who have chosen to participate. Fusco said the science fair is becoming a tradition, and Science Department Chairman David Whalley attributes the continuing interest to the coordinators' efforts, support and encouragement from teachers and administration, and the participants themselves, who passed the word on to their friends after they "won prizes, learned something, and enjoyed the experience."

Projects are proposed by individuals and groups of two or three students. First, second and third prizes will be awarded for both individual and group projects. First prize winners receive \$100

savings bonds, second place winners receive \$75 bonds and third place awardees get \$50 bonds.

Business donations sought

Prizes in the past have been funded by Shawheen Tech PAC and area businesses. Fusco said business contributions have dropped over the past two years and he would "love to have more involvement from business - please call me if you can make even a small contribution." Fusco said judges came from area schools and businesses. "We like to bring in people who don't know the students," he said.

Projects that addressed such diverse topics as ozone layer depletion, childbirth, Aids, cystic fibrosis and orthodontics took top prizes in last year's fair. Fusco indicates the variety will be as interesting this year as well.

Through the science fair students get the opportunity to explore, investigate and report on scientific principles that form the basis of the hands on portion of their vocational and technical specialties.

Wednesdays are WIND-days

On Wednesday, March 24 the Wednesday Is Networking Day (WIND), a highly successful, self supporting networking group for unemployed professionals will begin meeting at Shriners Auditorium in Wilmington.

Some people may think the recession is over, but the truth is, for too many it is not.

None know this fact better than the 240 plus attendees of WIND who come very week to this north of Boston meeting. For the third time since November 1990, WIND has had to relocate because of growth. Of course some white collar

workers are getting jobs, but in nowhere near the numbers that have lost their jobs in the last three years.

The Shriners Auditorium is located just east of Route 93 at Exit 39, Concord Street. Turn north onto Fordham Road (the first left off Concord Street after the Rt. 93 exits) and go to the end. The auditorium is the last building on the right. There are plenty of signs for directions and parking in the side and back lots. For reference, both DRC and Converse are on the corner of Concord Street and Fordham Road.

Interested new attendees may obtain a description of the WIND program and a map to Shriners Auditorium by sending a SASE to: WIND, PO Box 4174, Andover, MA 01810.

Construction to begin on Rte.125

Rep. James R. Miceli (D-Tewksbury/Wilmington) announced recently an update on the traffic safety improvements project undertaken by Mass Highways at Route 125 and Andover Street.

The project involves widening Andover Street at the intersection of Route 125 and replacing the flashing lights with a traffic signal.

Rep. Miceli has been instrumental in putting this project on Mass Highways priority list. A meeting of state and local officials was held on March 15, to discuss the construction schedule and detour routes.

Construction is expected to commence in April.

RUMMAGE SALE

Hundreds of Items: Books, boutique, furniture, jewelry, linen, good used clothing, toys, white elephant.

FRIDAY, MARCH 26, 6-9 PM
SATURDAY, MARCH 27, 10 AM - 2 PM
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St. Thomas of Villanova 9th Grade CCD

Pizza Sale

The ninth grade CCD confirmation class will raise funds for the Por Cristo Medical Mission to South America.

Orders for fresh pizza are being taken now and will also be taken at all masses Saturday & Sunday, March 27 & 28. Pizzas will be made Saturday April 3 and can be picked up after all masses in Villanova Hall.

Curious About The CATHOLIC CHURCH?

If you would like to learn about the Catholic Church and its teachings, or you are an out-of-touch Catholic needing an update, we invite you to four evenings of instruction and discussion:

THIS WEEK'S TOPIC: "The Church"

Catholic Inquiry Program
Wednesdays at 7:30 PM
March 10, 17, 24 and 31

Church of Saint William

1351 Main Street, Rte. 38, Tewksbury + 508/851-7331

SCOTT J. CONSAUL

Tewksbury School Committee



The Issues

- * Will seek a quick resolution to the teacher contract negotiations
- * Opposes teacher layoffs
- * Supports proposed curriculum changes
- * Believes School Committee should work with other elected officials to ensure that Tewksbury receives fair share of local aid
- * Will put the students' interests first

Signed:

Dan Emerson
John Orzechowski
Patricia Flynn
Patrick Kelley
Karen Celata
Atty Joseph Impemba
Ronald Consaul

John Synan, Sr.
Mary Nichols
Christopher Jarek
Bill Nadeau
Atty. Paul D. Lambert
June Kelley

Debbie (Consaul) Palumbo
Lisa Celata
Joan Ryan Pinto
Kellie Flynn
Darlene Consaul
Linda Kelley-Consaul, R.N.

Political advertisement paid for by Committee to Elect Scott Consaul, 1268 Main Street, Tewksbury; 851-4446

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DEPRESSION

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The Depression Workshop meets

Tuesday - Lowell - 7 PM

Wednesday - Tewksbury - 10 AM

Thursday - Billerica - 7 PM

For more information call Shirley at (508) 858-0272
Donations Accepted

Wilmington senior topics

Weather

Did any of us think after the terrible weather we had to accept last summer that the winter would be beautiful? How wrong we were! Up until last Saturday we had already been dumped upon in the neighborhood of 50-60 inches of snow. Then along came Saturday 13, 1993 bringing with it another 12-15 inches. Again a few days later, another 3-4 inches. Enough is enough. We have shoveled between 70 and 80 inches of snow this winter, but don't get depressed, a week from Thursday will be the first of April, summer will soon be here.

Thanks, WPD

We thank the police department for helping us during the Saturday storm. With so many of our seniors

living alone who are ill or in advanced age, we worry they may feel isolated when weather problems arise. The names of these seniors we have in our files I gave to the police department. They were all checked by Bobby Stewart's officers.

Updated list

We are putting together an updated list of seniors who live alone, with spouse or with another family member, who, due to age, disability or prolonged illnesses are unable to join in activities at the Senior Center. We therefore may have no contact with them. It is our hope to contact all of our residents 60 years of age or older. Especially those living alone and may need our help. We have many programs that can be taken into you if you are

confined to your home most of the time. To mention a few, a home delivered meal Monday through Friday; respite care services; special holiday dinners and volunteer visits or telephone calls upon request. If you are a new homebound senior, we would not know it unless your name comes to us from a friend, family member or social worker.

It would help us in our work to include all our seniors in the above category on our listing. Please call us at 658-2258 or 657-7595.

Easter dinner

Our Easter catered dinner delivered, donated to us through the generosity of Analog Devices Corp. will be held April 7. Gifts made by the craft class will be given with the dinner. One hundred seniors will be selected from our list of shut-ins. If we have never sent you a dinner call us, so that we can include you in this delivery.

Community spouse

It is unfortunate that many married couples who face the need for nursing home, today remain unaware of the protection available to the community spouse. Before 1988 the spouse remaining in the community was left without resources to take care of his/her basic needs. Congress in 1988 passed a law that provides the community spouse with two allowances. The first is called the "community spouse resource allowance" which allows the community spouse to keep a certain amount of assets. The second is called a "monthly maintenance needs allowance" this allows a certain amount of income to be kept. Both of these options can be taken and still have the spouse in the nursing home covered under Medicaid after he/she spends down their share of assets. For instance, the assets of both are divided in half. The community spouse can keep

their half as long as it does not exceed a certain amount. In 1993 that amount is \$70,740. If the total is less than \$14,148 the community spouse could keep all the assets if it can be shown at the hearing of the Department of Public Welfare that the income derived would increase the community spouse's monthly income to the minimum monthly maintenance needs allowance.

That is reached by the Welfare Department by taking the community spouse's monthly income and his/her housing cost. If when calculated it is found they are living below \$1149 a month, he/she is entitled to receive some of the nursing home spouse's income, which would otherwise be spent for the cost of care in the home. It is important for married couples to understand their rights when one has to be placed in a nursing home.

More information

For more information on this law please call the Senior Citizens Law Project Cambridge/Somerville Legal Services 1-617-494-1800.

Social April 22

The therapeutic social for April will be a day social. This is to allow seniors unable to attend an evening social a chance to socialize with other seniors. It will be held Thursday April 22. We will take a bus trip to Worcester. We will go to the Marriott for a luncheon of either chicken or fish, vegetable, salad, and apple pie.

After lunch we will go to the Foothills Theater where we will attend the very hilarious performance of the "Nunsense." Sign up for this social will be Monday, March 29 from 9:30 a.m. A non-refundable deposit of \$8 will be required when signing up. Due to the buses there will be a cutoff date.

Dr. Casey

Dr. Casey, podiatrist will be at the Senior Center Wednesday, March 31. Please call for an appointment.



'Sno fun

Wednesday's storm dropped about ten inches of heavy, wet snow on Wilmington, enough to present a problem for many motorists. Harriet Hassler's car needed a push from Kent Pillsbury.

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Wilmington police news

During the week ending March 23, Wilmington police officers responded to 25 alarms, made 10 arrests, assisted other departments on five occasions and investigated a burglary.

Six incidents of disorderly conduct were checked out, three domestic disturbances were quieted, two persons were reported missing, medical assistance was rendered on two occasions and there were three animal related complaints.

There were eight non-criminal complaints, four public services were performed, a restraining

order was issued and two threat complaints were logged.

Eleven traffic accidents were investigated, six traffic services were performed, three incidents of vandalism are still under investigation, two vehicles were recovered and alert neighbors reported six incidents of suspicious activity.

Arrests

Tuesday night Detectives Tom Miller and Mike Celata arrested John D. King of South Boston following an investigation into the break-in at Solecra Corp. on Industrial Way in which several expensive computers were stolen.

King was charged with receiving stolen property, being an accessory after the fact and compounding a felony. He was held overnight to appear in Woburn District Court for arraignment.

At 1:30 a.m. Wednesday officers David Sugrue and Paul Chalifour arrested Colin Tyler, 24 of Dorothy Avenue while on patrol on Middlesex Avenue. Tyler was charged with operating under the influence of liquor, then released on bail. His drivers license will be suspended upon his court arraignment after failing the breathalyzer exam with a reading of .12.

Later on Wednesday morning Officer Joe Harris, while on traffic enforcement on Glen Road stopped and arrested Joan Tardif, 32 of King Street. Ms. Tardif was charged with operating after suspension of her drivers license, as well as a warrant issued by Burlington police. She was taken directly to Woburn Court.

At 12:45 p.m. Wednesday a Chelsea man was arrested by officers Jim White and Mike Begonis after the officers investigated the stripping of parts from a car parked near Boomers Billiard building. Frisly A. Mancio, 26 was charged with breaking and entry in a motor vehicle, larceny of parts, and malicious damage to personal property. He was taken to Woburn District Court for arraignment in the afternoon.

Thursday morning Officer Paul Chalifour arrested Evan Dewire, 22, of Dadant Drive after the officer responded to a disturbance complaint. Dewire was charged

with assault and battery then held for his appearance in Woburn District Court.

Sgt. Mark Jepson, while off duty Friday evening arrested Timothy Flaherty, 26, of Mystic Avenue on the basis of a North Reading warrant. Flaherty was additionally charged with assault and battery on a police officer after he resisted arrest. A fight ensued inside Elia's Country Store before Flaherty could be subdued.

Early Saturday Officer Paul Jepson and Louis Martignetti arrested a Dracut man while on patrol on Route 93. Keith Culver, was charged with operating under the influence, second offense along with marked line violations. He was bailed for Monday at Woburn Court.

Late Sunday night Ronald Martinez of Billerica was arrested by Officer John Bossi. Martinez was charged with operating after suspension of his drivers license, third offense and defective equipment. He was held overnight to appear in Woburn District Court. A computer check revealed two default warrants issued by Billerica police.

Janis Scalzo of Burlington was arrested by Sgt. Neville and charged with operating after suspension of her license and having a revoked registration.



Linda Covino, GRI



Signe Peterson, GRI



Cathy Lawson, GRI



Joan Unger, CRS



Gary Chinchillo



Patsy Chinchillo, GRI



Dana Singleton



Kathi Donato, GRI, CRP



Janice Wright



Bill Perkins, PE



Donna Sullivan



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Wilmington sports

Haynes brings old-time hoop tradition on the road



Vet ready
to roll

Veteran basketball entertainer Marques Haynes will be in Wilmington April 1 to entertain the local basketball faithful.

Magicians to play teachers

The World Famous Magicians Basketball team, led by the world's greatest dribbler and ballhandler, Marques Haynes, will be making an appearance at the Wilmington High School gym Thursday, April 1 at 7 p.m. This exhibition game against the WHS teachers will be one of over 200 appearances the Magicians will be making on their 39th anniversary tour.

So, basketball fans in the Merrimack Valley area will be able to find out first hand why the Magicians have become one of the finest entertainment groups in the world and why Marques Haynes is still considered the best performer in the history of the game.

Those who have interviewed Haynes mark him down as one of the finest gentlemen that they have come across in the history of the game and in sports. As a player-coach and director of the Magicians, Marques is fulfilling

another era in his life long dream of spreading happiness and goodwill throughout the universe by means of supplying entertaining basketball.

The Magicians team is very similar to the teams of yesteryear when the game was played strictly for the entertainment of themselves and the fans.

Captain Valentino Willis will be among other top notch Magicians players performing alongside Haynes on the court. Captain Willis, known as the "Clown Prince of Basketball," is in his 13th season with the Magicians.

The Magicians appearance is being sponsored by WHS Varsity Club, so come out and give the teams your support while being royally entertained by Marques Haynes, Captain Valentino and the rest of the Magicians.

The dictionary is filled with terms used to describe athletes whose abilities far surpass those of their peers and contemporaries, but, there are probably no words left to describe Marques Haynes, however, who is still going strong in a basketball career that has spanned some seven decades.

As player-coach of the Magicians, an ensemble of competitive athletic performance, Haynes is currently fulfilling another phase in his life long dream to spread happiness throughout the world by means of entertaining basketball. Past incarnations, though, have proven just as rewarding.

Acknowledged as the sport's premier ball-handler and dribbler, Marques has performed before royalty, popes, presidents, kings, politicians and countless basketball fans in such far flung locales as Kenya, England, Zimbabwe, Japan, Hong Kong, Egypt and on more occasions than he can remember, the United States, Canada, Mexico and Puerto Rico.

And through it all he has remained the consummate showman, the ultimate performer and, in a world of ever changing ideals, a man of consummate values.

"I have played for 46 years going on 47 years, professionally," says Haynes, with a marked touch of pride in his voice. "I've played in the 1930's, 40's, 50's, 60's, 70's, 80's, and the 90's...over 13,000 games, including 365 games once, I have experienced things, while in the game of basketball, some players never will. I think I have seen, practically every change that has been made since Naismith invented the game."

Since graduating from Langston University in Langston, Oklahoma, this Magician has probably accomplished a feat that few, if any, athletes in any sport can boast, and, not being one to reveal his age, observers can only judge from his spry, youthful and energetically athletic appearance, that this Magician of the roundball has been hatched from never-never land, where the young at heart remain young in the body and spirit forever.

"People ask me how I can play so many games for as long as I have," says the native of Sand Springs, Oklahoma and alumnus of Langston University. "I do it because I enjoy not only what I do, but meeting people along the way, as well. My richness is people. The friendships, I have acquired over the years mean more to me than any amount of money."

"With the Magicians, I am still playing and still meeting people. That's a big part of what we Magicians do. You meet people and you accept them. You learn how to get along with others."

"We have a team like the teams of yesteryear in more ways than one. We have players who take pride in the things they do. It's necessary to have that, but we also have players who understand what the game is all about. They know-how to be entertainers and good ball players

and the know-how to combine the two.

Last season, the team's 38th under the guiding hands of Haynes, the

schedule encompassed 192 shows during a period of seven and a half months throughout the United States.

This year's tour, officially known as the Marques Haynes' Magicians World Tour 1992-93, will play in many parts of the world during a seven month period.

Magicians' comic relief

Willis takes his act to the basketball court

When it comes to comedy basketball, Valentino Willis will rate as high, if not higher, than anyone else who has ever participated in the game, especially when it comes to making people laugh. It's not that Val doesn't exude his own brand of beauty, it's just that when it comes to cracking the laugh meter, he has few, if any peers.

"There's nothing wrong with people laughing and having fun," says the 6'4" comedian. "When the audience is happy, I'm happy. If I could sum up my goals in basketball with the Magicians, it would be to keep entertaining people throughout the world for as long as possible."

Although each member of the team plays many roles, Willis first and foremost emerges as the group's self professed comic, going through perpetual motion routines as he entertains kids and adults alike, breaking up his own teammates.

Even his jersey number 6 7/8 reflects his offbeat style. But, all beneath the laughs and comedy, Valentino is a true professional basketball player, a statement that he feels holds true for the entire team.

"I think we're all players first," he says, displaying the charismatic manner that has made him a popular figure on the basketball courts around the globe.

"The Show is just a part of our play," notes Willis. It's incorporated into the game. We go out on to the court every night to entertain, but every player on the team is a fine athlete in his own way. I honestly believe that we can compete on any level of play."

In fact, two of the highlights of his career were games against ex-Boston Celtic players. Although ex-Celts Dave Cowens and John Havlicek pumped in double figures for their teams in the first game, the Magicians won the game by a score of 106-104. In the second game, Kevin Stacom and Ernie "D" both scored in the high double figures, but the Magicians went on to win in an overtime match in Danvers.

There have also been times when the Magicians' opposition has asked to play two quarters of straight basketball against them to simulate, in effect, an N.B.A. style contest.

"We said okay a few times, although we don't like to because we feel it's unfair to the kids and adults who paid to see the entertainment we put on," recalls Valentino. "But when we did agree, after the first few minutes we would be leading by 20 or 30 points and the other team would say, 'okay,' enough already."

The Alumnus of Norfolk State University in Virginia is now in his 21st season of professional basketball. That's a lot of comedy to put on, especially, when you are playing an average of 250 or more games a year. However, this unique

style goes back all the way to the playgrounds of Jersey City, New Jersey, where he grew up.

In particular, he developed a pass that would go around the back of the man defending him and into the hands of a waiting teammate. "The

first time I made that pass and was successful, I even surprised myself a bit, not to mention the fellow who was guarding me. I just started to laugh." The rest, as they say, is history.



Class
clown

Valentino Willis enjoys his role as hoop clown with the Fabulous Magicians who will be coming to Wilmington High School April 1 to perform for area fans.

Wilmington Little League Baseball/Softball Registration

*April 3rd, Rotary Park, 11 a.m.-1 p.m.,
Fee, \$35 each / \$60 per family

*Children who will be 8 but not 16 years old by July 31, 1993 are eligible
*Birth certificates required

For more information please call
Bob Surran, 658-5989 or Bob Gage, 658-3026.

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Volleyball games

More than 100 teams will play volleyball in the Century 21/Easter Seal Volleyball Games March 26, 27, and 28 at Reading Memorial High School. The games are co-sponsored by WLVT-TV56.

The 13 Wilmington teams already signed-up for the games are CMG Information Services, Dynamics Research, Ametek, Lab Tech, Edwards High Vacuum, Off Tech, ADS, Bull & Finch Enterprises and Analog Devices.

All teams receive trophies and a chance to win a host of prizes from Red Sox tickets to Converse athletic shoes. Proceeds from the games fund Easter Seal services for people with disabilities.

There's still time to sign-up, according to Easter Seal representative Anna M. Schofield. Team registrations will be accepted until game day at the Easter Seal office, 617-482-3375.

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Wilmington Recreation Basketball

Iowa nips Indiana, 22-20

Big 10

Iowa 22 Indiana 20

Top scorers for Iowa were Matt Coyne with seven, Brian Mather with four and Eric Hiltz with four.

Top scorers for Indiana were Chris Butler with seven, Dan Keating with six and Ryan Moroney with two.

Robert Wagg, Patrick Sullivan and Darren Arciero played an important role in the victory for Iowa.

Chris Ramsdell, Chris Butler and Sean Cannon had several assists for Indiana.

Ohio State 30 Purdue 29

Top scorers for Ohio State were Joe Grasso with 16, Ralph Patterson with seven and John Delaney with four.

Top scorers for Purdue were Dan Sweet with 14, Tim Riley with 13 and Matt Jones with two.

Joe Grasso hit a jump shot at the buzzer to win this thriller for Ohio State.

Adam Birmingham and Joe and Matt Gillis played aggressive defense for Ohio State.

Eric Collins, Steve Hanson and Doug Marsoobian had several assists for Purdue.

Michigan 23 Minnesota 16

Top scorers for Michigan were Anthony Siroca with 12, Shaun Neville with five and Chris Maglio with four.

Top scorers for Minnesota were Derek McLaren with seven, Chris Cassidy with three and Mike Mahoney with three.

Dave Leccese, Mike Halas and Greg Monteiro played an all-around great game for Michigan.

Adam Fournier, Mike Fournier and Jeff Conner played great defense for Minnesota.

Wisconsin 30 MSU 23

Top scorers for Wisconsin were Gian Carlo Romagnoli with 14, Mike Wilcox with 12 and Sean Quigley with two.

Top scorers for MSU were Martin Tildsley with 13, Matt Sensei with four and Ryan Tildsley with two.

Jason Tildsley, Andy Myers and Rich Selig played an inspired game for MSU.

Jim Roarke, Mike Heffernan and Patrick Heffernan played an important role in the victory for Wisconsin.

Illinois 43 Northwestern 38

Top scorers for Illinois were Brendon Mallon with eight, Keith Parker with eight and Martin DeAngelo with six.

Top scorers for Northwestern were Eric Swieczinski with 13, Brian LeBlanc with six and Kevin Forgett with eight.

Patrick Cocinutta, Doug Burns and Jason Thresher played great defense for Illinois.

Mark Boudreau, Mike Carr and Brian Long played an inspired game for Northwestern.

NBA

Lakers 58 Spurs 24

Top scorers for the Lakers were Paul Bruno with 23, Tim Finn with 10 and Keith Audette with five.

Top scorers for the Spurs were Phil Bates with eight, Steve Holland with eight and Scott Ferguson with five.

Dan King, Tom Perrault and Jeff Driscoll played an inspired game for the Lakers.

Jim LaCasse, Mike Ciara and Kevin Kacamburas pulled down key rebounds for the Spurs.

Magic 54 Celtics 47

Top scorers for the Magic were Dave Hawley with 15, Greg Peters with 11 and Keith Inzenga with eight.

Top scorers for the Celtics were

Sean Crowley with 14, Jay Ianachinno with 13 and Jeremy Antonik with 11.

Kevin Tildsley, Joe Alonardo and Mike Lacordia played an important role in the victory for the Magic.

Keith McLaren and Joe Gronemeyer had several assists for the Celtics.

Pistons 60 Heat 37

Top scorers for the Pistons were Mark Trinchera with 42, Chris Gill with eight and Wes Dunham with six.

Top scorers for the Heat were Ryan Rappoli with 13, Rob Eldridge with 10 and Richie Barden with five.

Greg Griffin, Scott Griffin and Matt Hardy played an inspired game for the Pistons.

Doug Ross, Pat Rufo and Pat Mallon scored key hoops for the Heat.

Pac 10

UCLA 33 Washington 31

Top scorers for UCLA were Renee Sbrano with 21, Karen Hardy with six and Kristen Bruce with four.

Top scorers for Washington were Lisa Timulty with 19, Cathlin Wright with eight and Jamie Paquin with five.

Cheryl Lee, Jessica Collins and Katie Gillis hustled on defense for UCLA.

Kelly Barden, Jennifer Audette and Tarryn Daisy played an important role in the victory for Washington.

Stanford 42 Oregon 26

Top scorers for Stanford were Karen MacArthur with 22, Melissa Mather with 10 and Kerry Scifo with eight.

Top scorers for Oregon were Heather Scott with five, Allison Giordano with four and Kristen Flynn with two.

Kristen Peach had several assists for Stanford. Sarah Powers played an important role in the victory for Stanford.

Rebecca Toto played an inspired game for Oregon. Kristen Donovan played great defense for Oregon.

Southeast Conference

Florida State 15 LSU 13

Top scorers for Florida State were Lindsey Bruno with 10, Megan Cahill with two and Kristen O'Toole with two.

Top scorers for LSU were Colleen

Cahill with four, Karen Medeiros with four and Kristen Konieczka with three.

Jessica Garbati, Meredith McKenna and Katelyn Thomas played an important role in the victory for Florida State.

Caitlyn Bransfield, Kristen Kacamburas and Amanda Gustin pushed the ball up the court for LSU.

Georgia 18 Alabama 13

Top scorers for Georgia were Alicia Paquin with 10, Alicia Longo with six and Emily Gorman with two.

Top scorers for Alabama were Courtney Gilligan with seven, Jaclyn Ingram with four and Julie Cronin with two.

Danielle Clery, Danielle Spry and Krista Wolfe pulled down key rebounds for Georgia.

Michaela Rufo, Rebecca Rufo and Lyndsey Borsei played an inspired game for Alabama.

Ivy League

Princeton 35 Penn 30

Top scorers for Princeton were Scott Fullerton with six, Craig McLaren with six and Thomas Leccese with six.

Top scorers for Penn were Paul Mahoney with 11, Casey Murphy with 10 and Greg Longo with four.

Matt Kacamburas, Jason Crescenzo and Paul Tentindo pulled down key rebounds for Princeton.

Joe Castronova, Joe Marsoobian and Ben DeGennaro played aggressive defense for Penn.

Cornell 24 Yale 23

Top scorers for Cornell were Scott Swieczynski with 10, Ryan Mallon with three and Todd Konieczka with three.

Top scorers for Yale were Pat O'Toole with five, Mike O'Toole with four, Mike Carroll with four and Mike LaVita with four.

Chris MacDonald, Rob Houle and Joe Whitefield led Cornell to an upset victory over Yale.

Buddy Phillis, Joe McHale and Brian Godin scored key hoops for Yale.

Columbia 43 Brown 35

Top scorers for Columbia were Mike MacDonald with 20, Jim Butler with seven and Tom Heigham with five.

Top scorers for Brown were Rory Ballou with 14, Jeff Arciero with 11 and Chris Graves with six.

Chris Burns, Sean McNabb and Brian Mason hit some key baskets for Columbia.

Brian Vasseur, Matt Meuse and Jamie Magaldi played an inspired game for Brown.

Dartmouth 64 Harvard 33

Top scorers for Dartmouth were Eric Mantey with 23, Chris Kilburn with 13 and Jeremy Rufo with eight and Jeff Riese with eight.

Top scorers for Harvard were Doug Bonarrigo with 13, Brian Thresher with eight and Greg Moran with six.

Greg Dorothy, Rob Murphy and Erik Mehigan led the fully charged offense of Dartmouth to victory.

Ken Bamberg, Greg Anderson and Adam Vogel had several assists for Harvard.

Big East

St. John's 18 Seton Hall 6

Top scorers for St. John's were Scott Buck with six and Danny Alasco with six.

Top scorers for Seton Hall were Jared Constantino with four and Joey Ranno with two.

Chris Flynn, Pat Brassil and Ryan Thibodeau chipped in with key baskets for St. John's.

Mike Tocci, Rob Nagle, Andrew Holland and Danny Butler played an all-around great game for Seton Hall.

Pittsburgh 32 Providence 18

Top scorers for Pittsburgh were Joe Burns with 12, Jason Stark with 10 and Brian Roberts with four.

Top scorers for Providence were Dave Graves with six, Andy Graves with five and Mark Stewart with four.

Ryan Oatis, Chad Paquin and Steve Berry made some great steals for Pittsburgh.

Jason Youngclaus, Mike Parisi, Brad Shattuck and Dave Aronofsky hustled on defense for Providence.

Syracuse 11 Georgetown 4

Top scorers for Syracuse were Dave Rappoli with seven, Chris Catena with two and Andy Patalano with two.

Top scorer for Georgetown was Jacob Saad with four.

Sean Moroney, Mike Gable and Chris Styles dove for all the loose

Hoop (page 19)

Rec coming events

Easter egg hunt

Ron Swasey and the Easter Bunny. The annual Easter Egg hunt will be held Saturday, April 10 promptly at 2 p.m. at the Glen Road Recreation Area.

The Easter Bunny cordially invites all little Wilmington boys and girls ages seven and under to join in on this annual "treat."

There will be special prizes for the most "Easterly" decorated baskets. Raindate will be the next day (Easter Sunday). If conditions are still not acceptable, the following Saturday, April 17 will have to do.

The Easter Bunny invites volunteer helpers to call ahead. No registration is necessary.

Easter bunny coloring contest

Ginny Lemos. Boys and girls through grade two are eligible and it's free, too.

It's easy to enter. Just come to the Recreation Office weekdays from 8:30 a.m. to 4:30 p.m. and pick up your Easter Bunny outline and complete rules. This material is also available in your school offices.

Winners receive special Easter

prizes. Completed bunnies must be submitted for judging by Friday, April 2.

New York City

The shuttles to the Big Apple continue, as the luxury coach leaves the Swain School parking lot at 6:30 a.m. sharp on Saturday, May 1. Cost is \$40 round trip.

Take your thermos of coffee and we'll supply the donuts. "The Grand Ole Lady" in the harbor never looked better. Register any time.

Red Sox trip

Ron Swasey. See the Bosox in action at Fenway Park. We have tickets for the Sunday afternoon, May 2 game vs. the California Angels; the Tuesday evening, May 4 game vs the Seattle Mariners and the Wednesday evening, July 21 game vs the California Angels.

The best news is that the cost is still only \$8 for the ticket and bus. Register at the Rec Office anytime. These tickets will probably sell quickly, so don't delay.

Canoe clinic and rental

Wilderness Plus and Ron Swasey.

Ages 10 and up, free, Tuesday and Thursday, June 8 and 10, 6 to 8 p.m. at Town Beach, Silver Lake.

Learn nomenclature, strokes, safety and then practice newly acquired skills. This is an excellent sport for the entire family to learn. Call anytime to register. We have canoes at Silver Lake that we rent to the public. Rates are \$3 per hour; \$10 per day and \$15 per weekend.

Ladies fitness, p.m.

Mary Ann Murphy. Adults \$55, 7 to 8 p.m. Mon. and Wed. 12 weeks, March 22-June 16 at the Woburn Street School.

It's an excellent opportunity to initiate or continue a personal fitness program and have some fun doing it. Remember, summer is just around the corner. This low a impact course consisting of aerobics, muscle strengthening and coordinating.

No fitness class experience is necessary. No class on Monday, April 19 or May 31.

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Outdoors column

Get in on this turkey shoot

by Bill Conlon

Thursday, March 25, is the deadline to apply for a permit to hunt wild turkey in the spring. Hurry if you want to take part in this weird but fun pursuit.

A right odd sport is hunting wild turkey. In some parts of the U.S. it's as popular as deer hunting, but it involves a whole different set of rules, clothes and practices.

Wild turkey are on the upswing in Massachusetts. The big birds were virtually wiped out in New England by the turn of the century, due for the most part to overhunting.

The commonwealth tried a couple of schemes to reintroduce the birds, but with no success. Turkeys raised on a game farm simply didn't have the skills to survive in the wild.

But then, in the 70s, the state tried a different method. Using cannon-launched nets, biologists captured some birds in New York state and released them in the Berkshires.

And boy, did the turkeys like the Berkshires.

A few years after reintroducing the birds, state biologists were able to net in-state birds for introducing to other areas. This program is still underway, and eventually turkeys will be open for hunting state-wide.

For now, however, hunters must limit their activities to the western counties of Massachusetts. Check your synopsis for the rules.

Massachusetts now has plenty of wild turkeys strutting around, with record harvests becoming common occurrences.

First-time turkey hunters might be overwhelmed by the complexity of the game, but it's not difficult. If Igor the grunt is able to hunt turkey successfully, then it can't be too awful hard for Biff the computer programmer to score. It just takes a few new skills, and specialized gear but nothing too outrageous.

First come clothes. Wild turkeys are not colorblind, so camouflage is a absolute. Full cammies, face paint or a mask, a hat, gloves, even a camouflage sock over your shotgun or bow -- you'd better cover all of it or you're wasting your time.

You need to draw turkeys in to get a shot, (never stalk them by sound, ever) but the birds won't be coming in blind or stupid. One false sound, one glint of sunlight on steel and you've lost the game. They will walk or run if possible, but the big birds can fly for short distances. If they suspect something is wrong, be prepared for a early lunch, back at the truck, emptyhanded.

The next special piece of gear is a turkey call, and there are dozens on the market. Just learning the right way to use a call, whether a hen call or a tom gobble, should take up all your spare time between now and the season start in May.

In the spring, toms are seeking to build a harem of hens, and turkeys love to talk. Toms gobble, yelp and chirp -- all with meanings that we can only guess -- while hens purr and cluck in response.

And there are also calls for anger, such yelling at an intruding crow, for feeding, and so on. I suggest buying an audio tape, to learn how to use your turkey caller by ear. It's not easy. In fact, there are contests for turkey calling. It's an art. The saying "talk turkey" means to speak forthrightly, and turkey calling is all of that, and more.

With cammies and a caller, your job is to take up a good post in the right place, then gently make a call and pray for the right answer. Only the bearded toms are fair game, so calling hens is a waste of time. But a hen's cluck might draw a gobble's reply, and your job then is to tease him into range. Emphasis on tease. Talk too much and he's suspicious. Tease. Hint. And good luck.

But you might not need a caller! Jim Manley, son of the legendary Turkeyslayer James "Bub" Manley, is able to make turkey calls without help. He can "talk turkey" with just

his God-given equipment. I haven't yet had the pleasure of hearing this feat first-hand, but I've heard stories.

Turkey can be hunted with a bow and broadheads, or a shotgun of no larger than 10 gauge. But a turkey is a big bird, so you'll need heavy pellets to drop him. Some armors sell mixed-load shot-shells for wild turkey, mixing small pellets (for a big spread) with larger shot (for knock-down impact).

If you're seeing this on Thursday, you have until midnight to get the postmark on your application. You will find the application blank on the back of your hunting license, so hurry if you want to enjoy the odd spring sport of turkey hunting this year. And good luck!

--- Tackle Box ---

Tyngsboro Sportsmen's Club will be offering a free Basic Hunter Ed-

ucation course from 6:30 p.m. to 9 p.m. on Tuesdays and Thursdays starting April 13. It's open to the public, but you must pre-register. Call the state's Hunter Ed office at (508) 792-7434 for information.

A warning has been issued for the electric worm getters. This item is made of two metal rods that stick in the ground, then the worms boil up when you plug it in. Well, it seems this item may make you boil when you plug it in. It's not electrically safe, so destroy it if you own one.

The latest SWEAT Gazette says a river cleanup will be held April 17 (Earth Day, for those who neglect Mother the rest of the year), with work to be done in Andover. Call Ollie at 508-470-3808 to volunteer for this right worthy project, part of a 10-year cleanup program for the Shawsheen.



Parking lot practice

The Tewksbury High School varsity softball team, under the watch of coach Leo DiRocco, has taken to the high school parking lot despite the miserable weather.

Hoop (from page 18)

balls for Syracuse. Greg Bendel, Mike Hiltz and Joel Guzinski played great defense for Georgetown.

Villanova 19
Boston College 12

Top scorers for Villanova were Greg LeFave with 11, Craig Osgood with four and Sean Osgood with two.

Top scorers for Boston College were Kyle Hendricks with six, Chris McHale with four and Ricky Bottaro with two.

Chuck Osgood, Danny Ollila, Ryan Gaudet and Steve Gravalles led the charge on both ends of the court for Villanova.

Steve Crawford, Tim Robillard and Pat O'Shea played an all-around great game for Boston College.

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Mortgagee's Sale of Real Estate at Public Auction

Thursday-March 25, 1993, 2 p.m.
Tewksbury-20 Riverdale Ave.

Split entry style single family with addition said to con-
tain: living room, kitchen, 1 1/2 baths, 3 bedrooms, dining
room, and basement level family room plus deck and fenced lot
with driveway.

TERMS: \$5,000. cash, certified check, bank cashier's check
or other form acceptable to the said mortgagee at the time and
place of the sale with high bidder to sign Memorandum of Sale
upon acceptance of bid. Balance of the purchase price to be paid
by certified or bank cashier's check in or within 30 days from
date of sale and shall be deposited with and at the office of
Arthur L. Eno, Jr., 134 Middle St., Lowell, Mass., Attorney for
the Mortgagee. Other terms to be announced at the sale. Per
Order of Mortgagee.

DIRECTIONS: Route 38 (Main St.) to Shawsheen St. to
Bridge St. to Hillside Ave. to Riverdale Ave.



Holmes set for sectional competition

Sara Holmes, a fourth grade
student at the Woburn Street School
in Wilmington, has qualified
through local to the sectional
competition where she then
qualified for the Level Five State
Championships held in May.

Sara is a compulsory gymnast in
the U.S. Gymnastics Federation
program. The USGF is the
governing board for the sport
throughout the United States for
levels ranging one to 10 elite.

Sara has competed in many local
meets this season and has won
several first place ribbons and
medals on the uneven parallel bars,
floor and balance beam.

In three meets she has received
scores of 9.0 on the balance beam
where she excels on this difficult
piece of apparatus.

She has also won trophies for first
place all around scores which range
from 30.30 to 34.70.

Sara has also obtained the score
needed to move to level six for her
next competition season, but now
she is training hard for the Level
Five State Championship.

Sara is a team member at
Northeast Gymnastics Center in
Wilmington where she trains four
nights a week.



Next
step

Wilmington's Sara Holmes is set for the Level
Five gymnastics competition after her most recent
outstanding performance.

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TOWN OF WILMINGTON



INVITATION TO BID POLICE VEHICLES - 1993

The undersigned submits these bids as
an agreement to furnish and deliver any or
all of the following vehicles to be used by
the Police Department of the Town of
Wilmington, in strict accordance with the
minimum specifications stated herein and
in the Invitation to Bid.

Four (4) Sedans to be used as
Cruisers; 4 Marked Vehicles.

The "Invitation to Bid" is incorporated
into these agreements as follows: Sealed
bids for furnishing motor vehicles to the
Town of Wilmington will be received at
the Office of the Town Manager, Town
Hall, Wilmington, Massachusetts, until
Thursday, April 15, 1993 at 11:20 a.m.
where and when they will be publicly
opened and read. The Town of
Wilmington reserves the right to reject any
bid or all bids or any parts thereof deemed
not to be in the best interest of the Town of
Wilmington.

The Town of Wilmington is exempt
from all excise taxes and sales taxes;
exemption certificate will be issued by the
Town Accountant upon request. File
original bids with the Town Manager,
Town Hall, Wilmington, MA. Mark each
envelope: "Bid on Police Vehicles to be
opened on April 15, 1993 at 11:20 a.m."
Bidders must submit quotations for
furnishing motor vehicles as per
specifications with and without trade
where applicable and must indicate these
quotations on the enclosed form supplied
by the Town. Successful bidders may take
in trade on as "As Is Where Is Basis," at
the option of the Town, those vehicles
designated on the quotation sheet. All
specification check list sheets must be
completed and signed by bidder.

Any safety equipment or other
equipment made mandatory by the
Government and added to our
specifications shall be included in the bid

price, and the bid price will not be
increased after the bid opening as a result.
After our purchase order is written in
accordance with the terms of the bid
invitations and specifications and the
bidder's quotation (bid) and the bidder's
acceptance of our purchase order, the price
shall be protected and there will be no
additional cost to the Town of
Wilmington.

The bidder's quotation (bid), our
purchase order and acceptance of the
purchase order by the bidder, shall
constitute a contract.

One copy of the specifications and
quotation may be retained by you for your
records.

The cost of mounting all of the
equipment listed in the specifications is to
be included in the bid price. The roof
lights, sirens and radios on cruisers
presently in use are to be removed
undamaged and remain the property of the
Town of Wilmington. The roof lights,
sirens and radios are to be changed over at
the expense of the successful bidder. The
successful bidder must be able to provide
service and parts and must specify the
name of the firm and address where
service and parts are available.

No deviations from specifications will be
permitted without the written approval of
the Town Manager; the determination of
equivalencies in every case shall be
made by the Town of Wilmington.

It is the intent of this invitation and
specifications to provide complete, usable
motor vehicles as regularly supplied with
standard equipment, except as listed in the
detailed specifications. It is not the
intention of these specifications to specify
any particular make or unit or assemblies,
although names may be used for reference.

Bids shall be firm for a period of ninety
(90) days.

The delivery of vehicle can not be
accepted until after July 1, 1993.

All bid awards are subject to funds being
appropriated at the Annual Town Meeting,
April, 1993.

Please refer all questions to Mr. Robert
P. Palmer, Superintendent of the
Department of Public Works (658-4481).

Michael A. Cairn
Town Manager
M24

TOWN OF WILMINGTON



INVITATION TO BID

The undersigned submits these bids as
an agreement to furnish and deliver to the
Town of Wilmington the following motor
vehicles in strict accordance with the
minimum specifications stated herein and
in the Invitation to Bid:

Item 1A & 1B Department of
Public Works Two (2) Dump
Trucks 4 x 4

The "Invitation to Bid" is incorporated
into these agreements as follows: Sealed
bids for furnishing motor vehicles to the
Town of Wilmington will be received at
the Office of the Town Manager, Town
Hall, Wilmington, Massachusetts, until
Thursday, April 15, 1993 at 11:00 a.m.
where and when they will be publicly
opened and read. The Town of
Wilmington reserves the right to reject any
bid or all bids or any parts thereof deemed
not to be in the best interest of the Town of
Wilmington.

The Town of Wilmington is exempt
from all excise taxes and sales taxes;
exemption certificate will be issued by the
Town Accountant upon request. File
original bids with the Town Manager,
Town Hall, Wilmington, MA. Mark each
envelope: "Bid on Motor Vehicles to be
opened on April 15, 1993 at 11:00 a.m."
Bidders must submit quotations for
furnishing motor vehicles as per
specifications with and without trade
where applicable and must indicate these
quotations on the enclosed form supplied
by the Town. Successful bidders may take
in trade on as "As Is Where Is Basis," at
the option of the Town, those vehicles
designated on the quotation sheet. All
specification check list sheets (Pages 1 and
2) must be completed and signed by
bidder.

Any safety equipment or other
equipment made mandatory by the
Government and added to our

specifications shall be included in the bid
price, and the bid price will not be
increased after the bid opening as a result.
After our purchase order is written in
accordance with the terms of the bid
invitations and specifications and the
bidder's quotation (bid) and the bidder's
acceptance of our purchase order, the price
shall be protected and there will be no
additional cost to the Town of
Wilmington.

The bidder's quotation (bid), our
purchase order and acceptance of the
purchase order by the bidder, shall
constitute a contract.

One copy of the specifications and
quotation may be retained by you for your
records.

The cost of mounting all of the
equipment listed in the specifications is to
be included in the bid price. All lettering or
insignia on trade-in items will be removed.
Radios in the trade-in vehicles are to be
removed undamaged and will remain the
property of the Town of Wilmington. The
radios are to be changed over at the
expense of the successful bidder.

No deviations from specifications will be
permitted without the written approval of
the Town Manager; the determination of
equivalencies in every case shall be made
by the Town of Wilmington.

It is the intent of this invitation and
specifications to provide complete, usable
motor vehicles as regularly supplied with
standard equipment, except as listed in the
detailed specifications. It is not the
intention of these specifications to specify
any particular make or unit or assemblies,
although names may be used for reference.

Bids shall be firm for a period of ninety
(90) days.

All bid awards are subject to funds being
appropriated at the Annual Town Meeting,
April, 1993.

Please refer all questions to Mr. Robert
P. Palmer, Superintendent of the
Department of Public Works (658-4481).

Michael A. Cairn
Town Manager
M24

News pix for sale

Prints of photos that run
in the Town Crier, and
many more photos that
we take but never print,
are available for sale for
a minor fee.

Contact the Town Crier
at 658-2346 for details,
or come in and ask to see
our "contact sheets."

Wedding and engagement announcements

The Town Crier prints wedding,
engagements and birth an-
nouncements free of charge.
Weddings and engagements may
be accompanied by a photo. The
original photo may be black &
white or color and of any size.
Please submit your an-
nouncements to Town Crier, P.O.
Box 939, Wilmington, MA 01887
or bring them to 104 Lowell St.
(Rte 129) in Wilmington.

AUCTION

Mortgagee's Foreclosure Tewksbury

Thursday, April 8, 1993 @ 10:00 a.m. on the premises
820 Livingston Street

Building #2, Unit 10 • Trackside Condominium

General Specifications

- 2157 +/- Gross Floor Area
- Two Floors
- 18 Ft. + Stud Height
- Architectural Block Construction
- 1st Floor
- 18' x 12' Office Reception Area
- 2 Offices, 16' x 12' each
- Restroom, with Shower
- 24' x 28' High Bay Area

- 24' x 28' Open Bay Area, 18' + Stud Height
- At Grade Loading Dock, w/overhead Door
- On Site Parking for Automobiles & Trucks
- HVAC Mechanicals
- 2nd Floor
- 2 Partitioned Areas
- 24' x 12'
- 24' x 15'
- Restroom

Directions

From Route #495, take the Andover Street Exit (Rt. #133) West to North Street. Turn left and drive 2 1/4 miles to Livingston Street on your left. "Trackside" is approximately 1 3/4 miles on your right. From Route #93, take the Salem Street Exit in Wilmington west to Route #38, Main Street. Turn right, Livingston Street is 1 3/4 miles on right, turn right, drive 2 1/2 miles to "Trackside" on your left.

Favorable Financing Available

- No Points
- 90% Bank Financing to Qualified Buyer

- No Application Fees
- Preferential Interest Rate

Terms

Twenty five hundred (\$2,500.00) deposit by cash; certified check, or bank cashier's check at time of auction sale. Balance within thirty (30) days. Further terms, if any, will be announced at the sale. David I Cohen, Attorney for the Mortgagee, 76 Sanderson Ave., Suite 2, Lynn, MA, Middlesex North Registry of Deeds Book 3924, Page 129.



Paul A. Chisholm
DEVELOPMENT
P.O. Box 3300 • Greenwood, MA 01880
Telephone (617) 979-0141

churches

St. Elizabeth's Episcopal Chapel

Corner of Forest Street and Aldrich Road, Wilmington. The Rev. Elizabeth Carpenter, vicar. St. Elizabeth's Chapel is accessible to handicapped individuals.

All Sunday services at 10 a.m. First Sunday of each month is morning prayer. All other Sundays are Holy Eucharist. Nursery and Sunday School during the service.

Thurs., March 25: 9:30 to 11 a.m., parents with small children to meet at the chapel; noon, service of Holy Eucharist; 4 to 5:30 p.m., Bible study at the chapel; 7 p.m., Confirmation candidates to meet at the chapel; 7:30 p.m., Parish Life Night 1.

Sun., March 21: Lent 4, 7 to 9 a.m., Eucharistic Adoration; 10 a.m., service of Holy Eucharist. Sermon by the Rev. Elizabeth Carpenter; the Lenten Program will follow the worship service at 11:20 a.m. downstairs. The Women's Fellowship Group will meet at noon.

First Baptist Church of Tewksbury

1500 Andover St., Route 33, No. Tewksbury. The Rev. Richard Haley, pastor. 851-6575.

Sunday: Worship and Sunday School at 10 a.m., nursery care available.

Monday: 10 a.m., Adult Bible study.

Congregational Church in Tewksbury

East and Main Streets, the Rev. Paul Millin, pastor; 851-9411.

Sun., March 28: 10 a.m., Worship, Church School for 3 year olds through grade 12; nursery care provided; 11 a.m., Fellowship time after worship; 11:15 a.m., Cherub and Junior Choir; 11:30 a.m., Youth Handbell Choir; 6 p.m., Junior High Fellowship; 7:30 p.m., Senior High Fellowship, Interfaith Choir rehearsal.

Tues., March 30: 9 a.m., Friendship Circle, Room 8.

Wed., March 31: 7:30 p.m., Carillon ringers rehearsal.

Thurs., April 1: 7:30 p.m., Senior choir rehearsal.

Tewksbury United Methodist Church

Corner of Main and South Streets, Jerry Cook, pastor, 658-9551.

Sanctuary is wheelchair accessible.

Sunday, March 28: 9 a.m., Church School, adult class; 10 a.m., Worship service; 11 a.m., coffee hour, children's choir rehearsal; 1 p.m., baptism.

Mon., March 29: 7 p.m., Aerobics Class.

Tues., March 30: 6 p.m., TOPS (parlor).

Wednesday 31: 7:30 p.m., Adult choir rehearsal.

Fri., April 2: 8 p.m., Narcotics Anonymous.

Congregational Church in Wilmington

220 Middlesex Ave. 658-2264; parsonage 658-0473. Food pantry available, contact the church office.

Thurs., March 25: 6:15 a.m., Morning prayer, handbell choir; 7:30 p.m., Senior choir rehearsal, Wilmington Council of Churches meet at United Methodist; 8 p.m., N.A.

Wilmington First Baptist Church

173 Church St., Wilmington; 658-8584

Sun., March 28: 9:30 a.m., Sunday School for all ages, adult electives, nursery care provided; 10:45 a.m., Worship service, Junior Church for ages four through seven, nursery care.

Thurs., March 25: 7 p.m., Choir rehearsal; 7 p.m., Battalion for boys grades seven through 12.

Fri., March 26: 6:30 p.m., Pioneer Club, girls one through seven, Stockades, boys grades three through six.

Sat., March 27: 1 p.m., Al-Anon.

Wed., March 31: 7 p.m., prayer service, Shekinah, girls seven through 12 at ALCS, 17 Boutwell St.

For details and locations of each of these ministries call the church office Monday-Friday from 9 a.m. to 2 p.m. at 508-658-8584.

Sat., March 27: 8:15 a.m., Men's study.

Sun., March 28: 9:30 a.m., Sunday School for all ages; 9:45 a.m., Senior Choir rehearsal; 10:30 a.m., Worship service followed by coffee hour; 11:45 a.m., Junior Choir rehearsal.

Mon., March 29: 6 p.m., Cub Scout Den 6; 6:30 p.m., Twenty Something; 7 p.m., Nicotine Anonymous; 7:30 p.m., Women's Prayer and Praise.

Tues., March 30: 6 p.m., Handbell quintet; 7 p.m., Boy scout meeting; 7:30 p.m., Diaconate.

Wed., March 31: 10 a.m., Pastor's study; 7 p.m., Cub Scout Den 3.

Saint Williams

Conducted by the Oblate Fathers, 1268 Main St., Suite #161, Tewksbury. Rectory phone: 851-7331; Religious Education Center: 851-3471.

Mass schedule: Saturday 4 and 7 p.m.; Sunday, 7:30, 9 (up), 10:30 a.m., noon and 5 p.m.; weekdays at 9 a.m. and 5:30 p.m.; holy days (except Christmas and January 1); on the eve of holy days at 4 and 7 p.m.; holy days at 7, 9 a.m. and 5:15 and 7:30 p.m.; First Friday, 9 a.m., and 5:30.

Confessions: Saturdays and eve of holy days, 3 to 3:45 p.m.; anytime at the rectory; First Friday before each mass.

Wilmington United Methodist Church

The Rev. Michael Stotts, pastor, 658-8217; Bill Barclay, assistant pastor, 657-5224. Wilmington's United Methodist Church is accessible to handicapped individuals.

Sun., March 28: 8:15 a.m., Communion service; 9 a.m., Sunday School; 9:45 a.m., Chancel Choir rehearsal; 10:30 a.m., Family worship service and infant preschool care; 11:30 a.m., Children's choir; 3:30 p.m., Chime choir rehearsal, Junior MYF; 6 p.m., Sr. MYF; 8:30 p.m., Al-Anon.

Mon., March 29: 3 p.m., Brownies; 6:30 p.m., Cub Scouts.

Tues., March 30: 6:30 p.m., Girl Scouts; 7:30 p.m., Young single adults at Barclays; 8:30 p.m., Alcoholics Anonymous.

Wed., March 31: 10 a.m., Bible study; noon, Alcoholics Anonymous; 3:30 p.m., Confirmation class.

Thurs., April 1: 3:30 p.m., Brownies; 7 p.m., Board of Trustees; 7:30 p.m., Teachers Committee.

Fri., April 2: 7 to 9 p.m., Adult Confirmation class at parsonage; 7:30 p.m., Alcoholics Anonymous. **Sat., April 3:** Church yard cleanup.

Realtors install new officers

The Eastern Middlesex Association of Realtors installed its 1993 officers and board of directors at the 50th anniversary celebration of the association held recently.

The new officers are: President Robert M. Mailey, Vice President, Chris M. Barrett, GRI; Secretary Priscilla L. Missick, GRI, and Treasurer Stephen J. Collins, CRS, GRI. The board of directors includes Sandra L. Neimszyk, GRI, John P. Bulman, GRI, Beverlee A. Vidoli, Marv Gail Ranaldi, Sheila

M. DiLeo, Ainsley Donaldson, GRI, William P. Donohue, Stephen C. Chuha, CRS, GRI, and Jan Triglione, CRS, GRI.

The EMAR Officers and directors are representative of the many towns that are serviced by the Association. Realtors who are members of the EMAR promote high standards of conduct in the real estate profession and subscribe to a strict Code of Ethics as expressed by the National Association of Realtors.

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**MORTGAGEE'S SALE
OF REAL ESTATE**

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Chester C. Sullivan, Trustee of C&M Realty Trust to Somerset Savings Bank, dated June 2, 1987 and duly recorded with Middlesex County (Northern District) Registry of Deeds in Book 4085, Page 277, of which mortgage the undersigned Somerset Savings Bank is the present holder, for breach of the conditions contained in said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction on Thursday, the 8th day of April, 1993 at 10:00 A.M., at the mortgaged premises now known and numbered as Unit 10, Trackside Condominium, 820 Livingston Street, Tewksbury, Middlesex County, Massachusetts, more particularly described below, all and singular the premises described in said mortgage.

TO WIT:
The Unit known as Unit 10, Phase 2, Building 2 in the Trackside Condominium of Tewksbury, Middlesex County, Massachusetts, a condominium established by the Grantor pursuant to Massachusetts General Laws, Chapter 183A, by an Amended Master Deed dated September 4, 1986 and recorded in the Middlesex North District Registry of Deeds as Document No. 59976 on September 26, 1986.

The Unit is conveyed together with an appurtenant 8.3330 percent individual interest in the Common Areas and Facilities of the Condominium and the exclusive right and easement to use certain Common Areas and Facilities as set forth in the Master Deed.

Said Unit is to be used for commercial and business purposes as set forth in the Master Deed.

The Unit is conveyed also together with an appurtenant membership in the Trackside Condominium Association, as set forth in the Amended Master Deed.

The said premises are conveyed subject to and with the benefit of the following:

(a) The provisions of Massachusetts General Laws, Chapter 183A as the same may now or hereafter be amended;

(b) The Amended Master Deed and any amendments thereto;

(c) The Bylaws of the Trackside Condominium Association, any amendments to the same, and any rules and regulations adopted from time to time pursuant thereto, and all matters of record, stated or referred to in the Amended Master Deed, as completely as if each were fully set forth herein; and

(d) Further subject to real estate taxes attributable to said Unit for the current year are not now and payable.

The Unit referred to above is laid out as shown on the Unit Plan which is a copy of a portion of the plans filed with the Amended Master Deed and to which is affixed a verified statement in the form provided in Massachusetts General Laws, Chapter 183A, Section 9, and said Unit contains the area shown on said plan which is recorded at Book 3924, Page 131.

For Mortgages' Title see deed at Book 3924, Page 129.

There is also included in the sale all equipment and fixtures situated on the above described premises to the extent the same are part of the realty.

In the event of typographical errors in the publication of this notice, the description in the mortgage shall control.

Said premises will be sold subject to and/or with the benefit of any and all restrictions, easements, improvements, covenants, outstanding tax titles, municipal or other public taxes, water bills, municipal liens and assessments, existing encumbrances liens or claims in the nature of liens, now existing or

hereafter arising, having priority over the mortgage, if any there be.

Said premises will also be sold subject to all leases and tenancies having priority over said mortgage, to tenancies or occupations by persons on the premises now or at the time of the said auction which tenancies or occupations are subject to said mortgage, to rights or claims in personal property installed by tenants or former tenants now located on the premises, and also to all laws and ordinances including, but not limited to, all building and zoning laws and ordinances.

Said premises will also be sold subject to the provisions of Chapter 183A of the Massachusetts General Laws and the terms and conditions of the Unit Deed to the Mortgage.

No representations, express or implied, are made with respect to any matter concerning the premises which will be sold "as is."

TERMS OF SALE:
The amount of TWO THOUSAND FIVE HUNDRED DOLLARS (\$2,500.00) shall be required to be paid to the mortgagee in cash, by certified check or by cashier's check by the purchaser at the time and place of the auction sale as a deposit on the full purchase price and a memorandum of sale shall be executed thereupon by the successful bidder. The auction shall not be closed until the successful bidder has made the deposit and executed the memorandum of sale.

The deposit of the successful bidder shall be fully accounted for at the time the balance of the purchase price is paid. The balance of the purchase price shall be paid upon delivery of the deed in cash, by certified check or by bank cashier's check by the purchaser within thirty (30) days from the date of the Sale at 10:00 o'clock a.m. at the office of David I. Cohen, Esquire, Attorney for the Mortgage, 76 Sanderson Ave., Suite 2, Lynn, Massachusetts.

In the event the successful bidder fails to fulfill the agreements herein or in the relevant memorandum of sale contained, or fails to pay the purchase price at the appointed time and place, the deposit shall be forfeited and become the property of the Mortgagee without recourse to the bidder and if said event occurs the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder, providing that the second highest bidder shall deposit with the mortgagee, the amount of the required deposit as set forth herein, within three (3) business days after written notice of default of the previous high bidder, title shall be conveyed to the second highest bidder within thirty (30) days.

The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone an adjourned sale date by public proclamation at the time and date appointed for the adjourned sale.

The purchaser will be responsible for all closing costs, state documentary stamps and recording fees.

ALL BIDDERS WILL BE REQUIRED TO DISPLAY TO THE AUCTIONEER THE LISTED DEPOSIT IN ORDER TO QUALIFY TO BID.

OTHER TERMS TO BE ANNOUNCED AT THE SALE.

SOMERSET SAVINGS BANK
Present Holder of said Mortgage
By its attorney,
David I. Cohen, Esquire
76 Sanderson Avenue, Suite 2
Lynn, MA 01902-1937
M10,17,24 (617) 581-1170

TOWN OF WILMINGTON**PLANNING BOARD
PUBLIC HEARING**

In accordance with the provisions of M.G.L. Chapter 41, Section 81-T and 81-U, the Planning Board will hold a public hearing on Tuesday, April 6, 1993 at 7:45 p.m. in the Auditorium, Town Hall, 121 Glen Road, Wilmington, MA on the application of Northeastern Development, 20 Middlesex Avenue, Wilmington, MA 01887 concerning the Definitive Subdivision Plan entitled: "Cherokee Estates," Dated November 24, 1992, Scale: 1"=100', Engineer/Land Surveyor: Erich Nitzsche, Robert E. Anderson, Inc., 178 Park Street, P.O. Box 177, North Reading, MA 01864, located on Federal Street and shown as Assessor's Map 85, Parcel 7C. The proposed subdivision contains 10 lots.

A copy of the plan is on file at the Planning and Conservation Department and may be inspected during the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

Richard A. Longo, Chair
Wilmington Planning Board
M17,24

**COMMONWEALTH OF
MASSACHUSETTS
LAND COURT
DEPARTMENT OF
THE TRIAL COURT**

(SEAL) Case No. 190426
To Thomas J. Belanger and to all persons entitled to the benefit of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended:

Source One Mortgage Services Corporation f/k/a Fireman's Fund Mortgage Corporation claiming to be the holder of a mortgage covering real property in Tewksbury known as Unit No. 142, Building 25, Phase 2, Carter Green II Condominium, 142 Patrick Road, given by Thomas J. Belanger to The Boston Five Cents Savings Bank FSB, dated April 30, 1987, recorded with Middlesex County (Northern District) Registry of Deeds, Book 4033, Page 154, now held by Plaintiff by Assignment, has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 19th day of April 1993, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, ROBERT V. CAUCHON, Chief Justice of said Court this 5th day of March 1993.

Charles W. Trombly, Jr.
Recorder
M24

**LEGAL NOTICE OF
MORTGAGEE'S SALE
OF REAL ESTATE**

1689 Main Street,
Tewksbury, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by James E. Broderick, Richard J. Broderick, Jr., Madge M. Broderick and Melody Ann Haven to First Bank dated April 15, 1988 and recorded in the Middlesex County (Northern District) Registry of Deeds at Book 4472, Page 216, of which mortgage the undersigned is the present holder, for the breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 10:00 a.m. on the 14th day of April, 1993, at or upon the premises more particularly described below, being all and singular the premises described in said mortgage, to wit:

A parcel of land together with the buildings thereon in said Tewksbury and being situated on the southwesterly side of Main Street and the southeasterly and northwesterly sides of Hinckley Road and shown as Lot 17 on a plan entitled, "Subdivision of Land in Tewksbury, Mass., for R. Irving Munro; January 12, 1951; which plan is recorded with Middlesex North District Registry of Deeds, Plan Book 81, Plan 39, bounded and described as follows:

NORTHEASTERLY by said Main Street, 81.18 feet;

EASTERLY by the intersection of said Main Street and said Hinckley Road, 34.56 feet;

SOUTHEASTERLY by said Hinckley Road by two courses, 106.04 feet and 14.17 feet;

SOUTHWESTERLY by Lot 18 on said plan, 130.00 feet;

NORTHWESTERLY by said Hinckley Road, 99.59 feet; and

NORTHERLY by the intersection of said Hinckley Road and said Main Street, 27.16 feet;

Containing 16,200 square feet of land, be said contents or any or all of said measurements more or less and however otherwise said premises may be measured, bounded and described.

Being the same premises conveyed to us by deed of Charles R. Sarkisian and Renee F. Sarkisian dated August 27, 1984 and recorded with Middlesex North District Registry of Deeds at Book 2833, Page 296.

The premises will be sold subject to and with the benefit of all rights, restrictions, easements, improvements, outstanding tax titles, municipal or other public taxes, assessments, betterments, liens or claims in the nature of liens and existing encumbrances of record created prior to the mortgage, or entitled to precedence over the mortgage, if any there be, insofar as the same are still in force and applicable to the premises. Specifically and without limitation the premises will be sold subject to and with the benefit of (a) variance recorded with said Registry at Book 2900, Page 189; and (b) the Internal Revenue Service right of redemption by virtue of those certain Federal Tax Liens recorded with said Registry at Book 5522, Page 253; Book 5677, Page 001; and Book 5684, Page 83.

TERMS OF THE SALE
TEN THOUSAND AND 00/100 DOLLARS (\$10,000.00) cash, bank draft or other form acceptable to the said mortgagee, to be paid at the time and place of the sale; high bidder to sign mortgagee's purchase and sale agreement upon acceptance of bid; balance of the purchase price to be paid in cash or current funds in or within twenty-one (21) days from date of sale at the offices of ATTORNEY ANN MARIE ROARK, 229 Billerica Road, Chelmsford, Massachusetts 01824, attorney for mortgagee. Other terms to be announced at the sale.

SHAWMUT BANK, N.A.
One Federal Street
Boston, MA 02211
Present Holder of Mortgage,
By its attorney
Attorney AnnMarie Roark
229 Billerica Rd.,
Chelmsford, MA 01824
(508) 256-4167
M17,24,31

**MORTGAGEE'S NOTICE OF
SALE OF REAL ESTATE**

Premises: 8 Anthony Road,
Tewksbury, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Jeanette Friedman to First Eastern Mortgage Corporation dated December 8, 1989 and recorded with Middlesex County (Northern District) Registry of Deeds in Book 5092, Page 177, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 1:00 P.M., on the 16th day of April, A.D., 1993, upon the mortgaged premises, 8 Anthony Road, Tewksbury, Massachusetts, as described below, all and singular the premises described in said mortgage, to wit:

A certain parcel of land with the buildings hereon situated in Tewksbury, and being Lot 33 on a plan entitled "Section II, Capehart Colony, Tewksbury, Massachusetts, owner A.J. Tambone, December 16, 1954," which plan is recorded with North District of Middlesex Registry of Deeds, Plan Book 85, Plan 153, bounded and described as follows:

SOUTHERLY by Anthony Road, 100 feet;

WESTERLY by Lot 32 on said plan, 100 feet;

NORTHERLY by lot 46 on said plan, 100 feet; and

EASTERLY by Lot 34 on said plan, 100 feet.

Containing 10,000 square feet.
TERMS OF SALE: Said premises will be sold and conveyed subject to all outstanding municipal or other public taxes, tax titles, assessments, liens or claims in the nature of liens, rights of tenants and parties in possession, and existing encumbrances of record, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND DOLLARS and NO/100 (\$5,000.00) must be paid by certified, bank, treasurer's or cashier's check at the time and place of the sale by the purchaser as a deposit. The balance of the purchase price is to be paid in cash, or by certified check, bank cashier's check or bank treasurer's check within 30 days thereafter at the Law Offices of Shapiro & Kreisman, 492 Old Connecticut Path, Framingham, MA 01701 (508) 872-0221.

Other terms to be announced at the sale.
Land Court Case Number 185938.

**THE NATIONAL STATE BANK,
PRESENT HOLDER OF
SAID MORTGAGE**
M17,24,31

**MORTGAGEE'S SALE
OF REAL ESTATE**

By virtue and in execution of the power of sale contained in a certain mortgage given by Robert A. Christian of 1555 Main Street, Tewksbury, MA, which said mortgage is dated April 29, 1988, recorded with Middlesex County (Northern District) Registry of Deeds, Book 4491, Page 197 of which the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at public auction upon the mortgaged premises described in said mortgage on April 9, 1993, at 1:00 o'clock P.M., all and the singular premises described in said mortgage:

the land with the buildings thereon situated in Tewksbury, Middlesex County, Massachusetts, bounded and described as follows:

NORTHEASTERLY: by Main Street, on two lines measuring fifty and 53/100 (50.53) feet, and fifty (50) feet, each respectively;

SOUTHEASTERLY: by Lot 100, as shown on a plan hereinafter mentioned, one hundred seventy-two (172) feet;

SOUTHERLY: by Lot 85, as shown on a plan, sixteen feet (16) feet more or less; and

NORTHWESTERLY: by land of Donovan, as shown on said plan, one hundred ninety-one (191) feet;

Containing 10,092 square feet of land, more or less, according to said plan, and being shown as Lot 86 on a plan entitled, "Subdivision Plan of Campbell Village #1, Tewksbury, Massachusetts, dated January 17, 1956, by S. Albert Kaufman, Engineer, recorded with Middlesex North District Registry of Deeds in Plan Book 87, as Plan No. 63.

Intending to convey and hereby conveying all and the same premises conveyed to me and my late wife, Joan M. Christian by deed of William F. Campbell, Jr. and Florence E. Campbell by deed dated October 20, 1956 and recorded with said Registry at Book 1354, Page 189, My said wife deceased on June 17, 1985. See M-792 recorded with said Registry.

Said premises will be sold subject to all unpaid taxes, outstanding tax titles, water bills, existing encumbrances, municipal liens or assessments, and all other claims in the nature of liens, now existing or hereafter arising having priority over the mortgage, if any. The premises are also subject to the right of redemption of the United States of America, if any there be.

Terms of Sale: Five Thousand Dollars (\$5,000.00) Dollars will be required to be paid in cash or certified check by the purchaser at the time and place of sale as a deposit on the full purchase price and a memorandum of sale shall be executed thereupon by said successful bidder. The Auction shall not close until the successful bidder has made the deposit and executed the memorandum of sale.

The deposit of the successful bidder shall be fully accounted for at the time the balance of the purchase price is paid. The balance of said purchase price under any memorandum of sale shall be paid within twenty-eight (28) days from the date of the Public Auction at 10:00 o'clock a.m. at the office of Attorney Mary C. Connell, Connell & Connell 40 Church Street, Lowell, MA 01852, unless otherwise agreed in writing. The Mortgagee's Deed subject as aforesaid, shall be delivered at the time the balance of the purchase price is paid.

Other terms, if any to be announced at the sale.

SILVA BROS. INVESTMENT INC.
Date: March 5, 1993 Present Holder of
M17,24,31 said Mortgage

LISTINGS WANTED

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at Closing

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Linda Covino

RE/MAX Hearthstone

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1991-92 - Top Producer
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This coupon good thru 3/31/93 * Certain Restrictions Apply

TOWN OF WILMINGTON**BOARD OF APPEALS
PUBLIC HEARING**

Case 32-93

A Public Hearing will be held at the Town Hall, 121 Glen Road, on April 13, 1993 at 7:00 p.m. on the application of Ruth Tkachuk, in care of R. Scarano, 1147 Main Street, Tewksbury, MA 01876 to acquire a variance from Standard Dimensional Regulations (Table II) Sec. 5.1 of the Wilmington Zoning Bylaws to allow the existing structure to remain less than five feet from the side yard, 12 feet from the street and 16 feet from the rear yard lot lines and the area to remain 4,047 square feet for property located at 124 Pond Street. Map 34 Parcel 137.

M24,31 Board of Appeals

**BOARD OF APPEALS
PUBLIC HEARING**

Case 33-93

A Public Hearing will be held at the Town Hall, 121 Glen Road, on April 13, 1993 at 7:00 p.m. on the application of John & Lorraine Waterman, 15 Mystic Avenue, Wilmington, MA 01887 to acquire a variance from Standard Dimensional Regulations (Table II) Sec. 5.2.5 of the Wilmington Zoning Bylaws to allow the existing structure to remain as situated on the lot and to allow the construction of an addition within the side yard setback for property located at 15 Mystic Avenue. Map 79 Parcel 39.

M24,31 Board of Appeals

**BOARD OF APPEALS
PUBLIC HEARING**

Case 34-93

A Public Hearing will be held at the Town Hall, 121 Glen Road, on April 13, 1993 at 7:00 p.m. on the application of Robert DePasquale, in care of R. Peterson, 314 Main Street, Wilmington, MA 01887 to acquire a Special Permit in accordance with Section 5.3.4 of the Wilmington Zoning Bylaws authorizing a hammerhead lot for property located at 9 Englewood Drive. Map 58 Parcel 13.

M24,31 Board of Appeals

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only
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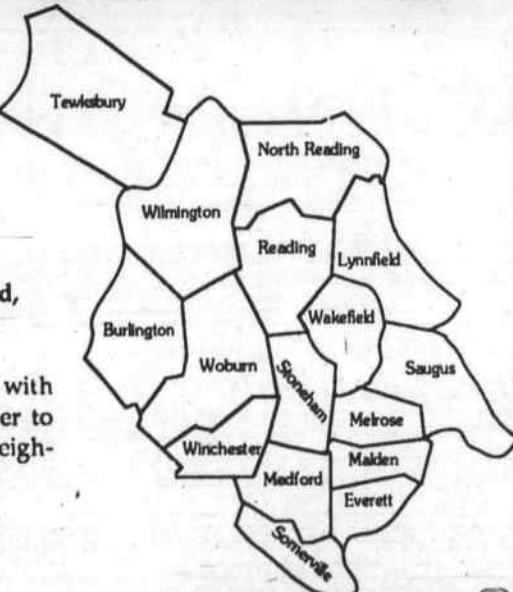
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P.O. BOX 460
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\$1.00 is applied to all
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The Final Alarm

The final alarm bell rang Monday night for veteran Tewksbury firefighter Richard "Dick" O'Neill, Jr., (L) who is retiring after protecting the town since November, 1969. O'Neill was given a plaque bearing the "Fireman's Prayer" by Lt. Bob Fowler, followed by a going-away cake with the guys in the firehouse.

FHA Financing vital to first time homebuyers

Home buyers using the Federal Housing Administration's (FHA) single family mortgage insurance program tend to be younger, less affluent and purchase lower priced homes than buyers using privately insured, conventional financing, according to the Eastern Middlesex Association of Realtors.

"FHA is vital to people trying to buy their first homes. Many users of this program don't fit the tougher qualifications imposed for privately insured mortgages," says President Robert Mailey. "FHA generally serves a different niche of the home buying market than private mortgage insurers."

The significant role FHA has in helping entry level buyers purchase homes is highlighted in a survey of 1992 mortgage lending activity recently released by the National Association of Realtors.

According to the survey, 67 percent of the buyers using the FHA program last year were people purchasing their first homes. In contrast, 56 percent of the borrowers using fixed-rate conventional financing were repeat buyers and 68 percent of those using adjustable rate conventional financing were trading up.

Approximately 2,000 Realtors nationwide were surveyed for the report, which covered financing of closed transactions.

"Although interest rates charged for the government and private mortgage programs are similar, the more lenient underwriting guidelines and lower down payment requirements of FHA make it more affordable than most conventional financing," says Mailey.

"FHA is an important financing tool. As Realtors, one of our goals is to keep the FHA program accessible and affordable," Mailey says.

NAR supported legislation enacted

last year to make the FHA program more accessible. One provision lifted a restriction imposed by the U.S. Department of Housing and Urban Development to limit the amount of closing costs that could be financed as part of an FHA-insured loan. This restriction had added hundreds of dollars to buyers' closing costs and was causing FHA to lose business.

FHA's mortgage insurance limit was also adjusted to more accurately reflect local housing costs. The legislation changed the limit to 95 percent of an area's median price, and raised the maximum from \$124,875 to \$151,725. This adjustment will allow FHA to be used more in high cost housing markets, Mailey explains.

The survey shows that the average sale price for homes purchased in 1992 with a fixed rate 30 year conventional loan was \$124,000 and the average loan amount was \$103,200. Buyers using one year adjustable rate mortgages paid an average of \$154,400 for their homes and financed an average of \$123,400. The median income of borrowers with fixed rate, 30 year mortgages was \$46,400; for borrowers of one year adjustable rate mortgages (ARMS), the median income was \$48,800. The median age of fixed rate conventional borrowers was 35 years; for ARM borrowers, it was 36.

The report also examines use of the home loan guaranty program provided by the Department of Veterans Affairs (DVA). Fifty-two percent of those using the DVA program in 1992 were first time buyers. The median income for DVA users was \$46,100, and the median age was 35.

Previously owned, single family homes dominated the purchase by all buyers last year, but they were

For all who have been waiting for the "right" time to make that big purchase and buy the house of their dreams, let it be known that the time to buy is now. The market has bottomed out and the so-called "buyer's market" that we have experienced over the past few years is grinding to a quick halt.

Recent statistics released by the Eastern Middlesex Multiple Listing Service clearly reinforce this fact. In 1990, the total sales in this area were 1459. This has increased at a steady rate with a total of 1731 transactions in 1991 and 2049 sales in 1992. January 1993 has been strong with 92 properties under agreement, up from only 66 in 1991.

And for homeowners, the news is good. In 1991, the average sales price was \$169,592. The market has experienced a steady increase and the average sales price is now at \$176,098. These figures are predicted only to increase as consumer confidence improves in the wake of an economic recovery in the Bay State.

So what are buyers and sellers advised to do? It is without question that now is the time to make your

move, whether you are a first time buyer or a present homeowner who has been waiting to "trade up." Buyer demand is strong and is expected to increase significantly as the year progresses.

Mortgage rates have been most favorable both before the November election and continue to be now. Surveys of local lenders, including banks and mortgage companies have found rates available as low as 4.25 for a one year adjustable note and 7.625 for a 30 year fixed. It has not been as affordable for many to buy in years, and statistics support the fact that "buyers" are really out there in the market buying property.

The Eastern Middlesex Association of Realtors is predicting one of the best seasons in years for both buyers and sellers. New listings for homes are selling briskly, and there still remains a slight shortage of inventory in certain price ranges. A heavy buyer demand and attractive financing packages in the "7s" will keep the pace brisk. So, without question, the time to buy is now, while it's still affordable to make that move and before that "buyer's market" is gone. Happy house-hunting.

Realtor course in Waltham

The Mass. Association of Realtors (MAR), will offer Course 301 of the Realtor Institute (GRI) program on April 13 and 14 at MAR headquarters, 256 Second Avenue, Waltham.

The two day course, which is open only to association members, consists of 15 hours of classroom instruction on the property appraisal process and use of financial real estate calculators. Specifically, students will learn legal and economic considerations of appraising; the basic steps of the sales comparison, income and cost approaches of appraisal; and how to compute appreciation and depreciation rates, balloon payments, and bi-weekly and quarterly payments. The comprehensive course curriculum is designed primarily for Realtors licensed for less than five years, however, recent revisions to the course content make the program ideal for experienced real estate professionals who wish to learn more about current issues and trends as well.

The GRI 301 course is one of six modules which comprise the 90 hour Realtor Institute program. Students may register for courses in any sequence, however individuals must complete the six module program and pass each course exam within a five year time frame in order to earn the nationally recognized Graduate, Realtor Institute (GRI) designation.

Tuition for the GRI 301 course is \$165 if registered by April 6 and \$175 after that date. For a course application or to register by credit card, contact the MAR Education Dept. at 617-890-3700.

avored most by FHA and DVA borrowers. Ninety-two percent of the FHA users and 91 percent of the DVA users purchased existing, detached homes.

More than half the homes included in the survey were purchased in the suburbs of major metropolitan areas. The homes in each financing category had an average of three bedrooms and two baths, but square footage for the homes and lot sizes vary. The median size of homes purchased with FHA financing was 1,300 square feet, and the median lot size was 8,700 square feet. The median size of homes purchased with conventional financing was 1,600 square feet, and the median lot size ranged between 10,600 square feet and 10,800 square feet. The median size for homes purchased with DVA financing was 1,700 square feet and the median lot size was 10,800 square feet.

The survey also included a section examining mortgage financing activity in the fall of 1992. It found that repeat buyers returned to the housing market with growing frequency throughout 1992, with the largest percentage entering last fall.

"Existing home owners taking advantage of increased affordability, moved up the housing ladder, trading up to more expensive homes. Loans made to repeat home buyers continued to increase over the year," Mailey says.

The Eastern Middlesex Association of Realtors is one of more than 1,800 local boards and associations that comprise the National Association of Realtors. As the nation's largest trade association, NAR is "The Voice for Real Estate," representing nearly 750,000 members involved in all aspects of the real estate industry.

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Call 658-6211

JEAN S. HARTKA

We can arrange a get together in your home for a brief visit.

Welcome Wagon
ENTER THE NEIGHBORHOOD TRADITION



ARE YOU PROTECTED?

by Edward H. Wilkens

BABY SITTING BUSINESS

QUESTION: In order to supplement my income, I have started a baby-sitting business in my home. Will my homeowners insurance cover any accidents associated with this business?



ANSWER: It is doubtful that your homeowner's coverage will extend to accident claim coverage arising from your baby-sitting enterprise. Your present policy is designed to protect you as a private citizen and not in a business situation.

Your best course of action would be to have a relatively inexpensive extension added to your policy under which negligence does not have to be proven to provide protection. Do it soon.

IF YOU RUN a babysitting business in your home, homeowner's insurance may not protect you.

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Insurance Agency

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Service Beyond the Policy

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REAL ESTATE SERVICES

ATTN: LANDLORDS

Do you have a house, apartment, duplex or condo for rent? Here at 5 reasons to let us help you rent your property.

1. Full time rental service.
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LAND FOR SALE

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One buildable lot, 6295 s.f., nice area. Near 128. \$63,200. Harvey R.E. (508) 658-4324.

WILMINGTON

one lot, builders acre, 40,000 sq. ft. Exc. location. \$85,000. Call (508) 657-7843. No Brokers 4/28

HOUSES/CONDOS

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2 bdrm. condo. Fully appliances. Exc. cond. \$69,900. Harvey R.E. (508) 658-4324.

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WILMINGTON

1 bdrm. apt. Very private, off street parking. \$600 incl. all utils. Call (508) 657-4395 3/31

WILMINGTON

Small 2rm. apt. with laundry. No smoking, no pets. \$475/mo. Realty World Forest Conant (508) 658-5010. If

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WILMINGTON

Small cottage. 4 rms. & bath. Near Silver Lake. \$575/mo. 1st, last & sec. req. Avail 4/1. (508) 657-7263. 3/24

WILMINGTON

3 bdrm. ranch in top area. \$1200/mo., fee. Realty World Forest Conant (508) 658-5010. If

ROOMS

WILMINGTON

Clean furnished room. Kitchen & bath priv. \$75/wk. incl. all utils. Non-smoker. (508) 658-5716. 3/31

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SEASONAL

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ANN CONLIN

is also a multi-million-dollar producer, a knowledgeable can-do professional with a deserved reputation for responsive client service: "Every client I serve, seller and buyer alike, gets my very best effort because I realize I am responsible for helping them negotiate the biggest transaction of their lives, and they are counting on my advice and support to be successful."

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NEW CONSTRUCTION

TEWKSBURY



IMPRESSIVE!
This new Hip Roof Colonial is located in an established sub-division, in a top area of town. Eight rooms, four bedrooms, 2.5 baths, two-car attached garage

\$234,900

WILMINGTON

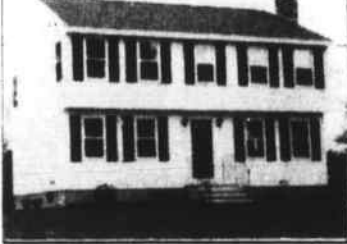


23'x34' SPLIT GAMBREL
New Home to be built with both levels completed, located on new dead end street. Six rooms, three bedrooms, 1.5 baths, front/back living room & master, wooded lot.

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TEWKSBURY

SAMPLE PHOTO



ACRE PLUS LOT!
New 24' x 34' Garrison located on level acre plus lot with excellent highway access. Large country oak kitchen, open floor plan, three bedrooms, 1.5 baths & more!

\$162,900

WILMINGTON



EARLY SPRING OCCUPANCY!
Great new 46' Hip Roof Split Entry situated on 1/2 acre wooded lot, with two car garage under. Generous allowances, 6 panel pine doors, oak kitchen. Call to view.

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TEWKSBURY

SAMPLE PHOTO



OFFICE EXCLUSIVES!
New 24' x 34' Garrison located on level acre plus lot with excellent highway access. Large country oak kitchen, open floor plan, three bedrooms, 1.5 baths & more!

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SHAWSHEEN COMMONS - WILMINGTON

"AVON"



A One-Story Home with three bedrooms, eat-in kitchen with pantry, dining room, living room, one bath, full basement. Excellent expansion potential.

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A Split-Entry Home, 24'x44', with three bedrooms, hollywd bath, fireplaced living room, dining room, eat-in kitchen, great floor plan, FHW/gas heat & more.

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Triplex design offering three floorplans, Ranch Style with two bedrooms; Two Story Style with two or three bedrooms, 1.5 baths, full basement.

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Two Story Duplex Units w/ either two or three bedrooms, 1.5 baths, eat-in kitchen, dining area, living room, full basement, FHW/gas heat, cedar siding.

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Walk to Town Beach

Super location! This 1/2 brick Split Entry boasts three bdrms, fireplaced fam rm w/wet bar, private office, all large rooms, 2 car att garage, move-in condition

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Six plus room Ranch located on corner lot in excellent area of town. Three bedrooms, hardwood floors, three-season heated porch, inground gunite pool.

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WILMINGTON

Beautiful Wooded Lot

Eight room Ranch offering three/four bedrooms, two full baths, large eat-in kitchen loaded with cabinets, formal living room w/ hardwood flrs, finished basement.

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TEWKSBURY

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This young Garrison, located in family area, has level fenced yard. Oak eat-in kitchen, large fireplaced living room, huge master, central air, family room.

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Oversized Colonial

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One-of-a-kind Contemporary, 2x6 construction, genuine redwood deck, master suite s/jacuzzi, formal living rm, white brick fireplace, entertainment room w/wet bar.

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WILMINGTON

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Five room Cape with attached breezeway and garage, located on 1/2 acre wooded lot with great highway access. low maintenance vinyl siding, unfinished 2nd level.

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WILMINGTON

Original Charm

Seven room Colonial has it all! Large rooms, glass-enclosed wrap-around porch, three fireplaces, new septic system, inground pool, partially finished lower level.

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Older Colonial located on acre plus lot with six rooms, three bedrooms, closed-in porch, hardwood floors. Great for first-time home buyers. Some TLC needed.

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Income Potential

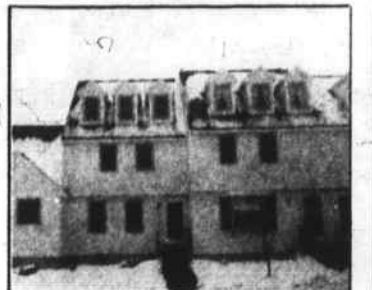
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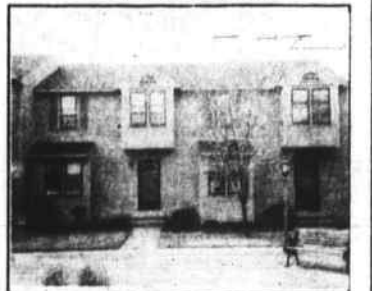
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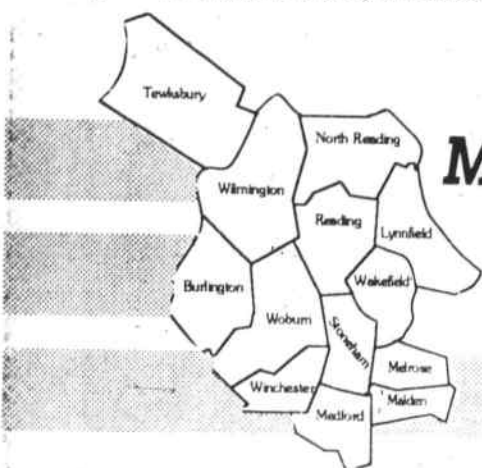


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A former minister helps out

Books on wheels

By KEN MAGUIRE

His white Chevy Nova hatchback is all gassed up and Eugene Adams is ready to hit the road. With a stack of books in one hand and a map of Medford in the other, his journey begins.

Reverend Eugene Adams volunteers his free time, now that he's retired, to many community services, one being the Medford Public Library Home Delivery program. Rev. Adams brings books to people who are physically unable to get themselves to the library. The service is not uncommon. Libraries in most communities offer similar services.

What is different, however, is Rev. Adams himself. Look up "community service" in the dictionary, and there will be a picture of Eugene Adams, smiling of course, because he is happy to meet just about anyone, strangers included.

The man's entire life has been a series of community service activities, not because he feels he owes anyone, but because he feels it's part of his makeup, he was born and bred that way.

That is why Rev. Adams sees his latest civic duty, as a book delivery person, to be much more than what it appears on the surface. Since many of the book recipients are elderly, like himself, Adams understands their needs and problems.

"The elderly don't want to feel as though they have been put on a shelf," Adams said in a recent interview. "They want to feel like they're part of the community. They're thinking hasn't stopped just because they might be confined."

Adams said just the fact that they call looking for the books indicates the elderly remain mentally aware. "This is proof that they are active and they want to know what's going on in the world."

Juggling his busy schedule with other civic activities, Adams is technically "on-call" with the library. He said when he makes his deliveries, he is serving as a link to the community. However, he quietly moves on if one particular person chooses not to get into a conversation.

"I don't push them," Adams said. "I just enjoy doing this. If they want to talk, they will. Anything that brings them out-

side themselves is great. I'm invigorated in seeing people trying to meet the problems of our generation and being alert."

A major problem of his generation, said Adams, is loneliness. He said the books are not just bound sheets of paper with printed words, but trustworthy companions to keep someone company.

The books can be a friend, said Adams, and he enjoys being the provider of that friend. He said sometimes the people just want to talk, to pass the time of day. Other times they want the books because they serve as a connection to the world.

"I don't know what interest the book holds for them, but it's stimulating to be that bridge," Adams said. "My priority is to fulfill the delivery of the books to and from the library, and everything else is a bonus. It can be kind of fun."

Being a provider for the
Books S-4

Woodchips
ANTHONY MANCONI

Some clergymen and women include the following in the marriage ceremonies, "Remember, the marriage vows. They are through sickness and in health, for better or worse and through football, baseball, basketball and hockey seasons, too!"

Many newlyweds argue about buying a shingled house, or one

with clapboard or vinyl siding. It's unfortunate that some end up getting "Stucco!"...Kathy and I visited the Museum of Fine Arts in Boston. I stopped to admire a painting of a naked woman covered only with a few leaves. After 20 minutes Kathy found me standing there, still admiring the beautiful painting. She grabbed my arm and shouted, "Well, Fatso, what are you waiting for, Autumn, when all the leaves will fall?"

There was a separate exhibit of so called Modern Art paintings. Some of them looked like they were hung upside down. Anyway, Kathy let her feelings be known saying at almost every picture, "Stupid, gruesome, awful, horrible!" An attendant asked her, "Madam, what is the problem?" She turned and shouted, "Do you call this picture art?" The attendant smiled

Woodchips S-21



REV. EUGENE ADAMS heads out to deliver some books to elderly people who are unable to get to the Medford Public Library. "Community service" is Rev. Adams' middle name. He has spent most of his life working for others. (Don Young photo)

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Winchester Hospital births

MR. AND MRS. FRANK CATAPANO (Teresa Borges) of Woburn announce the birth of their son, Frank Anthony, on March 9, 1993. Grandparent honors are extended to Mr. and Mrs. F. Catapano of Las Vegas, Nevada and Mr. and Mrs. A. Borges of Lisbon, Portugal.

MR. AND MRS. RICHARD PAUL GARIEPY (Ruth

Lafayette) of Woburn announce the birth of their daughter, Nicole Ann, on March 7, 1993.

MR. AND MRS. SHAWN LEARY (Amy Cudmore) of Middleton announce the birth of their son, Joshua Glenn, on March 4, 1993. Grandparent honors are extended to Mrs. Jane Cudmore of Woburn and Mrs. Jacqueline Leary of Middleton.

Great grandmother is Mrs. Georgianna Boucher of Salem.

MR. AND MRS. JOHN A. MANGANO, III (Sharon McCormick) of Winchester announce the birth of their daughter, Samantha Ann, on March 6, 1993. She joins her brother, Matthew, at home. Grandparent honors are extended to Mr. and Mrs. John McCormack of Woburn and Mr. and Mrs. John A. Mangano, Jr. of Winchester. Great grandmother is Edith McHugh of Woburn.

MR. AND MRS. JAMES R. RAE, JR. (Diane Galarneau) of Winchester announce the birth of their son, Stephen William, on March 10, 1993. Grandparent honors are extended to Mr. and Mrs. James R. Rae, Sr. of Winchester and Mr. and Mrs. William A. Galarneau, Jr. of Arlington.

MR. AND MRS. MICHAEL J. ROTONDI (Sheryl L. Pasquale) of Stoneham announce the birth of their daughter, Karli Rose, on March 8, 1993. She joins her brother, Michael, at home. Grandparent honors are extended to Mr. and Mrs. A. Joseph Rotondi of Winchester (formerly of Andover) and Mr. Lawrence N. Pasquale of West Palm Beach, Florida (formerly of Winchester).

MR. AND MRS. EDWARD D. SANTORO (Kelli Lynch) of Billerica announce the birth of their son, Nicholas Edward, on March 4, 1993. Grandparent honors are extended to Mr. and Mrs. Tom Lynch of Burlington and

Mr. and Mrs. Dominic Santoro of Billerica. Great grandparents are Mrs. Loretto Lynch of Burlington and Edward O'Brien of Chelmsford.

MR. AND MRS. RICHARD C. SCHELLENBACH (Beverly Lathigee) of Billerica announce the birth of their son, Craig James, on March 4, 1993. Grandparent honors are extended to Mr. and Mrs. James T. Lathigee of Woburn and Mrs. Maria Schellenbach of Reading.

MR. AND MRS. MARC THERRIEN (Kathy Kinsella) of Reading announce the birth of their daughter, Elizabeth Anna, on March 10, 1993. Grandparent honors are extended to Mr. and Mrs. Robert Kinsella of Minoa, New York and Mr. and Mrs. Conrad Therrien of Chicopee.

MR. AND MRS. KEVIN MURPHY (Linda Wilkins) of North Reading announce the birth of their daughter, Claire Elinor, on March 9, 1993. She joins her brother, Neil, 19 months, at home. Grandparent honors are extended to Mr. and Mrs. Joseph Murphy of North Reading and Mr. and Mrs. Richard Rawson of Quincy. Great grandmother is Mrs. Marjorie Johnson of Quincy.

MR. AND MRS. THOMAS HEALY (Michelle Fiorillo) of Reading announce the birth of their son, Christian Thomas, on March 11, 1993. Grandparent honors are extended to Mr. and Mrs. Michael Fiorillo of Stoneham and Mrs. Edward Healy of Middletown, Rhode Island.

Out of Town births

KAREN and JOHN CELONA of North Reading announce the birth of their daughter, Kerryanne Frances, on March 3, 1993 at North Shore Birth Center. Grandparent honors are extended to Mr. and Mrs. Herbert Wright of Beverly and Mrs. Catherine Celona of Woburn.

honor are extended to Charles and Mary McGinn and John and Elizabeth O'Brien, all of Reading.

MR. AND MRS. ROBERT J. BRUGMAN (Priscilla Gelinas) of Reading announce the birth of their daughter, Sarah Marie, on March 5, 1993 at Beth Israel Hospital. She will join her brother, Joshua Thomas, 5, at home. Grandparent honors are extended to Mr. Joseph Brugman of Dennis and Mr. Henry L. Gelinas of Plaistow, New Hampshire.

MR. AND MRS. SEAN O'BRIEN (Sheila McGinn) of Derry, New Hampshire announce the birth of their son, Thomas Michael, on February 16, 1993 at Parkland Medical Center in Derry. Grandparent

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- _____ Act your way out of a paper bag
- _____ Recognize an adverb clause
- _____ Play a Bach prelude

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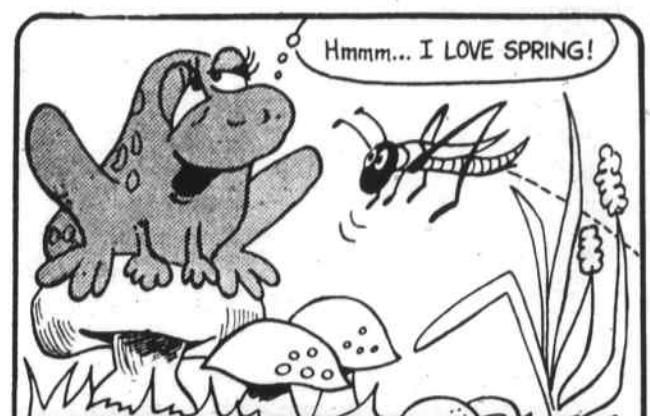
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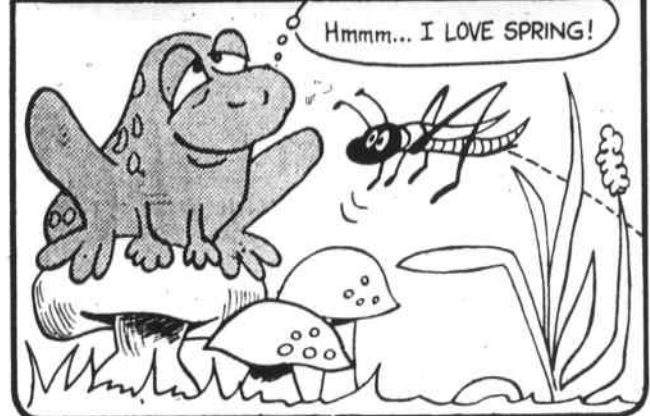


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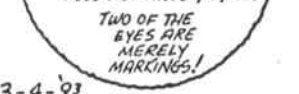
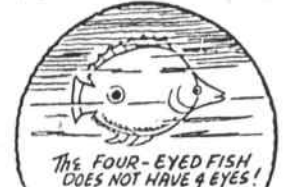
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by Kern



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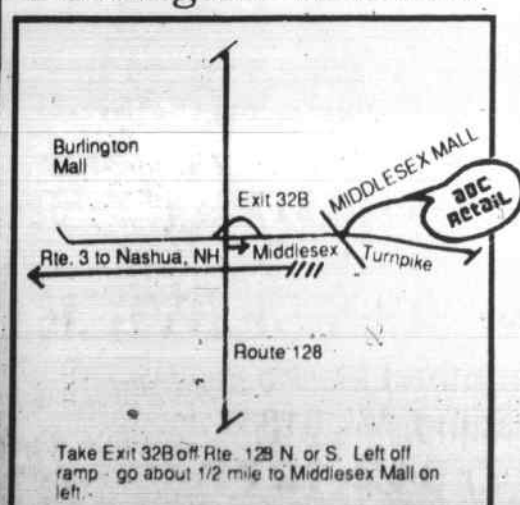
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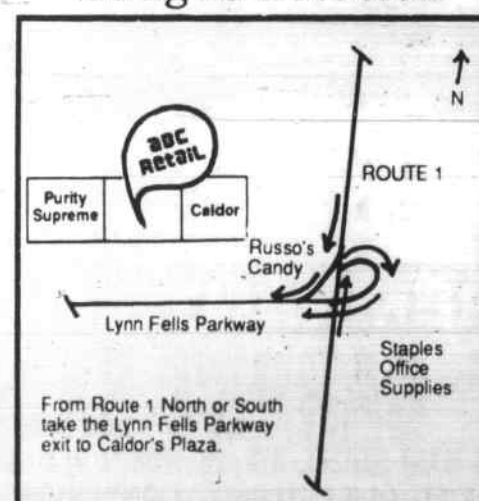
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Saugus Location



Books on wheels

From s-1
elderly is just one of the many ways Adams enriches his community. Today, his connection with his church, the Unitarian Universalist, is that of "Minister Emeritus." He is a longtime member of many organizations.

Adams has been a member of the National Advancement of Colored People (NAACP) for 20 years and is involved with the Medford Clergy Association, Medford Human Rights Commission, Medford Fair Housing Committee, Jobs with Peace, and many more.

People so civic minded are not made, they are born. Adams is one of these people, part of a rare breed. Caring less for himself and more for his community is unheard of in these days of material possessions. He said it's just been his way of life.

Born in Boston in 1917, Adams was raised from a young age by foster parents after his biological mother and father died from Tuberculosis. Unselfishness becomes mandatory in such difficult circumstances. He was forced to grow up quickly, and to develop a set

of values that he's kept for his entire life.

Adams recalled one example of how he sacrificed himself for the benefit of his family. When he was about eight-years-old, he took a job herding cattle from one farm to another in New Hampshire. Each morning, he awoke at 5:30 a.m. and herded the cattle two miles.

For his effort, he was paid 10 cents per day and two bottles of milk. Naturally, said Adams, it all went to his family.

"You might call it community spirit," Adams said. "I do it because it comes out of my background, my youth, and my friends who have helped me. My life is motivated by these types of things."

"It's just the way I'm built. It isn't a matter of paying back, it's the way I feel people should live. They should be cooperative and helpful to each other," Adams continued.

Adams attended Tufts University, where he financed his education through scholarships and by working various public service jobs. He fought his way through his first year at school, literally. As a professional boxer, this people-loving person used his fists to get what he needed.

"My last bout was in the Boston Garden," Adams recalled. "I was mopped around the ring. I had to earn money for school. Unfortunately, my manager got most of the money, but I could never prove it."

After studying theology for seven years, he took his degrees to New York City, where he began working for the YMCA.

His duty for the YMCA was to work with merchant seamen. "They spend a lot of time away from their families, if they even have families," Adams said. "What I attempted to do was give them a home away from home. The important thing was to keep in contact with them."

After the merchant seamen, Adams held a variety of other public service positions. In 1966, he was married to his wife, Caroline. They have two sons, Richard, and John. Adams said he worked hard to instill his values into his children.

However, he said it's almost impossible to teach someone to be caring and compassionate, which are two things that Adams feels are lacking by most people today.

"Care and compassion are the key words" Adams said. "It's something you can't teach people. Whether it be delivering books or working with the NAACP, I try to be caring and compassionate."

Although Adams feels that there is a general "lack of sharing, right across the board," he does not blame people, he blames society.

"The kind of world in which we live leads to personal aggressiveness," Adams noted. "It's not their fault, they are just react-

About the Towns

By PHYLLIS NISSEN

"About The Towns" covers recent events in the 13-town Middlesex East area. Because Middlesex East deadlines are early, please check the front sections of this paper for up-to-date information about your city or town. We also welcome original material - please send it to Phyllis Nissen, "About The Towns," Middlesex East Supplement, Box 240, Reading, MA 01867.

MEDFORD MAYOR HAS GOOD YEAR - According to Medford Mayor Michael McGlynn, the best news in 1992 was Medford's 100th anniversary celebration and parade that attracted more than 300,000 people and went off without a hitch; the worst news was the racial unrest at Medford High.

On McGlynn's list of the more positive aspects of life in Medford are the city's saving millions of gallons of water per day by updating the water system; instituting a curbside recycling program; and increasing the effectiveness of public safety through the purchase of a whole new fleet of police cruisers and DPW trucks plus two new ladder trucks and a pumper for the Fire Department.

Approximately \$850,000 went into school repairs and all of the city's neighborhood schools were maintained. One of the city's parks has been accepted by the Mass. Municipal Association, receiving an award for programs and innovations - the Mass. Municipal Association award comes to Medford for the third straight "record" year.

ing normally to an abnormal situation."

The three critical factors leading to an "abnormal" world, said Adams, are war, racism and population. He said that if politicians cared more about people and less about "profit making," then the world would be a better place.

While he believes in helping others, Adams is not naive to personal needs. "You have to have a feeling for people but you also must have a sense of integrity for yourself. It's the story of my life."

Adams believes he has come full circle in his life. As a child, he worked for his family's survival. As a young man, he helped others help themselves. As a father, he raised a family, and in his twilight, he's providing the elderly with an avenue to keep abreast with the community.

"They (the elderly) are looking for something to complete their lives," Adams said. "That is probably the common denominator."

McGlynn sees 1993 as an opportunity to pull people together and to put "things in place that will work long term."

WAKEFIELD MIGHT SPEND \$10 MILLION - The Wakefield Board of Selectmen has approved a Town Hall Office Committee request to ask the people to support an article calling for up to \$10 million to fund a new public safety facility and town hall.

The question will be put to the people as part of a special town meeting during annual town meeting. Discussion will begin on May 13th.

After studying space problems for a year Chairman Joseph Bertrand and the Town Hall Office Committee have decided that building new facilities now will save taxpayers money in the future.

MELROSE ALDERMEN REAPPOINT SEVERAL CITIZENS - The Melrose Board of Aldermen has reappointed the following citizens to the following positions: Richard Wallace, to the Human Rights Commission; Stewart Fields and Henry Turner, to the Melrose Cable Commission; Eugene Murphy, to city parking clerk, for a one-year term; Barry Campbell, Linda Malonson, Paula Berg, to the Youth Commission; Rosemary McIntire, to public

library trustee; Charles MacDonald, to constable, for a three-year term; and Gerry Davidson, to director of civil defense.

STONEHAM TRAIL MAP UPDATED - The Stoneham Conservation Commission has made available a new updated trail map of Whip Hill Park on Perkins Street.

The map details the four nature trails which cross the upland and wetland habitats found in the park's more than 30 acres. It also highlights numerous birds, plants and wildflowers.

Karen Battels generously donated the graphic design work; and the maps are available free at the Stoneham town clerk's office, town hall, public library, and park's main building.

The Stoneham Conservation Commission encourages all residents to pick up the map and enjoy a beautiful natural resource.

WILMINGTON LOOKING FOR MR. GOOD GUY - Wilmington's Good Guy Committee is seeking nominations for Wilmington Good Guy 1993.

Residents should submit a letter nominating their choice and detailing the reasons why by April 2nd to the Good Guy Committee, Box 147, Wilmington, MA 01887.

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Calendar of Events

MINUTEMAN OFFERS

FREE MANICURES

Students enrolled in the Spring Manicure Licensing Course at Minuteman Tech in Lexington are offering free manicures to the public. Appointments are available between 6:30 and 8:30 p.m. Tuesdays and Thursdays through the beginning of May.

Those wishing to schedule an appointment may do so by calling Minuteman's Cosmetology Department (617) 861-6500, Ext. 238 between 8 a.m. and 2:30 p.m. weekdays.

PUBLIC SKATING HOURS CHANGE

The Sunday Public Skating Hours at the Ristuccia Expo Center located at 190 Main Street in Wilmington end April 11.

The new public hours begin April 30th and are 8:30 to 10 p.m.

DANCE TO BENEFIT KOREAN WAR MEMORIAL

The North Reading Veterans Memorial Committee will present a 50s Dance featuring the live band Tabasco Fiasco and DJ "Goldin Glenn" on Saturday, April 3, 8 p.m. to midnight at the Moose Lodge, North Street, North Reading to benefit Korean War Veterans.

Tickets are \$7 per person and are available at the door or by calling (508) 664-3510.

B'NAI B'RITH ANNUAL DINNER

The North Shore Council of B'nai B'rith announces its 1993 Annual President's Dinner to honor its lodge and unit presidents at the Towne Lyne Restaurant in Lynnfield on Wednesday, March 31, at 6:30 p.m.

Featured will be "Jewish Humor and What It Says About Jews" with Dr. Lawrence Lowenthal, New England Regional Director of the American Jewish Committee.

The 1993 North Shore Council Raffle Drawing will be held at the event.

Presidents of B'nai B'rith are invited gratis. Members and guests welcome at \$18 per person for a complete meal. Reservations are required.

For further information, contact B'nai B'rith at (617) 731-5290.

WORKING PARENTS GROUP SUPPORT

The Working Parents United support group at Melrose-Wakefield Hospital offers parents the opportunity to meet with other new parents, their babies and a childbirth education instructor. The program addresses the increasingly demanding task of juggling new baby, job, home life and day care.

The next Working Parents United will be held Friday, April 16, from 6 to 9 p.m. at the Franklin Family Education Center (formerly Franklin School), corner of Franklin and Main streets in Melrose. A picnic dinner is served and high chairs are provided.

All new parents are welcome to attend; they need not have delivered at Melrose-Wakefield Hospital. Registration is required and there is a \$10 fee per family. Interested individuals should call the MWH Childbirth Education Center at (617) 979-3408 or (617) 979-3515.

ACTIVITIES NETWORK HAS DINNER MEETING

The new Boston North

Chapter of the Activities' Network invites all single adults, 25 and up, to meet and dine informally on Thursday, April 8 and Thursday, April 22, at 7:30 p.m.

Please call Gina at (617) 397-9148 for restaurant location and information about the Activities' Network.

SUMMER READING CLINIC FOR CHILDREN

The Dr. Mary A. Bradley Summer Reading Clinic for youngsters in grades 1-9 will be held at Salem State College in a four-week program, Mondays through Thursdays, July 12 through August 5.

The clinic provides children having reading difficulties with the opportunity to improve their reading. Through this special course, experienced teachers in the Master's Program in Reading at Salem State College engage in closely supervised teaching. Each clinician will tutor two children in need of remediation in individual and group situations.

Classes will be held in the Sullivan Building, Salem State College, at the corner of Lafayette Street and Loring Avenue, from 8 to 10:30 a.m.

Only a limited number of openings are available. For details, contact Ms. Kathleen McIsaac, Graduate Office, Salem State College, (508) 741-6317.

YMCA HEALTHY KIDS DAY

Free fitness testing, incredible indoor games, climbing wall, gymnastics, preschool activities, face painting, snacks, raffle, karate demonstration and family swim are all part of the YMCA Healthy Kids Day.

It will be held on March 27 from 2:30 to 5:30 p.m. at the North Suburban Family YMCA, 137 Lexington St., Woburn, (617) 935-3270.

BOSTON UNIVERSITY PRESENTS CONCERT

Boston University's Marsh Chapel will present a joint con-

cert by the Marsh Chapel Choir, the Inner Strength Gospel Choir and the Boston University Choral Society on Friday, March 26 at 8 p.m. in the Chapel, 735 Commonwealth Avenue, Boston.

The concert is free and open to the public. For more information, please call (617) 353-3560.

SO WHERE IS SPRING?

The calendar shows that spring is here but "Where are the bright colors and the flowers and the Easter bunnies?" people ask.

Well, all sorts of bright and colorful items and Easter bunnies, too, can be found in Stoneham at the First Congregational Church's Annual Spring Craft Fair being held on Saturday, March 27, downstairs in the church located at the corner of Church and Central streets, just outside Stoneham Square.

There will be approximately 35 crafters on hand. Coffee, donuts and home baked goods will be ready at 9 a.m. and a luncheon will be served from 11:30 a.m. to 2 p.m.

For more information call Dianne at (617) 438-5179 or the church office at (617) 438-0097.

BREASTFEEDING AND WORKING MOTHERS

Working moms and their babies need not miss out on the nutritional benefits of breastfeeding. *Working and Breastfeeding*, a unique program designed for the working mom in the 90's, offers helpful advice on pumping, freezing and storing breast milk for when mom is at work.

Working and Breastfeeding, offered by Melrose-Wakefield Hospital, is conducted by a certified lactation counselor. The counselor will offer moms valuable nutritional tips, as well as tips for breastfeeding while continuing to work.

Working and Breastfeeding will be held on Monday, April 13, from 7:30 to 9:30 p.m. in the Perkins Lecture Hall at Melrose-Wakefield Hospital, 585 Lebanon St. in Melrose. Registration is

required and there is a \$10 fee per family. For more information or to register, please call the Childbirth Education Department at Melrose-Wakefield Hospital, (617) 979-3408 or (617) 979-3515.

MINUTEMAN SCHEDULED CAD PERSONAL INTEREST COURSES

Late March evening course offerings at Minuteman Tech in Lexington include Computer Aided Drafting and Yard Maintenance.

A beginner level Computer Aided Drafting course, using AutoCAD software, will meet on Mondays and Wednesdays from 6:15 to 9:15 p.m. for five weeks beginning on March 29. Tuition is \$350.

The Yard Maintenance for Homeowners course will meet on Wednesdays from 7 to 9:30 p.m. beginning on March 24. The course, taught by Steve Noble, a full time teacher in Minuteman's daytime horticulture program, will address such topics as turf, plants, trees, shrubs, fertilizers and soil conditions. Tuition is \$65.

Further information on these and other upcoming courses is available from Minuteman's Community Education Office, which may be reached at (617) 861-7150. Telephone registration is available with selected credit cards.

ANTARCTICA: ITS WILDLIFE AND ECOLOGY

Massachusetts Audubon Society President Dr. Gerard Bertrand will present a slide lecture on Antarctica's wildlife and ecology on Wednesday, March 31 at 7:30 p.m. at Massachusetts Audubon's Endicott Regional Center, 346 Grapevine Rd., Wenham. Whales, seals and penguins are the subject of this presentation, and Dr. Bertrand will discuss the ecology of Antarctica and the challenges facing us to ensure its preservation.

Pre-registration is required. Fee: \$7 (\$5/Massachusetts Audubon members). To register, call Massachusetts Audubon Society at (508) 887-9264.

WEDNESDAY/THURSDAY, MARCH 24, 25, 1993-PAGE S-5

LIVING WITH LOSS

AND DISAPPOINTMENTS

Loss and disappointments and the ways to cope with them continue to be a major concern for American society.

The impact of a loss or a disappointment can be profound, especially since the process of recovery usually spans over several months or years.

According to Joan Douglas, M.S.W., a psychotherapist in private practice in Chelmsford, groups are often the treatment of choice for persons struggling with the issues pertaining to loss.

Often one feels isolated, con-

fused, responsible, sorrowful, guilty, angry and "out of control."

Although it is generally agreed that these "feelings of loss" cannot be totally eliminated, they can be dealt with through the use of groups, especially designed to help participants express common feelings and reactions.

Douglas offers two groups weekly, "Living with Loss" held Tuesdays 8 to 9:30 p.m. and "Dealing with Disappointments" held Thursdays 8 to 9:30 p.m.

Calendar to S-8

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- 25% Off all In Stock Drapery Solids
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•2" WOOD BLIND 30"x42"	\$102.60	•ENCHANTE 30"x42"	\$63.70

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Gorgeous 14K Wedding Band Ensemble - **\$145**

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In addition, our Bridal Experts will be on hand to assist you with a vast assortment of Bridal Gifts.

Receive a beautiful Bridal Knife absolutely FREE with your Purchase.*

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SALE \$799



SALE \$769



SALE \$339

Ethan Allen has extended their Sale to Sunday, March 28

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Open House at Burlington Mall

Burlington Mall will present a Spring Open House weekend March 26 through March 28. Mall merchants will present unique and varied in-store events and demonstrations.

Open House attendees may see a live bird demonstration featuring a great horned owl and a broad winged hawk, pre-

sented by The Massachusetts Audubon Society at The Nature Company. William Andress will feature a "meet and greet" with Boston artist Kevin Shea. Pad & Pen will present handwriting analysis and calligraphy demonstrations. Children can experiment with computer storytelling at The Children's Place or meet

children's book author Maryann Cocca-Leffler at Lauriat's. DeWolfe & Fiske will introduce Daniel Vasconcellos, illustrator of children's literature. In addition, visitors can learn about Spring fashion and accessorizing tips, home decorating and cooking hints. Judy George, Founder and CEO of Domain, will make an appearance at their Burlington Mall store.

Burlington Mall is open Monday through Saturday 10 a.m. to 10 p.m. and Sunday, 12 noon to 6 p.m., and is located at Exit 32B off Route 128 in Burlington. All events are free and open to the public. For further information, call (617) 272-8667.

Red Cross courses

The following Health Service Courses are now being offered by the American Red Cross North Area. All courses will be given in Melrose at 786 Main Street.

ADULT C.P.R.

April 6, Tuesday, 6 to 10 p.m.
May 1, Saturday, 9 a.m. to 5:30 p.m.
May 19, Wednesday, 6 to 10 p.m.
June 28, Monday, 6 to 10 p.m.
ADULT C.P.R. REVIEW
May 3, Monday, 6 to 10 p.m.

Hadi Doucette captures honors

Hadi Doucette of Hadi's Studio, 102 Sanborn Ln., Reading and models Thomas Ruff of Reading and Brenda Cheney of Melrose were the finalists for the state of Massachusetts in the 1993 Mr. and Mrs. PPA Photogenic Contest.

The nationwide contest awards cash, prizes and an opportunity for national exposure to contestants whose photographs naturally and attractively capture their personalities and appearances. Each state finalist in the competition receives an Art Leather monogrammed folio.

The contest, sponsored by

Professional Photographers of America, Inc. (PPA) and Eastman Kodak Company, was open to men and women 18 years of age or older who entered jointly with a participat-

ing photographer. Entries were judged on the contestant's appearance, expressions and poise, as well as the lighting and quality of the photos.

A panel of qualified jurors judged the entries at PPA headquarters in January. First-, second-, and third-place winners were chosen, as well as finalists from each state, province and country.

PPA, founded in 1880, is the world's oldest and largest association for professional photographers. The association provides educational programs and establishes standards of professional performance for its 17,000 individual members and 214 affiliated organizations worldwide.



Hadi Doucette



Brenda Cheney



Thomas Ruff

Flint Memorial Library features Ilse Schenk

Tired of cold weather, of slush and ice and snow that just will not go away?

Tired of digging out from under icy snow drifts, to reclaim your driveway and your car, - yet another time? Of Winter holding on, even though the calendar claims Spring has come?

What better way to beat those late-winter blues than to plan your Spring and Summer garden?

Once again, North Reading artist Ilse Schenk shares her visions of water gardening, - this time in miniature format. Now through March 31, the two glass display cases in the library's main lobby are filled with tiny landscape scale models, showing a variety of ways to enrich your garden setting with the sparkle and soothing sounds of fountains and pools, ponds and waterfalls.

Seeing your next Spring and Summer garden through the magic mirror of imagination can do wonders for your soul! "While the blizzard of '93 was coming our way with its hurricane force winds, promising disaster," says Ms. Schenk, "I taped up my windows, pulled down the shades, checked on my flashlight and radio batteries, got out the camp stove, put on some music, and went back to work, - adding some more flowers and pink blossoming trees to my mini-landscapes. Outside the wind was howling. But inside, it was Spring." In addition to creating ceramic and cast stone fountains, Ms. Schenk designs garden environments, combining colors and textures of plants, natural stone and rocks with water-movement, sculptural forms and lighting into garden settings designed for the enjoyment of nature.

Ms. Schenk, has worked in many areas of sculpture, graphics and design. She has done sculpture in wood, stone, metal, stoneware and acrylics. She has studied fine arts in Paris, industrial design, photography and graphics at Pratt Institute in New York, multi-media presentations and art-education at Boston University, and sculpture at the Brooklyn Museum School

and the University of Massachusetts. She has taught Visual Thinking and Design at the DeCordova Museum School and served as artist-in-residence in a number of schools in the New England area.

Her years of traveling throughout Europe and the US, the Far East and South America have led her to appreciate the arts, crafts and garden art around the world. Her work has been exhibited at the New York East Side Design Center, the Attleboro Museum Gallery, Herter Gallery in Amherst, the Cambridge Art Association and numerous private galleries. Currently, her ceramic fountains are displayed in various galleries on the South and North Shores.

Dining & Entertainment

Guide

Boston's Best Comedy COMES TO Rt 93
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FROM \$17.95

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Fri 9pm - Sat 8pm & 10:30pm
The Savage Of Savage
DJ HAZARD
Direct From L.A.
TOM FOSS
HIM AGAIN
DICK DOHERTY

April 2nd & 3rd

Paul D'Angelo
Coming
STEVE SWEENEY
Jonathan Katz

Rich Ceisler, Kevin Knox
Ed Regine, Billy Martin,
Dave Fitzgerald...and all
THE TOP NAMES IN COMEDY

Excerpts from
"Dining Out"
John Vellante,
Boston Globe



When you dine at Wakefield's you get more than fine food at reasonable prices, you get a history lesson too.

WAKEFIELD'S
FINE FOOD & SPIRITS

"A word to the wise: The food at Wakefield's is plentiful, especially its appetizers, which are appropriately listed under the heading "South Reading - In the Beginning."

Our mistake this night was to order clam chowder (thick, tasty, and clam filled), crab stuffed mushrooms (delicious & smothered with melted swiss cheese) and mozzarella sticks (plump, not greasy and served with a mild homemade marinara sauce)...

Each was a meal in itself and it was a relief that our entrees, all

which were served with a cold, crisp salad and freshly baked rolls, weren't rushed to us. ...

All our dinners arrived piping hot, accompanied by julienne carrots, sliced zucchini and summer squash and a choice of baked potato or rice pilaf florentine. ...

Wakefield's is a great place to meet friends for good food, good service, good atmosphere and good conversation. And all for a good price."

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Brian Powers

Live Music at Prince!

Fri., March 26...

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FRIDAY SATURDAY SUNDAY

LOBSTER LOVERS 6-10 PM

PRIME RIB & SHRIMP BUFFET

ALL YOU CAN EAT!

Includes prime rib, shrimp, baked potato, choice of vegetables, salad & rolls.

TENDER BOILED LOBSTER Served with vegetable, potato, garden salad and rolls.

ONLY \$12.95

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are really fresh.
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Jake's is a true American roadhouse, celebrating a time when appetites for life, and food seemed a whole lot bigger. Everything is fresh, homemade, and more than you bargained for, from the marinated Turnpike Tips to Diamond Jim's Scallops to real Chicken Pot Pie. It's a place to call your own.



INTERRO OPEN HOUSE WEEKEND

Friday, March 26 through Sunday, March 28

Visit Burlington Mall stores for unique demonstrations and informative seminars.

Events are Friday through Sunday unless otherwise indicated.

LAURIAT'S
MEET MARYANN
COCCA-LEFFLER
Children's Book Author
and illustrator.
Saturday 2pm-3:30pm

WILLIAM ANDREWS
MEET ARTIST KEVIN SHEA
Mr. Shea will be working
on original watercolor
and oil paintings. He will
introduce his newest
limited edition print,
"Spring Morning", and
he will be available for
signing Friday 1pm-6pm
Saturday 1pm-6pm
Sunday 1pm-6pm

FIRST ISSUE
REGISTER TO WIN
A First Issue Gift
Certificate. Friday
Spring 1993 Fashion Show
Refreshments served.
Saturday 1pm
INFORMAL MODELING AND
WARDROBE PRESENTATION
Refreshments served
Sunday 1pm-3pm

THE NATURE COMPANY
"BIRDS OF PREY"
LIVE ANIMAL DEMONSTRATION
The Massachusetts Audubon
Society will present a Great
Horned Owl and a Broad
Winged Hawk. There will be
things to show, touch and
talk about for the entire
family. Saturday 2pm-3pm

DEWOLFE & FISKE
MEET DANIEL VASCONCELLOS
Illustrator of Children's
Book "The Dog That
Pitched A No-Hitter."
Saturday 12:30 pm-2pm

FANNY FARMER
NEW TASTES FOR SPRING
Sample your choice of a
Capri (fudge center hand
rolled in toasted coconut
and white chocolate) or a
Truffle Petite (chocolate
cream center covered
in milk chocolate
and almonds)

ALPEN PANTRY
REGISTER TO WIN
a Gourmet Easter Basket.

AMY'S HALLMARK
EASTER EXTRAVAGANZA
Free photo with E. Bunny
with any purchase.
Register to win a
Giant Plush E. Bunny and
Amy's Gift Certificate.
Saturday and Sunday
12noon-4pm.
Purchase-with-Purchase
Specials. Friday-Sunday

AUCOTON
REGISTER TO WIN
A Jamaica - Bahamas -
Mexico vacation!
GIFT-WITH-PURCHASE
Free Au Coton Watch with
any \$20 purchase. While
supplies last.

AUDREY JONES
SIZE 14 AND ABOVE
PROM DRESSES ON PARADE
Informal Modeling
Friday 7pm-9pm
BEACH PARTY
In-store Modeling of
Bathing Suits, Cover-ups &
Fun Clothes.
BONUS: Mary Kay
Sun Care Clinic
Saturday 12noon-5pm
POWER DRESSING SAVVY
Career Focus-Suit Dressing
Informal modeling.
Glamour Make-over
Demonstration. Register to
win your own make-over.
Sunday 1pm-4pm

AUGUST MAX WOMAN
JEWELRY TRUNK SHOW
Meet Sarah, our Jewelry
Coordinator, to accessorize
your new Spring look.
Friday 1:30 pm
FREEZE MODELING
Saturday 12noon-5pm
INFORMAL MODELING
REFRESHMENTS
Saturday
MARY KAY MAKE-UP DEMOS
Saturday 11am-5pm

WENTWORTH GALLERY
SPECIAL SHOWING
Featuring Thomas
McKnight's original
work and silkscreens.
Saturday & Sunday

THE BODY SHOP
RE-PLANT AMERICA
Free Seedling Give-away,
while supplies last.

THE BOMBAY COMPANY
"DECORATING SOLUTIONS
FOR TODAY'S BUDGET"
Seminars Friday
12noon-3pm and
Saturday 1pm-4pm

BROOKSTONE
PRODUCT DEMONSTRATIONS
Register to win a
\$100 Gift Certificate.
FREE GERANIUM
With any Garden
Accessory purchase.
While supplies last.
Saturday 1pm-5pm

CHICO'S
FREEZE MODELING
Saturday 2pm-4pm

THE CHILDREN'S PLACE
COMPUTERIZED STORYTELLING
and Computer Exploration
for Children. Services
provided by KidByte,
Inc. of Newton.
Saturday 1pm-4pm

COBBIE SHOP
EAST SPIRIT TRUNK SHOW
Friday 11am-2pm
Saturday 11am-3pm
Sunday 12noon-2pm

COUNTRY ROAD AUSTRALIA
INFORMAL MODELING
and refreshments.
Gift-With-Purchase
Free T-shirt with
\$200 purchase.
While supplies last.
Saturday and Sunday

Cummings
PROM EXPO
Freeze Modeling of Prom
Dresses. Register to
Win a Prom Package.
Saturday 1pm-4pm

DEJAIZ
SEMI-FORMAL TO
BEACH FASHION SHOW
Saturday 2pm

Domain
MEET JUDY GEORGE
Founder and
CEO of Domain.
Saturday 11am-2pm

ELEGANT IMAGES
HIGH FASHION
MAKEOVER DEMONSTRATIONS
Register to win a free
makeover session.
Saturday

EXPRESSLY PORTRAITS
REGISTER TO WIN A MASTER
PORTRAIT PACKAGE
(\$135 value).

GENERAL NUTRITION CENTER
PERSONAL TRAINING TIPS
Health Food Samples.

GEORGIU
ACCESSORY SEMINARS
Refreshments
Saturday 11:30am, 2:30 pm,
4:30 pm, 7:30pm

FREE PEARL ENHANCER
With purchase of Rope
Pearls. While supplies last.
Saturday

GINGISS FORMALWEAR
FREE GROOM'S GUIDE
Informal Modeling of the
latest Tuxedo styles.

GODIVA CHOCOLATIER
SAMPLE CAFE
GODIVA DESSERT COFFEES
Register to win an
Illustrated Easter Box.
Friday-Sunday

SAMPLE A DEMITASSE MINT
The perfect compliment to
our coffee.

Friday
SAMPLE A GLACE' FRUIT
dipped in chocolate.
Saturday
SAMPLE GODIVA ICE CREAM
Sunday 1pm-3pm

HALLMARK HEARTBEEPS
EASTER OPEN HOUSE
Coloring Contest for
Kids 12 and under.
Crayola Bunny Give-away.
Saturday 10am-4pm

THE ICING
HATS OFF TO SPRING
Informal modeling.
Learn to wear the newest
spring styles. Refreshments.
Friday-Saturday

IMPOSTORS
BRIDAL OPEN HOUSE
Accessorizing Tips for You
and Your Bridesmaids.
Reception Refreshments.
Register to win matching
Pearl Earrings for you and
your bridesmaids.
Saturday 12noon-5pm

1 NATURAL
COMPLIMENTARY
MAKE-UP LESSONS
Free Eye Pencil
(your choice of color)
with a \$20 purchase.

INSIGHT OPTICAL
"CAZAL" OPEN HOUSE
Consider this stylist
eyewear as fashion jewelry.
We will have the largest
selection of Cazal frames
under one roof.

THE IRISH COTTAGE
TREFLER & SONS
Restoration Clinic
for Crystal, China, Antiques
Sunday 12noon-5pm

KAPS
CUSTOM DESIGN TRUNK SHOW
Featuring Hickey Freeman,
Southwick, Hart/Schnaffner
& Marx, and
Individualized Shirts.

KARTEN'S JEWELERS
ESTATE JEWELRY TRUNK SHOW
See our extensive display.

KAY JEWELERS
CUSTOM JEWELRY REPAIR
While you wait on premises
Saturday 12 noon-8pm
CERTIFIED APPRAISER
Saturday 12noon-5pm
PEARL/BEAD
STRINGING DEMONSTRATION
Register to win a loose
bead/stringing starting kit.
Sunday 1pm-5pm

THE KITCHEN
BREAD BAKING
DEMONSTRATION
Featuring Zojirushi Bread
Machine and Wanda's All
Natural Bread Mix.
Friday-Saturday
CALPHALON NON-STICK
COOKWARE DEMONSTRATION
Saturday 1pm-3pm
PIZZELLE DEMONSTRATION
Featuring Vitantonio
Pizzelle Chef. Sunday

LAURA ASHLEY
HOME FURNISHING SEMINAR
Featuring Easy Fabric
Projects. English Tea
Refreshments, Informal
Modeling. Friday and
Saturday 12noon-5pm

THE LITTLE PEOPLE'S PLACE
INFORMAL MODELING
Friday 12noon, 1:30 pm, 3 pm
VISIT THE EASTER BUNNY
Saturday 10 am-6pm

LONG'S JEWELERS
LONG'S BRIDAL WEEKEND
Free Bridal Knife with any
wedding band purchase.
While supplies last.
WRIGHT & LATO TRUNK SHOW
One of a kind wedding bands.

LORD & TAYLOR
AMERICA'S DRESS ADDRESS
Informal Modeling featuring
selections for elegant
evenings, career, casual.
FREE ADDRESS BOOK
with \$100 purchase.
Saturday 11 am-2pm

NINE WEST
GIFT-WITH-PURCHASE
Receive a free sterling
silver show pendant with
the purchase of any pair
of platforms. While
supplies last.

PAD & PEN
FREE HANDWRITING ANALYSIS
Saturday 1pm-3pm
CALLIGRAPHY DEMONSTRATION
Free engraving with
purchase of a Sheaffer
writing instrument.
Saturday 1pm-4pm

PARKLANE
FREEZE MODELING
Saturday 11am-6pm
Sunday 1pm-6pm

RESTORATION HARDWARE
HOW TO PATINA DEMONSTRATION
Learn how to add a soft
green sheen to brass, bronze
and copper. Saturday &
Sunday 2pm-4pm

SCRIBBLES
MEET MARY FIORE, FASHION
Faces for the Nineties
Learn eyeliner techniques.
Saturday 1pm-4pm

TALBOTS
INFORMAL MODELING
Light refreshments. Register
to win a Talbots
Gift Certificate.
Saturday 12noon-4pm

THINGS REMEMBERED
REGISTER TO WIN
An engraved Cross Pen set.

WILSONS
THE LEATHER EXPERTS
DEMONSTRATIONS
OF LEATHER CLEANING
"How To Take Care of
Your Leather."

SIGNAL
INFORMAL MODELING
Refreshments. Friday
DRESSY INFORMAL MODELING
Refreshments. Saturday

THE GOLDSMITH
18K ITALIAN GOLD TRUNK
SHOW
Huge presentation of unique
jewelry accents.
FREE GIFT
with any 18k Italian
gold purchase.

LIMITED TOO
INFORMAL MODELING AND
FASHION SHOW
Saturday 2pm-5pm

BENNETT & SONS
BOYT REPRESENTATIVE
will demonstrate The
Walking Suitcase and
Business Travel Packing.
Saturday 12noon-3pm

MOTHERS WORK MATERNITY
INFORMAL MODELING
Refreshments.
Saturday 1pm-5pm

WILLIAMS-SONOMA
COOKING DEMONSTRATIONS
Featuring Berndes Cookware.
Saturday 11am-2:30pm

HERMAN'S SPORTING GOODS
PUTTING CONTEST
Test your golf skills! Prizes
awarded. Saturday 2pm
Sunday 2pm

STROPS
REEBOK TRUNK SHOW
Meet our Reebok Tech Rep.
Saturday 2pm-5pm

GYMBOREE
GYMBOREE SING-ALONG
MEET GYMBO THE CLOWN
Friday 2:30pm-5pm
Saturday 3pm-5pm
Sunday 1pm-3pm

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Calendar

From page S-5

Reservations are required. Please call Joan Douglas at (508) 256-5122. Space is limited.

PRENATAL/POSTPARTUM EXERCISES AT WINCHESTER
Winchester Hospital offers an exercise program to prepare women for the changes which

occur before, during and after childbirth. The classes are designed to enhance a woman's pregnancy and recovery by teaching toning exercises and relaxation techniques.

Classes are held Mondays and Thursdays from 5:45 to 6:45 p.m. at Winchester Hospital. For dates and price information call Winchester Hospital's Health Education Department at (617) 756-2220.

WORKSHOPS FOR TEACHERS AND YOUTH GROUPS

Massachusetts Audubon Society's Ipswich River Wildlife Sanctuary in Topsfield is offering two teacher workshops in April. Pre-registration is required. Call the Sanctuary at (508) 887-9264 to register or for more information.

Vernal Pool Certification:
Thursday, April 1, 3:30 to 6:30 p.m. - Vernal pools are temporary ponds which are valuable wildlife habitat because a wide range of species depend on them for breeding. Vernal pool certification is the important first step toward their protection. The Mass. Natural Heritage and Endangered Species Program will certify a pool if it meets the biological criteria as wildlife habitat. The certification process is an ideal opportunity to actively involve high school students in biology.

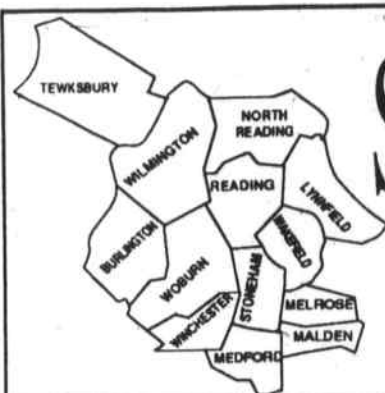
Led by Leo Kenney, a high school biology teacher and founder of the Reading High School Vernal Pool Association, this workshop for high school biology teachers or environmental club advisors will instruct participants in vernal pool certification requirements, identification, mapping, data collection, documentation and report preparation.

Sponsored in part by EPA Education Grant Funding. Fee: \$8 (\$6/Massachusetts Audubon members). Pre-registration required.

Watershed Awareness:
Saturday, April 3, 9:30 a.m. to 12:30 p.m. - This workshop for middle school teachers focuses on developing awareness of the importance of protecting the Ipswich River watershed, which provides drinking water for nearly 500,000 people. The interdisciplinary program includes science, math, geography and language arts skills which can be easily integrated with the regular curriculum. Teachers will learn basic ecology, identify interactions of society with the ecosystem, and conduct field investigations to make connections between a healthy environment, water quality and conservation.

Pre-registration required. Fee: \$15 (\$12/Massachusetts Audubon members).

Call (508) 887-9264 to register or for more information.



School notes

by phyllis nissen

If you'd like to read about your favorite school, student or teacher in "School Notes," please send school newsletters and other relevant information to Phyllis Nissen, "School Notes," Middlesex East Supplement, Box 240, Reading, MA 01867.

STONEHAM ENCOURAGES CROSS ... TUTORING

Stoneham High English teacher Krista Stevens and special education teacher Kate Thayer along with South School second grade teacher Karen Berg have developed a cross-age tutoring program which integrates math and literature - and Stoneham High students with South School second graders.

According to the "Stoneham Independent," Stevens developed the program two years ago when she noticed that her older students lacked a sense of social responsibility and community. Realizing that self-esteem often comes from community involvement, she offered those students a way to become involved and has been so successful that she is basing her master's thesis on this work.

Academic and social goals shape the program which is designed to increase the math, verbal and problem-solving skills of all involved and capitalizes on the special, natural relationship between teenagers and their younger friends. The youngsters admire their older mentors and thus inspired, the mentors work hard to earn even more admiration.

In fact, the high school students are working harder for their students than for their teachers, a perfect example of how setting an example brings out the best in everyone.

BURLINGTON CONFRONTS TEEN SUICIDE - In addition to teaching alcohol peer education at Burlington High, Burlington Community Life Coordinator and Drug and Alcohol Task Force Co-Chair Peggi Stallings Durand is trying to educate kids about how to tell if a friend is considering suicide.

There are 5,000 suicides a year, she says, and 500,000 suicide attempts - teenagers confide in peers long before they confide in adults. Between December 1989 and February 1990 - three months - three young men in Burlington committed suicide.

Burlington High sophomore health classes now include a week-long curriculum focusing on depression and suicide.

LYNNFIELD CUSTODIANS SIGN CONTRACT - The Lynnfield custodians' union and town have signed a three-year contract retroactive to July 1, 1992. The 17 members of the union who work in the schools will receive 2.5 percent pay increases for each of the first two years of the contract and a zero increase the final year.

According to the "Lynnfield Villager," the contract also includes a five-year longevity step and a newly established clothing allowance which will increase from \$125 to \$175.

MALDEN STUDENTS TALK HEART TO HEART - Through the federal Drug-Free Schools grant, Malden High Health Education and Human Services Coordinator Jacqueline Starr has arranged for representatives from "Heart to Heart" to speak with juniors and seniors at the high school.

Developed by the Department of Education, Planned Parenthood League and the AIDS Action Committee, the program is an intensive, five-session HIV prevention and sexuality education program for high school juniors and seniors. Its goals are to promote responsible, informed and healthy decisions about sexual behavior, prevent unplanned pregnancy, and stop the transmission of sexually-transmitted infections, including HIV.

The program was previewed for the Malden High School Parent-Teacher Support Organization at a regular meeting.

WAKEFIELD'S BALL CAPTURES BEE - Wakefield's Galvin Junior High seventh grader Steven Ball is on a roll.

He has won the school-level competition of the National Geography Bee and is now eligible to compete in the Massachusetts bee on April 2nd.

Those who continue to the nationals will compete in Washington, DC in May for prizes such as a \$25,000, \$15,000 or \$10,000 college scholarship - almost enough for a year's tuition.



HEATHER DELIAGO, 5, won the title of Miss Majorette of Massachusetts at a recent contest held in Lexington. Heather is the daughter of Mr. and Mrs. Robert Deliago of Woburn and the granddaughter of Mr. and Mrs. Robert Deliago of Woburn and Dr. and Mrs. Peter Paicos of Stoneham. The title qualifies her to represent the state at the 1993 Miss Majorette of America Pageant this summer at the University of Notre Dame, South Bend, Indiana.

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MEDFORD, MA Modern Hardware 440 Salem St. Hillside Hardware & Paint 325 Boston Ave.	READING, MA Johnson True Value Hardware 10 Haven St.		McCue's Florist & Garden Cntr. 200 Cambridge Road

Booths available for Boosters Crafts Fair

Booths are still available for the Reading Boosters 2nd Annual Gigantic Spring Craft Fair. Over 90 booths are gone. Thousands of people attended last year. Call for information and space reservations: 617-944-3823 after 6 p.m.

The 2nd Annual Gigantic Spring Craft Fair will be held on Saturday, April 3 from 10 a.m. to 3:30 p.m. at the Reading Memorial High School in the Hawkes Fieldhouse.

The Reading Boosters are conducting the fun filled event for the second time. Last year's was a big success.

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Frammingham (508) 875-3242	Norwood (617) 762-9006	Gloucester (508) 283-1353	Needham (617) 444-6306	Newton (617) 964-3703	Waltham (617) 891-1472
Brookline (617) 566-7404	Billerica (508) 667-6044	New Hampshire (603) 926-2999	Andover (508) 475-0640	Boston (617) 424-6606	Cambridge (617) 547-4485

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mother of one, will care for your children FT or PT weekdays or wknds. Inexpensive rates. Call Sandy 508-657-7568 3/24t

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Full time openings for infant/toddlers. Meals & snacks incl. Quiet ngrhbd. located near Rtes 28 & 62. Lic. #67539. Call 508-664-2442 4/14n

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in your belfry, raccoons in your shed, skunks in your cellar, or squirrels under your roof? Call Howe Enterprises Problem Animal Control at 508-664-4803. 3/24n

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A-Z APPLIANCE Winter sale now going on. New and reconditioned major appliances, free delivery, 3 month guaranteed. MC & VISA accepted, financing available. 454 Ferry St., Malden, 322-1243. m/4/2

DESK-60 inch, 6 drawer, steel double pedestal. Fully functional with locking center drawer. \$35. 508-664-5226. 3/24n

DNGRM., set. Solid cherry, Table, 60" x 21" leaves, wing back chairs, 2 arm, 4 side. Glass front hutch and buffet. \$800. 944-1079.

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MOVING SALE Kitchen set 4 velour chairs rod iron backs w/ oak \$300. White & brass daybed w/2 twin mattresses pop up trundle & comforter, 2 shams & dust ruffle, \$300/BO. Call 508-664-6568. 3/24n

PINE triple dresser w/ mirror \$350. Hdbrd/frame \$100. Oak coffee table & end tables \$100 ea. TV stand \$25. 933-6604

QUEEN size (light brown tweed) over-stuffed sleep sofa w/matching armchair & coffee table. Ex. cond., 4 yrs. old. \$300. After 3 pm, 391-8723. Anytime, weekend. 3/27s

SMOKER?! Smoker in your life? Eliminate second hand smoke. Call 508-657-3958.

SOLID OAK Entertainment center, 4 shelves on one side enclosed with glass door. Enclosed TV center, & bottom draw. Paid \$997. Will sell \$450/Best offer. Beautiful condition. Relocating must sell fast. Call after 6pm 729-5529

Miscellaneous 101

A-Z Appliance Winter sale now going on. New and reconditioned major appliances, free delivery, 3 month guaranteed. MC & VISA accepted, financing available. 454 Ferry St., Malden, 322-1243. m/4/2

ARMY SURPLUS Genuine GI camouflage, clothing, field gear, insignia, kids clothes. Sold, bought, traded. GI Joe's, 196 Ferry St., Malden, 322-8600.

CARPETS I have access to several thousand yards Stain Master Carpet. You can carpet your livingroom and hall for \$295. Price incl. carpet & 1/2 in. pad, based on 30 sq. yards. Also have rolls of nice Berber avail. "cheap". 617-354-8891. John. tfs

FOR IMMEDIATE SALE Two weight machines, Marcy EM I,II,III, all attachments, asking \$150. DP-USA asking \$50. If interested, call 508-658-5696. tft

FOR SALE: Apple Macintosh systems starting at \$500. Lots of software free. Used printers starting at \$100. Apple, IBM Software starting at \$100. Apple II E Compatible starting at \$299. IBM Compatibles starting at \$499. Call 508-658-8591. tft

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FOR SALE Fisher Equalizer, dual cassette phono, Magnavox CD Player. \$300. Kevin G17. 662-7463

FOR SALE Hotpoint 16 cu ft. refrigerator. Good price. \$125/BO. Call or leave message. 246-0291 ask for Chris

HANDSOME Sofa 7 ft. x 3 ft. wide, off white fabric. 3 lg. & 2 sm. foam rubber cush. exc. cond. \$200/BO. 246-4333.

NINTENDO w/nes Four score plus 27 Tapes total \$200.00 or BO. Or tapes separate. \$10. Call Rico 729-8599

SELL IT FOR \$5.00 Do you have an item valued under \$300? If so, place it in this column for a money saving value. 5 lines, 6 days only \$5. Price of item must appear in ad. No commercial, automotive, garage sale or moving ads allowed. Ads must be for a single item or set with total asking price in ad. Ads must be pre-paid.

933-3700 944-2200

TIMES CHRONICLE CLASSIFIEDS

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Low Cost Animal Spaying Female cat \$39. Male cat \$29. Fldog \$52. Midog \$52. Call 729-6453.

Wanted To Buy 111

ABBEY RD. "ANTIQUES" I PAY TOP \$ for all old items. Any cond. 1 item or house full. Conducting Estate / Yard sales. Call Dorothy 617-275-7793.

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OLD ITEMS WANTED ATTIC TO CELLAR Furniture, trunks, frames, "old" patch work quilts, wicker items, glass, china, "old" linens, crocheted work, pre 1960 clothing, dolls/toys, jewelry, bric-a-brac. Phyllis Hilton, 617-665-8749 or 617-245-3852. tfs

WANTED: Manual standard typewriter. Royal preferred, in good working condition. Call evenings 617-729-8790. 3/27s

WANTED We buy older used furniture, dressers, chests & desks. Call 508-664-5806 4/14n

Wood, Coal & Oil 113

QUALITY FIREWOOD Cut & Split 16" - 18". Delivered and dumped: \$105. per 128 cubic feet. 508-667-3607.

Auctions, Crafts, Flea Markets & Fairs 115 **CRAFT FAIR** Sat. March 27, Sgt. Harold Young Post 2394, 14 Chipman Ave., Melrose, 9:30 am to 3 pm. Admission free, snack bar. 3/25s

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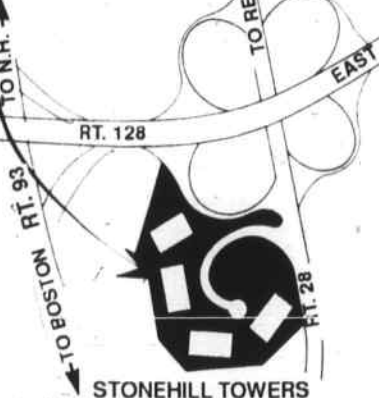


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SAT. 3/27, Craft Fair, 1st Cong. Church, Central & Church Sts. Just outside Stoneham Sq., 9am - 3 pm. .50 adm. AM coffee & lunch. Call Church office. 438-0097.

GARAGE, YARD & MOVING SALES

Wilmington 133

YARD Sale - Moving Sale. Sat. March 26th, 8 - 3. Bookcases, children's desks, bicycles, sm. chest of drawers, pictures, books, creative playthings, wooden swing set, huge picnic table, x-lg. dog houses, little tykes kitchen furn., doll house, gas grill, much much more. 10 Douglas Ave., off Palmer Way. No early birds please, rain or shine. 3/24t

Woburn 137

INDOOR-Outdoor yard sale. Sat. March 27th. 9am to 3pm. United Methodist Church, 523 Main St., Woburn.

REAL ESTATE

Commercial

Property 141 NORTH READING - Rte 28, Rent 2,000 sq. ft. Garage/Whse. with 3-14' overhead doors and adjacent office. Call 508-664-0083. 4/14n

Condominiums & Townhouses 143

LOWELL/Dracut line. 2 bdrm., condo. Fully appliances. Exc. cond. \$69,900. Harvey R.E. 508-658-4324. 3/24t

READING 5 room condo on dead end street, walk to stores & comm. rail, many amenities, immac. grounds w/pool. \$82,500. 944-7184

EVERETT 5 room apartment. First floor. Parking, security deposit required. No pets. \$650. 662-2068. 3/31m

EVERETT Modern 5 room 2 bedroom, washer/dryer hook-up. Wall to wall, dealed, 1st last month. \$650 unheated, 1 car parking. 233-1928 or 321-0090. 3/24m

EVERETT 3 large rooms on busline, wall to wall carpeting, a/c, all appliances. Secured building. \$525. 245-2048. 4/7m

EVERETT 2 apartments. All remodeled. 3 rooms, available 4/15 \$525. 6 rooms available 4/15 \$700. Section 8 accepted. 324-9145 or 287-3073. 3/24m

EVERETT large modern two bedroom, fireplace livingroom. Senior Citizen discount. Bonus for everyone. \$800 month unheated. 231-0773. 3/31m

MALDEN modern luxury 1 bedroom apartment, Maplewood section, carpeting, air conditioned, off street parking and more, \$800 month, no utilities. 617-438-6116. 4/2

Land

For Sale 147

READING - one building lot, 6,295 s.f., nice area. Nr. 128. \$63,200. Harvey R.E. 508-658-4324. 3/24t

WILMINGTON one lot, builders acre. 40,000 sq. ft. Excellent location. \$85,000. Call 508 657-7843. No Brokers. 4/28t

Real Estate Wanted 151

CASH FOR YOUR HOUSE Quick closings any condition. Call 617-273-9030.

RENTALS

Apartments & Condos 157

BILLERICA New large 3 room apt. Full bath, incld. all utls. \$525/mo. 508-663-2809

BURLINGTON 5 rm ranch, w/lyrd, pkg & access to wash/dryer. Nice nighbrhd. Avail 5/1. \$1000/mo. 508-486-8292

EVERETT 2 large bedroom, dealed. Handy location. 387-7079. 3/27m

EVERETT - Woodlawn 3rd floor, 5 rooms, 2 bedrooms, newly decorated, available now, no pets, \$550. unheated. Days 617 625-0589 or evenings 617 334-2162. 3/24m

EVERETT 3 rooms, wall to wall carpeting, off street parking, near transportation. Utilities by tenant \$450. 389-5756 leave message. 3/24m

EVERETT - large two bedroom. Fireplace living room. Modern cabinet kitchen and bathroom. Senior Citizen Discount Bonus Program for everyone. Security deposit, references. \$600 month unheated. 231-9773. 3/31m

EVERETT 5 room apartment. First floor. Parking, security deposit required. No pets. \$650. 662-2068. 3/31m

EVERETT Modern 5 room 2 bedroom, washer/dryer hook-up. Wall to wall, dealed, 1st last month. \$650 unheated, 1 car parking. 233-1928 or 321-0090. 3/24m

EVERETT 3 large rooms on busline, wall to wall carpeting, a/c, all appliances. Secured building. \$525. 245-2048. 4/7m

EVERETT 2 apartments. All remodeled. 3 rooms, available 4/15 \$525. 6 rooms available 4/15 \$700. Section 8 accepted. 324-9145 or 287-3073. 3/24m

EVERETT large modern two bedroom, fireplace livingroom. Senior Citizen discount. Bonus for everyone. \$800 month unheated. 231-0773. 3/31m

MALDEN modern luxury 1 bedroom apartment, Maplewood section, carpeting, air conditioned, off street parking and more, \$800 month, no utilities. 617-438-6116. 4/2

MALDEN Medford line. 2 bdrm., apt., 1 1/2 baths, wall, central ht & ac, no utls., pkg., pool. \$675/mo. 617-438-4557. 3/25s

MALDEN MAPLEWOOD 2 bedroom, modern apartment, private deck, no pets. \$850 per month, utilities included. Security deposit and references required. Available April. 508-988-0708. 3/26m

MALDEN extra large 3 rooms, near T, heat, hot water, wall to wall, ac, no utls., pkg., pool. \$625. Call 324-0166. 3/24m

MALDEN - on T. Hurry!

Sunny 2 bedroom, dealed, large kitchen gas heat, \$575 unheated. Also 4 bedroom in Somerville, on T \$675 unheated. No fee. 666-0200. 3/24m

MALDEN 2 bedrooms, 1st floor, wall to wall, new windows, new gas furnace, quiet neighborhood. \$600, plus utilities. Security deposit. 322-3023. 3/31m

MALDEN Linden Square. 5 rooms, heat included, washer dryer hook-up, near transportation \$620/month Call up to 9pm, 321-6750. 3/24m

MALDEN Maplewood. 5 rooms, off street parking, new deck, 2 bedroom, washer dryer hook-up, refrigerator, 1st floor, no pets, no utilities. \$625. 322-1948. 3/31m

MALDEN 4 rm. apt., near pub. trans., 1st floor. Refs. & sec. req. \$550 mo. plus utls. Call anytime & leave msg. 617 438-5376. 4/14s

MALDEN 3 1/2 rooms, modern kitchen and bath, first floor, washer dryer hookups. \$475 no utls. 395-7356. 3/31m

MALDEN modern heated 2 bedroom apartment air conditioned, wall to wall, laundry, balcony, parking. \$725. Eastern Realty 395-2992. 3/31m

MALDEN 2 bedroom. Utilities included. \$700 month. Close to T 393-9815. Available April 1. 3/2

MALDEN 2 bedroom 1st floor, off-street parking, on T. No pets, no utilities. \$625. 508-887-9597. 3/31m

MALDEN heated 3 rooms, 3rd floor, new stove and fridge, no pets, security deposit. \$560 month. 324-0880. 3/24m

MALDEN 4 rooms, first floor, \$650 no utilities. No pets. Please call 324-8079 between 12 noon-7pm. 3/24m

MALDEN 5 lovely rooms, modern bath and kitchen. Washer dryer hook-up. 3rd floor. Parking. No pets. \$650. 665-8509. 3/24m

MALDEN luxury 2-3 bedroom, 11,000 square feet, central air, hardwood floors. Two full baths. \$850 no utilities. 1 508 339-0191. 3/24m

MALDEN 4 rooms, 1st floor, new windows & furnace, off street parking, washer dryer hook-ups, small yard, walk to Malden Square, MBTA, Pine Banks. Available April 1. \$600+ security. 321-7927. 3/31m

MALDEN 5 rooms, walk to T, full cabinet kitchen, dishwasher, tile bath, wall to wall, washer/dryer hook-up, parking, yard. \$675 un heated. 662-2698. 3/24m

MALDEN Brand new 1 bedroom, microwave, washer/dryer, cabinet kitchen. Ceramic tile bath, wall to wall, handy location, heat by tenant. No pets. \$525. 685-9167. 3/24m

MALDEN Tenants love the landlord. 1 bedroom \$575, 2 bedrooms \$695; hot water, parking, no pets. 1 800 287-2407. 3/31m

MALDEN - four rooms

two bedrooms. First floor. Remodeled, modern kitchen and bath. New windows. New wall to wall. Laundry hook-up. No pets. Security and references required. 944-2025 after 6pm 3/26m

MALDEN studio/condo. Wall to wall carpet. Residential building. Heat & hot water. Additional storage. Near transportation

944-2200

AUTO MART

944-2200

WOBURN • WINCHESTER • BURLINGTON • READING • STONEHAM • WILMINGTON • TEWKSBURY • NO. READING • LYNNFIELD • MALDEN • MEDFORD • MELROSE • PLUS SURROUNDING COMMUNITIES

REAL ESTATE FROM S-10

WINCHESTER-5 rm., 2 bdrm., apt. close to town, on bus line, own driveway, \$775 + util. Avail. 4/1. 729-8770.

WINCHESTER Lge studio, pool, beaut. garden & pond. Cat? See unit T-38. \$545 all util. incl. No fee. Co-Ree 438-7190

WINCHESTER 1st flr., apt. in 2 fam., hse. 5 lg. rms., 2 bdrm., exc. resid. loc. w/off st. pkg. area. Incl. heat & all util. \$950/mo. 617-935-6775.

Woburn-Townhouses 2 bdrm, 2 1/2 bath Townhouse's, and 1 & 2 bdrm Garden Apts. w/w, pool, patio, ac. From \$620. 935-3479.

Woburn Burl. Line. Refurbished waldorn tones & new carpets, lux, studios, 182 bdrm. from \$595 ht. Exit 33 off 128, pool, on Td, fire proof const., balc. No pets no fee. Pheasant Ridge 9-6, M-F 933-1232

Woburn Near 128 & public transportation. 1 bedroom apartment. Disp., ac, laundry, heat & hot water, parking. 935-5852.

Woburn Near 93 & 128 1 bdrm, apt., \$595. 2 bdrm \$695. H&Hw incl., no pets, no fee. 933-1414. 933-1235.

Woburn Glenview Apts. Opposite YMCA. On bus line to Boston. 1 & 2 bdrms apts. \$655 - \$715 incl. ht, hw. Last mos rent NOT req. 933-2108

Woburn 4 ROOMS, LG. bright sunny apt. in exc. residential nghbrhd., hrdwd flrs & off st pkg, on bus line. \$575/mo, no util., no pets. 938-6155

Woburn-2 bdrm., yard, pkg., w/d hookups, w/w, newly painted, kit, remodeled. \$750 + util. 273-4172.

Woburn 2 apts., 1 large 2 bdrm., 1 large 1 bdrm. Sunny, hwd. flrs. No pets, no util. \$595 & \$525. Call 273-2645 or 933-0925.

Woburn-small 5 rm., duplex, near center, off St. pkg. Pets OK. Unfurn., no util., \$550/mo. Call 935-2397 after 6.

Woburn-3 rm., apt. very clean, good location, close to bus stop. Priv. pkg., no pets, \$500 + util. Call 944-1870.

Woburn 1 bdrm apt avail. washer/dryer in bldg. pkg. Nice location. \$600 incld. all utilities. Call 932-9850

Woburn - All new lux. 2 rm. studio, in exc. loc. on bus line. Huge mod. live-in oak kit., carpt. bedrm, tiled bath, laundry hkup & pkg. No fee. Ref. req. \$650 incld. ht. 933-1829.

Woburn nice young studio. Dog? \$495 all util. Co-Ree, 617 438-7190.

Woburn Near pond. Immac. 1 bdrm, new appl's, laundry, htd, pkg, pool, \$595/mo. Lyons RE 942-1418

Woburn - newer duplex; 2 BR, 1 1/2 BA, wash/dry, refrig., firepl., bsmt. cul de sac, \$975 +. Call (508) 664-9800.

Woburn W - Furn. studio apt. in quiet loc. Util. & pkg. incl. No pets, non-smoker. \$475 mo. Call 617 938-8133.

Woburn-3 room furnished apt. off street parking. All util. \$490/mo. Single person preferred. Call 617 938-0083

Woburn-4 rm., 2 bdrm., livgrm., kit., bath, w/d, 1st floor, no util. or pets. \$595/mo. 1st & last. Avail. now. 944-1753/438-2972.

Woburn - Charming 2 bedroom. Newly decorated on Montvale Ave. Sec. 8 accepted. \$750 heated. 617 729-0221.

Commercial 159

BEAUTY Salon. Excellent location. Three attractive stations w/sinks. \$550 mo. 1st, last, sec. dep., lease. Turn Key 944-1760.

Commercial Industrial Space approx. 2000 sq. ft., of office/warehouse space. Good loc., 2 Cedar St. Woburn. 1000/mo. Avail. 4/1. 935-1580.

GREAT for small business or office, approximately 600 sq. ft. on busy st. in Malden. Call to see 617 322-1264 between 8-5. m 4/2

MALDEN Salem Street, 600 sq ft. plus basement, remodeled, office, retail sales. \$6800. 321-1273 4/7 m

MALDEN-250 Highland Avenue. 600 sq. ft. \$625 month. Call 1-334-5369. 3/24m

MALDEN small newly renovated office space available. Reasonable rates. 324-8844. 3/26m

MEDFORD - Near sq. furn. room, newly decorated, pkg. kit. priv. laundry. \$75 wk. 322-3581, 387-6400 4/9m

MELROSE-Office / Store for rent, busy area, near T. 387-7079. 3/29m

NO. READING- Rte 28, Retail & Office space. Prime 1300 sf. 1st flr., units, 2 lavs, great pkg. & signage, 25,000 cars per day. \$1600/mo + util. Others avail. Hashem Real Estate 508-664-4191.

READING SQ: RETAIL Prime store fronts at ent. to public pkg./Abuts CVS: 1000 + - 5000 + s.f. (inc. connecting units) Fuller R.E. 944-1500.

RTE. 38 TEWKSBURY Private offices. One affordable monthly rate incl. util., furnishings, reception & telephone answering services. Non smoking environment. 508-858-0637. 3/31t

WAKEFIELD- 1800 or more s.f., Good for any use. R & D space, overhead dr. & 20' High ceiling. Avail. April 1, 245-7495.

WINCHESTER 1600 sq ft of commercial space for rent. Located at 63 Swanton St. Call 729-3519

Woburn-R&D/light manuf. space for rent. Front of building-good exposure, 2 floors totaling approx. 4,158 sq. ft. Lease neg. Please call 617-932-0580 9-5: M-F.

Houses 161

WILMINGTON 3 bedroom ranch in top area. \$1200/mo. Fee. Realty World Forest Conant. 508-658-5010 tft

WILMINGTON Small cottage. 4 rooms & bath. Near Silver Lake. \$575 mo. 1st, last & sec. dep. req. Avail. April 1. Call 508-657-7263. 3/24t

Woburn 3 bdrm Duplex Elegant, modern. 3 bdrm, 1 1/2 bath. Exc. schools. FP, d&d, lg yrd, 9500 + util. Avail. 4/15. Call 508-369-3668 eves

Rental Services 165

ATTN: LANDLORDS Do you have a house, apartment, duplex or condo for rent? Here are 5 reasons to let us help you rent your property.

1. Full time rental service.
2. Experience at your service 30+ years.
3. Knowledgeable of the current residential landlord-tenant laws.
4. Property Management available.
5. 24 hr. electronic answering service.
Call ELFMAN REAL ESTATE, Wilmington, MA 508-658-4324. 3/24t

Rentals To Share 167

BILL/BURL, 8 rm., 1 1/2 bath, w/d, lg yrd, quiet nghbrhd, M/Female pref, no pets-have dog. \$350 + 1/3rd util. Refs. 508-670-6375

BURLINGTON M / F to share large house, w/d, a/c, pkg. Large yard, good area, 3 baths, \$300/mo + util. Avail now. 272-7522.

ROOMMATE non-smoking Prof. Female wanted to look for & share an apt. w/pool & tennis court in Woburn, Burl. area. Move-in 5/1/93. \$400-\$475/mo + util. 221-5869.

ROOMMATE wanted F/M. Heat & hot water inc. Wall to wall, washer/dryer, pkg, great loc. \$330/mo. Jim 933-4893

STONEHAM Apt to share. w/d, d/w, w/w, cable TV. off st pkg, all util. incl. \$315/mo. Why pay more? Avail 4/1. Call after 5pm. 279-1010

STONEHAM condo mate to share sunny penthouse with views, skylight, roofdeck, pool, w/d, pkg. \$495 +. Call 617-438-5360. 3/27s

WINCHESTER female to share nice 3 bdrm. \$250 + 1/3 util. Gd loc. nr 93/128. pkg, wash/dryer. Avail 4/1. 729-0543

Woburn-M/F. Smoker or non, wanted to share 2 bdrm., 3 level T/house, near Rte 93/128. \$395/mo + util. Rich 932-8804.

Woburn Roommate wanted to share 3 bdrm in a 2 family house. \$275/mo plus util. Avail 4/1. Call 933-3116

Woburn Prof. M/F to share sm hse on lake w/ M: yrd, deck, indry. Conv 3, 128/93. No pets. \$345 + util. Mike 938-0107

Rooms 169

MALDEN-large furnished room. Call 324-4046. 3/2 m

MEDFORD Large furnished room, near Medford Square, includes all utilities. \$75 per week. 438-3785 3/24m

MELROSE- small studio, private kitchen, bath, entrance. Furnished, parking, all utilities included. \$115 per week. Available immediately. Call 665-6693 after 5 pm. 3/26m

NO. WILMINGTON - Furnished room for gentleman. Call 508 658-4793. tft

READING Furnished room for rent. mature gentleman preferred. References. 944-1533 or 245-8649

STONEHAM large new dec. room. white w/blue trim. Share lag cab kitc. & tile bath. \$90. per wk. inc. util. 617-279-0373 4/1 0

STONEHAM lg. sunny room in quiet house nr. T. transp. Shared kit & bath, pkg. & util. incl. \$100/wk. 617-438-4607. 3/27s

WAKEFIELD 398 Main St. Clean furnish rm., kit & laun. priv. \$80 week. 617 245-2045 or 617 942-7113. tftn

WAKEFIELD-furnished rooms, all util., near center, pkg. clean. \$75, \$80 & \$90. wk. 245-0059.

Wilmington Rooms Large clean rooms on Silver Lake. Kit. & bath privileges, wash. & dryer. \$70 - \$100 weekly. All util. incl. 508 658-2656.

WILMINGTON room for rent. Private own bathrm. \$300/mo. incl. heat & elec. Call 508-658-5626. tft

WILMINGTON- clean furnished room. Kit. & bath priv. \$75/wk. incl. all util., non smoker. Call 508-658-5716. 3/31t

Woburn Nice furnished room for non smoker female. Share bath & kitchen w/2 other females. \$75 wk. incl. all util. & pkg. 935-8056.

Woburn large clean furn. rm. Sep. entr., share K&B, micro, near bus, M pref. \$90/wk. Refs. Call before 9 pm, 935-5059.

Seasonal 171

HAMPTON BEACH NH Near Ocean. 4 bdrm. family area. Nice yard. Gas grill, pkg. \$525 wk. 617 245-7997.

LOON MT. N.H. at The Village. Deluxe 2 br. Twnhse. View of ski slopes from frplcd. livrm., pools. \$350 wknd. \$675 wk. 1-508-778-0053. tfs

LOON MOUNTAIN Deer Park. 3 bdrms, 2 bath condo, w/d, VCR, all linens, use of club w/ pool, racquetball \$250/wknd. \$400/wk. Call 508-657-7139 tft

NEW HAMPSHIRE beautiful 180 ft. on Winona Lake, Ashland N.H. 4 bdrm., liv. rm., din. rm., fam. rm., tel, \$650 weekly. 944-1760.

SKI Gunstock, day & night, snowmaking sys., X-city & skating. New 2 bdrm., apt., d/w, mcwv., TV, 3 min. to slopes, \$400. wk., \$200 wknd. 508-664-5637. 3/24n

SKI Gunstock, day & night, snowmaking sys., X-city & skating. New 2 bdrm., apt., d/w, mcwv., TV, 3 min to slopes, \$400 wk, \$200 wknd. 508-664-5637. 3/31n

SKI LOON/LINCOLN NH Lux. 3 bdrm., 3 bath condo, sleeps 10, frpl., fully appl. kit., pool, hot tub, fit. ctr/shuttle. Reas. rates. 617-729-4819.

WATERVILLE Valley Townhouse condo. Sips. 8, fuhy equipped. Fireplace, cable, jacuzzi, sauna, weight rm., game rm., close to several ski areas. Reasonable rates. Call 508-452-5704. tft

WHITE MOUNTAINS Haverhill, NH. 2 r. old chalet, w/all amenities. Loft, slips 6 comfortably. Overlooking water & mts. Skiing, private beach w/ rec. ctr. Avail. week, or wknd. \$350/wk, \$175/wknd. Call Tom 508-658-3963. tft

Winnepesaukee 173

Efficient cottage, Weirs Blvd. with deck & boat dock. \$50/night, \$275/week. 617-933-0833

MELROSE - Solve your storage problems. Secure space avail. Safe, secure, great for contractors. 24 hours access. \$99 a month and up. 665-4850. 4/17m

2 car garage. Good for small business. Main St. loc. Woburn. Electricity available. \$300 per mo. Avail April 1. 935-0578.

AUTOMOTIVE

AUTO X CHANGE 185

CHEVY CAPRICE Classic, V6, auto, 4 door loaded. 71K. One owner, excellent shape. 397-9347 or 324-5812 3/24m

COMPLETELY gone thru quality used cars. I am not a dealer! \$300-\$1400 guaranteed. Call days. 617-246-9891

1964 1/2 FORD Mustang 260, V-8, Florida car, no rust, many new parts. Must sell. \$6,995. Days 245-9713. Eves 935-5037

1967 CHRYSLER Newport, 4 dr., hrd top, 383, V8, Dark green, AC, orig. owner, well maint. good tires, AM \$5200. 617-334-3153.

1971 BUICK Riviera. A classic beauty, excellent 455 eng. nice interior. Original owner \$3900. Lou 937-6977

1975 CAPRICE Classic Convertible! 350 eng. Red with white top, pw,ps,pb, new top, exhaust, tires & starter. Exc cond. one owner. \$2700. 933-8720

1977 CADILLAC Fleet-wood Brougham, excellent running, looks great, \$2200 or best offer. 3 9 1 - 9 5 6 6 l e a v e message. 3/31m

1978 BUICK LeSabre with 81 factory engine, recent brakes, exhaust & front end work. \$600/BO. 944-3623

1980 AMC Spirit, 2 dr., hback, auto, 6 cyl, eng. runs excel. am/fm radio, cass, deck, 106K mi., \$800/BO. 272-7091 Peter.

1980 TOYOTA CELICA. \$700 or B.O. Good condition. Call 617 733-3396.

1981 DATSUN 280 ZX, Standard, new tires, exh. & batt. Small surface rust. Exc. running cond. Ask \$1,500. 617 324-0128.

1981 OLDS Cutlass Supreme, auto, 4 door, ac, V8, well maintained \$750. 397-9347 or 324-5812 3/24m

1982 FORD ESCORT Wagon, 87,000 miles, 4 speed, standard, a/c, am/fm in running condition. \$800. 397-8016. 4/1 5

1982 PONTIAC Firebird. New 350 Chevy, 350 trans, new paint, less than 500 mi. on motor, all receipts. \$3,500 or B.O. Call 508 988-0638. 3/31t

1983 BUICK Regal Custom, 2 dr., auto, ac, tilt, mint velour int. looks, runs & drives exc. \$1900. 245-4402. leave msg

1983 FORD LTD, auto, blue, 2 door, clean. Runs great. Excellent transportation \$1200. 397-9347 or 324-5812 3/24m

1984 BUICK Regal Limited. Needs eng. Buy for parts. \$500 or B.O. Call 617 938-0571.

1985 CHEVY Camaro Z28, maroon, auto, V8, ac, pw, cruise control. \$2,800. 617 932-8073.

1985 PLYMOUTH Duster, ps, pb, auto, hi highway miles, runs good, needs some work \$800/bo. 935-1146

1986 CHEVROLET Monte Carlo, V6, 2 dr., auto., buckets, am fm, air, ps/pb. \$3495 or BO. 617 279-0901. 3/27s

1986 FORD ESCORT Station Wagon, auto, 48K, adult owned, excellent condition \$2300. 397-9347 or 324-5812 3/24m

1986 HYUNDAI Excel. Stereo/cassette, good tires, a/c, auto, 4 dr. Needs motor. \$400. Call 508-658-3568 after 6 pm tft

1986 HONDA Civic-DX, 3 dr., 58K mi., am/fm cass. s/roof, 5 spd., \$3,000/BO. Call 617-393-0346 anytime.

1986 JEEP Cherokee, 4 wheel dr., white, 62K mi, 6 cyl. ps, pb, ac, am/fm, new trans, brakes, exhaust, & Michelins. \$3,900. 617 729-5199.

1987 CHEVROLET Blazer Silverado, full size, new motor w/warr., exc. cond., \$7999/BO. 665-2369

1987 FORD Mustang LX convertible, black/white top, auto, leather int. 1 owner. 60K. \$6000. 944-5891.

1987 OLDS Custom Cruiser Wagon, V8, 5.0 liter, 8 passenger, ps, pb, pw, seats, am/fm stereo cass. \$3200/BO. 933-2758

1988 Chevrolet Caprice Classic Brougham- auto, 8 cyl., 305 eng., fully loaded, exc. cond., \$7500. Call 932-0679.

1988 MERCURY Tracer, beige & cocoa, new sunroof, tires, brakes, sony stereo & speakers, parts under hood. Must sell ASAP. Asking \$2500. 617-279-4728. Denise, lv. msg. 5/24s

1988 OLDS 88 Royal Brougham. All power with leather. 4 dr. sedan. A 1 cond. 617 935-1688 after 4:30.

1989 CHEVY Barretta GT, white, red interior, ac, pwr., am fm cass. Rear rack, spt tires. \$5500, price neg. 617 933-0922.

1989 CADILLAC Sedan DeVille, 60K, leather int. exc. cond. Call Brian 617-933-1804 days: 391-8163 Eves. \$10,900.

1989 FORD SHO, one car too many, black, grey lea., 30K mi., garaged, warr., all power, \$10,500 firm. Matt 246-3995.

1989 FIREBIRD, Blue, 5 speed, ac, am/fm, alarm, cruise, exc. cond. Low miles. \$6,000 / B.O. 508-531-3590 after 6pm

1989 MERCURY Topaz, 4 dr., white, auto. a/c, am/fm. Door locks, low miles. Very clean. 617-438-1517. \$4300. 3/27s

1990 CADILLAC Eldorado Coupe- V8, moonroof, loaded w/many extras. 19K miles. exc. cond. \$19,500, or BO. 233-8849.

1990 FORD Escort LX, 4 dr., 34K, exc. cond. \$4200/BO. Call 508-664-0643.

1991 FORD Probe LX 3.0 V6, auto, ac, Royal Blue, loaded, 31K mi, exc. cond. Must sell \$10,500/BO 935-6776

1991 HONDA Civic LX. 45K miles, 5 speed, 4 door. \$9650 or best offer. Call 937-3473

1991 HONDA Accord LX, fully loaded sedan, full security system plus remote start, auto, 30K. Asking \$12,995. 944-6837

1992 MITSUBISHI Eclipse Turbo GS. Blue. 21,000K. Perfect cond., loaded. \$14,000. Must sell. 617 762-2346. 5/29s

Autos Wanted 187

AUTOS REMOVED Up to \$60.00 paid. Junk cars & trucks. Wing's Used Auto Parts, 1628 Shawshreen St., Tewksbury. 508-851-8100 or 657-7389

Motorcycles 189

MOTORCYCLES We will buy American used motorcycles & parts. 508-657-3958 tft

Recreational Vehicles 191

1972 DODGE RV. Fully self cont., Sips. 6. 61K mi. Awning, 6 new tires. All set up for camping. \$4,650/BO. 617 933-5088.

1980 DODGE Honey motor home, 24 ft. self contained. Priced very reasonable. Exc. cond. 67K mi. 617 272-3205.

1985 KROFF 35ft Trailer, double slide out. Deck & awning. at N.H. site near pool. exc condition. Call after 5pm. 933-9122

1985 PROWLER 31Z Sleeps 9. Deluxe model. Queen bed, 21ft awn. Stereo, micro, x large frig. Loaded. Bunkhouse. \$9500/BO 270-0213

1987 SUNLINE TRAILER-21.5 ft. length, sleeps 6, 4 burner stove, w/oven, dbl sink, heat. Enclosed bath, w/tub/shower. Many extras, mint cond., \$6,800. Call Neil or Kathy. 272-4696.

Trucks & Vans 193

TRUCK FOR SALE 1987 FORD F-350. One ton. Stereo w/t

MOVIES

by Rochelle Flynn
"Point of No Return"
 Starring **Bridget Fonda**,
Gabriel Byrne, **Dermot**
Mulroney. Directed by **John**
Badham. Screenplay by **Robert**
Getchell. Produced by **Art**
Linson. Based on **Luc Besson's**
 film, **"Nikita."** Rated **R**.

Bridget Fonda - bedraggled, scrawny and scarred, calmly blows the brains out of a policeman during a break-in. She is sentenced to die by lethal injection, but is reprieved by "The Agency," a government-sponsored organization that takes criminals and turns them into

classy assassins. As Fonda transforms, partly under the tutelage of steely Anne Bancroft, she discovers more than just her appearance has changed - her entire outlook on life is different. But she is caught in an ugly trap. The very people who educated her and turned her around are the same people who expect her to remain a brutal killer at heart.

Based on Luc Besson's successful art house flick, "Nikita," this Hollywoodized version is nearly a frame by frame duplicate, only much more explicit. American audiences must need every emotion explained to them, using small words and loud special effects.

Where the original French flick has fashion magazine sensibilities and a tough, androgynous performance by Anne Parillaud, the remake is more of a comic book thriller. There is nothing particularly creepy about the assassination agency or the people who run it. But by replacing the original's eerie edginess with blatant explanations, the movie becomes rather typical.

Luckily, the actors are able to do wonders with John Badham's larger-than-life direction. Fonda's sexiness suits both the action and the strident storyline. Though the story may be simplistic, Fonda's performance is anything but. She reveals the fear behind her rage as a convicted murderer and later, the remorse seeps out of her as she calmly murders for her country. Fonda is able to infuse her character with a complexity missing from the movie as a whole.

Gabriel Byrne is Fonda's match as a recruiter who falls in love with his Eliza Doolittle. Though Byrne's lust for her is unspoken, there is an electric spark between them that is strangely missing between Fonda and Dermot Mulroney, who plays her live-in lover once she is released from The Compound.

The film's most intriguing performance comes from the supporting cast. Anne Bancroft is snarlingly tough beneath her poised demeanor and Harvey Keitel is strangely mesmerizing as a clean-up man. Instead of his usual emotional performance, Keitel is mechanical and remote as he calmly mops up after a botched assassination.

If you want a straight-forward action movie peppered with sex, then "Point of No Return" won't disappoint. Whether you've seen the original or not, there's no avoiding the fact that this movie begs for some psychological complexity. Perhaps some day American studios will trust their audiences enough to know we can read between the frames.

Short Takes

Fire in the Sky has all the sensibilities of a made-for-TV movie. The plot focuses around an actual good ol' Louisiana boy who claims he was abducted by aliens in the mid 80s. We don't get to the crux of the story until 15 minutes before it ends, and while the payoff is intriguing, it's not worth the wait. Rated PG-13. **

A Far Off Place is an action-adventure in which two teens and a Bushman cross Africa's Kalahari Desert to escape vengeful poachers. Gorgeous settings and a positive environmental message, but rather violent considering it's a "family film." Well made but not for smaller children. Rated PG. ***

Swing Kids takes a piece of history about rebellious German teens and trivializes. The Hitler Youth comes between two cool cats, one who believes the propaganda and the other who jitters in defiance. Dancing doesn't make for much of a rebellion, but then this isn't much of a film. It's so inane that Kenneth Branagh, who plays a Gestapo big wig, took his name off the film. Rated PG-13. *1/2



BRIDGET FONDA STARS AS MAGGIE, a convicted killer offered a chance to live if she joins a covert government agency specializing in high-level assassinations, in Warner Bros.' action-filled psychological thriller "Point of No Return."

Falling Down is a nasty and controversial tale of white urban anger in which nerdy Michael Douglas stomps on anyone who annoys him. He may right a few wrongs along the way, but much of his venom is dipped in paranoia and racism. An ugly, ugly film. Rated R. *

Mad Dog and Glory teams mild-mannered cop Robert De Niro with complicated gangster/comedian Bill Murray. Uma Thurman is the woman who Murray tosses to De Niro, then wants back. Characterization and very strong performances are the film's best points. The plot is uneven, but still manages to charm. Rated R. ***

Army of Darkness is a funky, funny Sam Raimi ("Darkman") concoction in which dumb hunk Bruce Campbell falls into a time warp and emerges in the 13th Century. There he uses his chainsaw and agility to fight an army of Deadites that looks like it marched right out of a 1950's matinee. Goofy, but fun. Rated R. ** 1/2

The Crying Game is a twisting, turning action romance that defies conventional movie mores. What begins as a movie about IRA terrorists takes you on a journey that flows seamlessly from one genre into another, surprising and delighting along the way. There's good reason people are chattering about this film, as audiences are seldom treated to such originality. Rated R. ****

Untamed Heart is an appealing old-fashioned suds of a romance given lots of conviction by waitress Maria Tomei and the busboy she falls for (Christian Slater). Rosie Perez is the comic relief in this girl meets boy story. The dialogue sometimes sounds a little scripted, but the performances really pull at your heartstrings. Rated PG-13. ***

Sommersby is an emotionally rich and eye-pleasing Civil War romance in which plantation owner Richard Gere returns to his wife Jodie Foster a changed man. In fact, he may not even be the same man. Powerful, sweeping and memorable, this is a throw back to Hollywood's epic past and shouldn't be missed. Rated PG-13. ****

Scent of a Woman gives Al Pacino a chance to knock our socks off as a blind army veteran who hires an unwilling prep school student (BC student Chris O'Donnell) to guide him around New York City for one wild weekend. The story unfolds in typical Hollywood fashion, but go to see Pacino's performance, you won't be disappointed. His fine acting and some clever language save it from being too precious. Rated R. ***

- **** excellent
- *** good
- ** fair
- * poor
- x stay home

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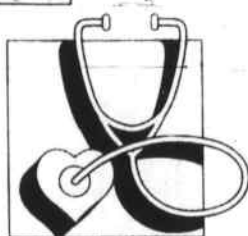
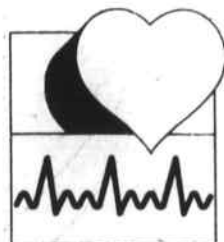
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Middlesex East



Healthy

LIFESTYLES SPRING 1993



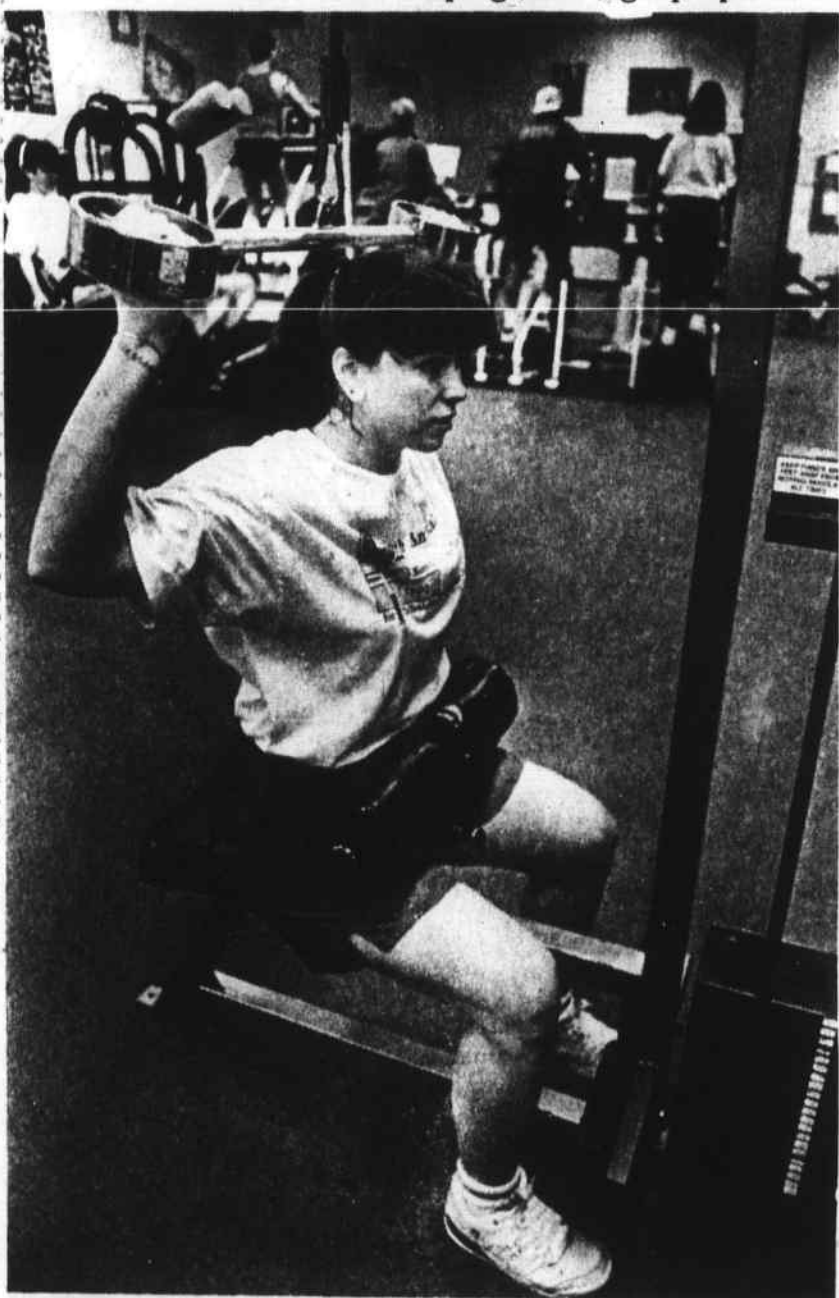
It's that time of year once again, time to drop the remote control, trade in the pepperoni pizzas for carrot sticks, and lace up the running sneakers. That's right, Spring is back.

With the onset of Spring comes the annual guilty feeling of sitting around all winter, watching the waistline grow bigger than the hole in the ozone.

Spring also means New Year's resolutions are a distant memory, and the exercise equipment you received for Christmas is collecting dust after being used about three or four times.

But there is hope. There are plenty of ways for anyone to get into better shape and to feel good about themselves. Many area hospitals are holding free clinics and low-cost programs to get people on the road to healthy lifestyles.

The following hospitals have various activities planned: New England Memorial, Melrose-Wakefield, Lawrence Memorial (of Medford), Winchester, and Malden. (See inside pages for more details.) In fact, March is National Nutrition Month, and most hospitals have special programs planned to celebrate the occasion.



PUMPING IRON...Ellen Small works out on one of the many pieces of exercise equipment at Racquettime in Woburn to shape up for Spring activities.

(Don Young photo)

It's that time of year

By KEN MAGUIRE

To get into shape, one needs a proper game plan. A good idea would be to see a nutritionist, who can develop an individual plan, addressing your particular needs. Two people looking for the same result - to be healthier - may have totally different likes and dislikes, making their nutritional programs completely different.

Paula Moffat, a clinical dietitian at New England Memorial Hospital in Stoneham, says taking that first step is not easy. She said the winter doldrums often keep spirits down, but that doing something now will pay dividends in the future.

"This has been quite a winter for couch potatoes," Moffat said during a recent interview. "Getting over that initial step can be difficult. What you can do is pick any three days out of the week and walk for 10 minutes."

Of course, with any form of exercise, consulting a physician should be mandatory. A complete physical is a sensible idea, as only a doctor has the authority to proclaim someone ready for exercise.

Moffat said the right combination of eating well and exercising usually produces desired results. "You'll have more energy. You'll be able to do more during the course of a week." She cautioned, however, that feeling healthier takes time, and results are not achieved overnight.

"People want it to happen in two weeks," Moffat said. "You should lose one or two pounds per week, maximum. And that's with exercising. You put the weight on slowly. Therefore, it needs to come off slowly."

New England Memorial is sponsoring an eight-week program called "Trim Down and Perk Up." Moffat said the program offers a gradual change

Continued to S-24

Healthy LIFESTYLES Calendar

SPRINT INTO SPRING 5K/10K CLASSIC

Executive Racquet and Fitness is welcoming Spring with its first road race.

The Sprint Into Spring 5K/10K Classic will be held on Sunday, March 28 at 10 a.m. The race will start at Executive Racquet & Fitness, 28 Commonwealth Ave., Woburn and con-

sists of two different courses for the 5K and 10K event.

The cost of either event is \$12 on registration day. Trophies will be given to the overall winners of both events. There will be pre and post race refreshments available.

For more information and details, call Executive Racquet

Continued to S-24

Good News for Young Families From VNA Middlesex-East: Healthy Lifestyles '93 start here

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- Sick Infant?
- Adjusting to Parenting Issues?

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Winchester Hospital Breast Care Center - a new resource for women who want to know all the facts and all the options.

If you've been looking for a way to learn about breast health and to be fully involved in the decision-making process, now there's a resource just for you. The newly opened Winchester Hospital Breast Care Center provides the latest clinical information and comprehensive care in a unique community setting.

The Center offers you a team approach to breast care, bringing together board-certified physicians and a nursing coordinator, all trained in breast health, to work with you in evaluation, mammography, treatment options, support, and follow-up. Every member of your team is dedicated to meeting your needs and listening to your concerns.

You're invited to use the Center's information resources. Visit the library, register for breast health education sessions, or call the Information Hotline with your questions.

For a brochure or an appointment, please call 617-756-2308.

Winchester Hospital Breast Care Center, Baldwin Park II, 7 Alfred Street, Woburn, Massachusetts 01801

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Healthy LIFESTYLES SPRING 1993

Breast reduction surgery

"I have more confidence"

"I have more confidence now; I love my new image. I might even try tennis again some day," says 68-year-old Magdelene Yetman-Higgins of Stoneham, smiling like an infatuated schoolgirl in love with life itself.

For almost a decade, Ms. Yetman-Higgins had been in sever pain from arthritis. Once an avid horsewoman who played tennis regularly, she had been restricted from the activities she enjoyed as the pain in her lower, and particularly upper, back got progressively worse over the years.

Until about a year ago, Ms. Yetman-Higgins felt as though the pain was all she had left. What she didn't realize was that her upper back discomfort could be eased with breast reduction surgery, also called reduction mammoplasty. "I had heard about surgery, but I thought it

was done only for cosmetic reasons. I didn't realize that I'd be a candidate through my health insurance," commented Ms. Yetman-Higgins.

Dr. Gurmander S. Kohli, medical director of The Center for Plastic Surgery and Personal Development at New England Memorial Hospital, performed the surgery on Ms. Yetman-Higgins. He says there are many women for whom breast reduction would be beneficial who are not aware that it could be covered by insurance.

"Most people who can benefit from this procedure are those who have complaints of upper back and neck discomforts from their brassiere straps," explains the board-certified plastic surgeon. "Others might develop rashes under the breast areas, which worsen in summer months, or have difficulty participating



MAGDELENE YETMAN-HIGGINS, age 68, who suffered years of discomfort has a new zest for life as a result of breast reduction surgery. The operation was performed by Dr. Gurmander S. Kohli of The Center for Plastic Surgery and Personal Development in Stoneham.

in jogging, swimming or other exercises that they need to maintain themselves and their state of health. Some also say that the weight of their chest bothers them when they sit back, making breathing difficult.

Ms. Yetman-Higgins underwent a procedure more commonly done on patients between the ages of 20 and 45. However, Dr. Kohli maintains that her age was not a concern. "Age is not a criteria by which we decide

whether a person should have this surgery or not. The criteria are first that the patient's breasts are large enough to cause a problem, and that the patient has no serious medical conditions that would make us reconsider anesthesia. My patients have ranged in age from 17 to well into their seventies."

Dr. Kohli explains that some women, along with their spouses, family or friends, harbor doubts or fears. "Breast reduction surgery is quite an emotional issue, so my job is to advise them properly. Sometimes the patient is very excited about the surgery, but her husband or boyfriend has specific concerns. I'll meet with both of them, explain the procedure, give them some brochures to take home. On another visit I'll show them a video that summarizes the information I've given them."

While breast augmentation, which involves implants, has been getting negative press in the last year or so, the number of breast reductions has steadily increased. According to Dr. Kohli and his associates, Drs. Rao and Gee, also plastic surgeons at The Center, improvements in monitoring devices used for anesthesia over the past 10 to 15 years have made surgery safer and more available for a broad range of individuals.

The cost is eight dollars. Registration begins on April 12 at the YMCA (no phone-ins). Register at the Front Desk,

Monday through Friday from 9 a.m. to 9 p.m. and Saturday from 9 a.m. to 4 p.m. "Learn to Swim" week is an excellent opportunity to try out the lessons at the North Suburban Family YMCA.

Registration for spring classes begins May 1.

For more information, please contact Donna Cerrato, Aquatics Director, at (617) 935-3270.

Suburban Family YMCA.

Registration for spring classes begins May 1.

For more information, please contact Donna Cerrato, Aquatics Director, at (617) 935-3270.



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7:00pm

The School of Nursing Library

Carpal Tunnel Syndrome

Tuesday, April 13th
7:00pm

The Malden Hospital Auditorium

Arthritis Support Group

Wednesday, April 14th
1:30pm

Call 322-2221 ext.5259 for location

Arthritis Self Help Course (6 week Program)

Starts Wednesday, April 21st
1:00pm

American Legion Building in Revere

Call 322-2221 ext.5259

for more information

Parent Effectiveness Training

Tuesday, April 27th
7:00pm

The Malden Hospital Auditorium

Fitness Classes (Low Impact Aerobics and Floor Exercises)

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(\$75 for 21 classes/7 weeks; call 245-2936 to register)

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Exercise for Health II	4/5 - 6/23
Personal Fitness	4/5 - 6/23
Women's Fitness	4/6 - 6/24
Karate	4/6 - 6/8

Self Improvement Choices

Stress Management I	4/28 - 6/16
Trim Down, Perk Up/Weight Management	4/7 - 5/26
Breathe Free/Stop Smoking	4/8 - 4/29
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CPR Level C (for health care providers)	Call for dates and times
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Diabetes Support Groups (free)	Type II: 2nd Wed. each month Type I: 4th Wed. each month
Monthly Diabetes Lectures (free)	Call for dates and times

Street Smarts for Women	3/29 and 6/28
55 Alive Safe Driving	3/29 and 3/30
Baby-sitters Class	4/28 - 5/19

Parenting

Stress Management and the New Mother	4/28 - 6/2
--	------------



New England Memorial Hospital
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Healthy LIFESTYLES SPRING 1993

"Kidersercise" at Pulsations

The *Kidersercise* Fitness program offered at Pulsations is a refreshing alternative for children ages 1-12. It's a great program for children who aren't involved in an organized sport of activity.

Kidersercise is an excellent opportunity for children to develop motor and social skills, while having fun. It is set in a positive learning environment and stresses a non-competitive atmosphere.

Kidersercise is based on the needs, interests and capabilities

of each child. It incorporates a broad series of movements by using music, marching bands, tunnel, parachute, balance beam and rhythmic activities.

Classes offered are "Twinkletoes" ages 1 and 2 years, "Busy Feet" ages 3 and 4 years, "Happy Feet" ages 5 and 6 years, "Funky Feet" ages 7-12 years.

Kidersercise also offers an outstanding summer program called "Fitness, Fun and Friends." It incorporates physical activities, low-impact games

and unique arts and crafts for ages 5-11.

Stop by at their convenient location of 451 Main St., Stoneham or call (617) 438-6080 for more information.

Linda Flynn is a graduate of Plymouth State College and holds a Bachelor of Science in Physical Education and is Massachusetts Teacher Certified. She is the mother of a 3-year old and a 5-year old who actively participate in the *Kidersercise* program.

Regional Health network

Lahey-Symmes come together

Lahey Clinic announced agreements with Arlington's Symmes Hospital and with the Arlington-based physician practice Internists, Inc., that are intended to make each a part of a regional Lahey Clinic health network.

Officials of Lahey Clinic and Symmes reached agreement Friday on the principles for bringing the two organizations together. The two institutions will begin efforts immediately to develop joint cost-effective cooperative programs and to work toward a more formal and comprehensive association in the future.

"These are the first in an expected series of associations with Lahey by physician groups and hospitals throughout the region," said Lahey Chief Executive Officer Bruce W. Steinhauer, M.D. "The prospect of a strong association with Symmes means that we are getting closer to our goal of a network encompassing all levels of care."

"At the same time, we are very pleased to have completed the merging of Internists, Inc., into the Lahey Clinic physician practice. Their long-standing relationship with Symmes will further strengthen the quality of care we all provide."

The agreement with Internists, Inc., effective immediately, makes the group's 12 physicians full-time members of the Lahey Clinic staff as well as continuing full-time on the Symmes staff. As Lahey and Symmes physicians, they will provide medical services to patients at their existing offices in Arlington, Belmont and Billerica.

The Internists, Inc., physicians will serve as part of Lahey's Section of Community Medicine, a newly established unit intended to make primary and secondary care available outside the walls of Lahey Clinic.

"This is an association in which everyone wins," said cardiologist Robert J. Carey, M.D., president of Internists, Inc. "It helps create a more unified health care system for patients in this region, it increases the availability of appropriate levels

of care for patient's needs, and it opens the resources of Lahey Clinic to our patients when they need them."

"While many organizational and financial details remain to be worked out," said Symmes President David Speltz, "We at Symmes have made a commitment to pursue a plan in which Symmes would be an important part of the Lahey network and play a major role in providing cost-effective quality care to our region."

"This will enormously benefit the patients we all serve."

The Lahey Clinic is a compre-

hensive multispecialty diagnostic and treatment center whose full-time staff of 275 physicians and 3,000 support personnel provide care to more than 2,000 outpatients each day in virtually every specialty and subspecialty of medicine. It has a 272-bed acute-care hospital.

Symmes Hospital has been serving the health care needs of Arlington, Belmont and Lexington and surrounding communities since its founding in 1902. With a medical staff of more than 80 full-time physicians and a support staff of 750,

Lahey to S-20

Dental implant - what is involved?

WHAT IS INVOLVED IN PLACING IMPLANTS?

Implants cost significantly more than partial or full dentures and require a considerable investment of time. The implant process involves several steps and may take between six to nine months to complete.

Step 1 - The implants or anchors are placed into the jaw bone surgically.

Step 2 - The healing top of the implant is exposed three months (for the lower) to six months (for the upper) by the oral surgeon.

Step 3 - The restorative dentist constructs the final prosthesis (bridge, crown, etc.).

and create a final treatment plan.

WHAT DO DENTAL IMPLANTS HAVE TO OFFER?

Many people who have lost one or more teeth know the difficulty in replicating their natural teeth. Dental implants provide a means of coming as close as possible to your own teeth.

Whether you have lost a tooth or have a full or partial denture, dental implants may be an option for you. The implants serve as an anchor for the artificial teeth.

Implants can replace one or more missing teeth.

HOW DO I KNOW IF IMPLANTS ARE RIGHT FOR ME?

During the dental examination, the condition of your mouth, the supporting bone in your jaws and the way your upper and lower teeth fit together will be evaluated. The dentist will need x-rays and study casts of your teeth or dentures. This information when put together will determine whether you are a good candidate for dental implants.

HOW TO SELECT A DENTIST TO PERFORM IMPLANTS

Implant Dentistry requires close cooperation between a team. This team is composed of the oral surgeon who places the implants, the restorative dentist to reconstruct the mouth and the dental lab technician who is particularly adept at implant technology. Before any implants are actually placed, there must occur a formal get together of the team to discuss the option

Aerobics still fitness craze

Pulsations Aerobics and Fitness is a family based studio, meeting the needs of each family member, offering high intensity - low impact aerobics, Reebok step, funk aerobics, body sculpting and relaxation classes with over 33 classes to choose from. All instructors are certified. The studio has an aerobic floor and babysitting is offered for all morning classes. The first class is free so come on and give it a try.

Looking for something exciting and healthy for your child's next party? Pulsations offers fitness parties; provides an hour of entertainment and games. After cake and presents, Pulsations cleans up the mess.

In the market for weight management? An excellent weight control program is offered. A personal trainer is on staff to meet individual's goals, "One of One with June."

June Reynolds is AFMA certified. She has been in the fitness industry for 15 years. 1993 marks the seventh year owning and directing the studio. On Saturday, April 10, Pulsations Aerobics and Fitness will hold a free Health and Fitness Workshop from 10 a.m. to 12 noon. Call (617) 438-6080 or drop by at 451 Main St., Stoneham.



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Healthy LIFESTYLES SPRING 1993

30 years of fun at Camp Evergreen

Day camping can provide activities specifically geared toward building confidence and self esteem. Attitudes of positive learning through play can carry over into academic situations. The two months of July and August can be the most important part of the year for a youngster. Removing some of the pressures of school allows a

child to discover new dimensions of interests and abilities at their own pace.

Thirty years of day camp experience has proved to the Jim Loscutt family at Camp Evergreen in Andover that this method of enriching skills both social and physical can add tremendously to the growth and development of a child. Over

10,000 former campers from every professional walk of life have attested to the fact that Camp Evergreen has provided them with some of their happiest childhood memories.

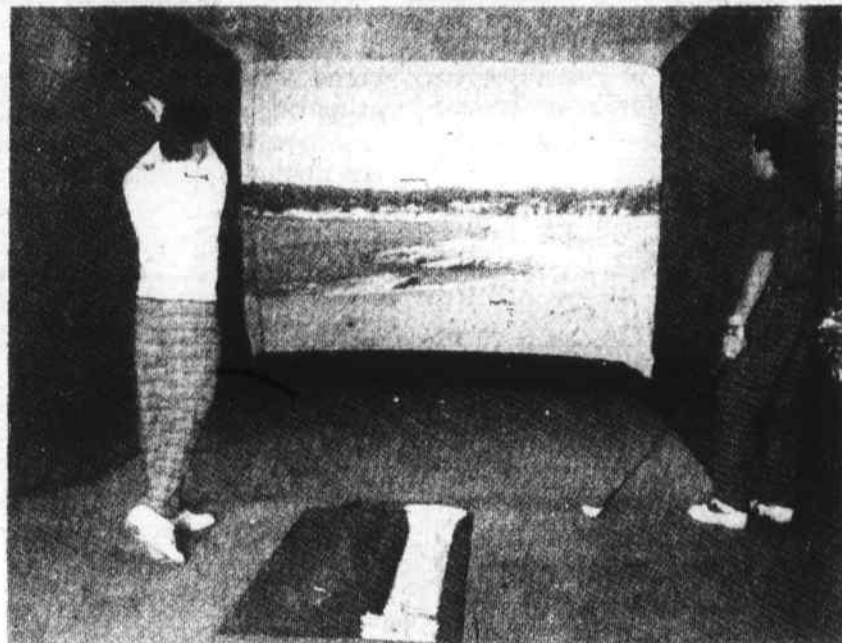
Celebrating its 30th Anniversary, Camp Evergreen is seeking many of its former campers and staff members for a reunion and family picnic in June. Many of the current campers are second generation. Every year for the past 30 years campers have helped to create little notches in the rustic setting of camp which leaves a little of their creativity behind. Camp Signs, identifying markers of trees, and Indian totem poles are little parts of learning left for others.

I sit on the rear bumper of my car, remove my spikes from the trunk, slide them on and head to the first tee with my bag slung over my shoulder and a brick between my ribs. Regardless of the level of skill, all golfers experience this sensation on the first tee. So as not to discourage anyone contemplating taking up the game of golf, the brick leaves after the first tee and the pleasures abound.

Tom Stewart, in A Tribute to Golf, states that "Golf is an arena for realizing human potential. It is a marvelous blend and confluence of body, mind, psyche and spirit."

Does it surprise you that golf is increasing in popularity faster than any sport? In the United States there are expected to be 40 million players by the year 2000. On Monday mornings around the world, in front of coffee machines, most will share with each other the tee shot they hit "on the screws," the approach shot that hit the pin, or the 30 footer that snaked its way into the hole.

If you have not been there, be prepared to walk the equivalent of some five miles with three



YOU AND YOUR FRIENDS CAN ENJOY a round of golf all year round at Ironwood Indoor Golf in Woburn. Seven famous golf courses are simulated for either 9 or 18 holes - time to perfect that swing for spring!

friends while experiencing some of the most beautiful real estate around. Aside from the obvious physical benefits of the sport, and more importantly, golf offers it participants an opportunity to experience nature, escape from the real world, and instills a sincere appreciation for the traditions of the sport. Within the "boundaries" of the eighteen holes exists a world unto itself.

The nature of the game is one of patience. Success in golf comes slowly, through lessons and long hours of practice. From the first time you hold a club until you leave the face of the earth, you will be on a mystical journey in search of the

answers. There will be a never-ending supply of books, magazines and tapes promising to give you the answers. You will never be fully satisfied with your swing. Not to be discouraged, this is a beauty of a game.

So continue to search for the perfect golf swing, knock strokes off your score, but, always remember that every time you step on the first tee, you are a winner, because the real value of this wonderful sport comes from the things we don't record on a scorecard.

At Ironwood Year Round Golf, you can hone your skills, 9 a.m. to 11 p.m., seven days a week. Call or stop by for a free demonstration or call (617) 933-6657 for information or lessons.



JAMES RANDALL OF ANDOVER (rear) and Russell Kupperstein of Medford (foreground) are busy creating the largest hole in a sand box ever made at Camp Evergreen day camp in Andover.



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Healthy LIFESTYLES

SPRING 1993

Mammography: It works

In the wake of the recent media attention paid to studies which claim that women under the age of 50 do not benefit from mammograms, two local medical experts speak out in dissent and to reaffirm the importance of this lifesaving screening test for women in their 40s.

"To conduct a study proving that removing cancerous lesions makes a difference in mortality rates must be carried out over a very long period of time," says Richard Kingsbury, M.D., a board-certified surgeon who is medical director of Winchester Hospital's new Breast Care Center. He notes that most of the studies that made the news recently followed women in their 40s for only five to seven years.

"There is a problem with the statistics," agrees Robert Shirley, M.D., a board-certified gynecologist on Winchester Hospital's medical staff who specializes in breast surgery. "They're trying to judge the benefits of detection with only five- to ten-year survival dates."

"For example," Dr. Shirley explains, "Say Mrs. A., in her mid-50s, had breast cancer diagnosed today and we know she will die in seven years. If the cancer had been detected ten years ago and treated, however, she would be alive. But that represents a 17-year span of time, and the studies don't reflect that."

Both physicians are adamant about mammography's worth as a screening tool to detect breast cancer in its earliest, most curable stage.

"Mammography today is just fantastic," says Dr. Shirley. "We can detect what's called ductal carcinoma in situ, a precancerous state which, when dealt with appropriately, is 100 percent curable. On mammography films it looks like pepper sprinkled across white paper."

"When I was a medical student, only three percent of breast cancer diagnosed was ductal carcinoma in situ," he continues. "Today, that figure is 18 percent, and the increase is purely due to mammography."

In fact, Dr. Shirley notes that of the last 12 cases of breast cancer he diagnosed in a 12-month period, nine were 'in situ' and only three were invasive.

"There's no question that years ago, the only cancers we found were those lesions that were palpable (able to be felt),"

says Dr. Kingsbury. "That meant it was a larger lump, and the survival rates were not as good."

"Today however, most of the breast cancer we see is detected by mammography," he adds. "The lesions are smaller, and there is a much better survival rate."

The American Cancer Society currently recommends that women have a baseline mammogram between the ages of 35 and 40, and then regular mammograms every year or two between the ages of 40 and 50, and every year after age 50.

Drs. Kingsbury and Shirley -- as well as their colleagues at three major Boston teaching hospitals -- recommend an even more aggressive approach.

We think a woman should have a mammogram every year between the ages of 40 and 50," says Dr. Shirley. "When she's older, and if she's had a large number of normal mammograms, then she can start having them every other year."

Dr. Kingsbury and Dr. Shirley also concur that breast health requires teamwork between a woman and her physician.

"We feel strongly that the most effective screening consists of annual mammograms, an annual exam by the physician, and monthly breast self-examinations by the woman," says Dr. Kingsbury.

"It's quite unlikely for a life-threatening cancer to get through that network," adds Dr. Shirley.

If women have questions about mammography -- or any other aspect of breast health -- they are encouraged to call Winchester Hospital's Breast Care Center. Conveniently located at Baldwin Park II, at the junctions of Routes 128 and 38 in Woburn, the newly-opened Center is a regional, woman-centered evaluation facility that offers comprehensive breast health resources in a single, convenient location.

"Our purpose is to coordinate and integrate all the available care resources in a single location so that a woman's experience is more user-friendly, and there is faster resolution of her

health problem," says Dr. Kingsbury.

Dr. Kingsbury emphasizes that a woman does not have to be diagnosed with breast cancer to visit the Center. The facility offers a full range of diagnostic and therapeutic services not only for women with breast disease but also for those who, for example, are considering plastic or reconstructive breast surgery, need a mammogram -- or have questions about mammography generated by stories in the news media. A team of physicians from Winchester Hospital and New England Medical Center take a multi-disciplinary approach in the treatment and prevention of breast cancer.

Women may call the Center directly for an appointment; it is not necessary to be referred by a physician. For more information, call 756-2308.



FLORA BURKE AND HER SON, MICHAEL, at home after both underwent a lens implant operation by Dr. Wilson Horsley on the same morning. Michael's restored vision has made him feel more self confident.

At Horsley Clinic

Lens implant aids sight

"The last time my son and I were in the hospital together was the day he was born," says Flora Burke, who recently found herself in New England Memorial Hospital one room over from her son, Michael. The two underwent eye surgery performed by Dr. Wilson Horsley of the Horsley Eye Clinic in Stoneham.

Ironically, it was the physician's mother, Dr. Margaret Horsley, who saved Michael's eye 17 years earlier. "I was pounding a nail into a cement wall when the head of the nail shot off into my left eye," remembers Michael. "That's when I met Dr. Margaret. I thought they were going to have to take my eye out, but Dr. Margaret only removed the lens, which wasn't salvageable, and closed the incision." Although the eye was saved, Michael lost most of the vision in it.

Michael's fiancée, Kathy Griffin, read about lens implants in the newspaper and was convinced that there must

of the first operation this past December was to center the eye in preparation for the lens implant. This involved cutting and repairing the eye muscles to align the eye correctly.

The second step, which took place in January, was insertion of the lens implant. Sometime before then, Griffin suggested that Flora, whose cataracts had been worsening over the years, meet with Dr. Horsley.

"I didn't really have any hope at all when I walked into Dr. Horsley's office because I was stone blind in one eye, and only had about 20 percent of my vision in the other," Flora recalls. "I'm a person used to doing everything myself, so the loss of vision has been hard for me to take. When Dr. Horsley examined my eyes he said, 'Well, you're going to see.' I just couldn't believe it."

Flora took an "if you can do it, I can do it" attitude and agreed to the procedure, which took place at New England Memorial Hospital in January. Michael and his mother had adjacent pre-op rooms and both received lens implants that day.

To remove the thick, leather-like cataract from Flora's eye,

Dr. Horsley used a procedure called phacoemulsification, which uses ultrasound waves to gently break up the clouded lens. A tiny incision is made in the eye's tissue wall and through the cornea, which allows the "phaco" instrument to be inserted. It vibrates very rapidly emitting ultrasound energy that gently breaks up, or emulsifies, the cataract into a liquid-like state, allowing it to be flushed out through the tiny opening.

Because this procedure requires such a small incision, the healing process is very rapid, there is less discomfort and patients are able to see sooner. Dr. Horsley is one of only a few ophthalmologists in the country who is board certified in cataract and lens implant surgery by the American Board of Eye Surgery.

"As each day goes on, I'm starting to notice even more of the small numbers on a calendar, for instance," Michael remarks.

Says an astounded Flora, "Would you believe it, the other day I threaded a needle - I really did. I felt so happy. When you're in the dark for so long, it's truly a different world."

Who can you call for a healthy dose of advice?

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have been improvements since Michael's accident. She took it upon herself to call the Horsley Clinic and made an appointment for her husband-to-be.

Improving Michael's left eye was a two step process. The goal

"This is the first and only medical subspecialty group that measures hands on, current surgical skills. Dr. Horsley has gone beyond what is normally required as an ophthalmologist and volunteered to take this exam, and have his surgical skills judged by his peers."

Donald C. Nichols, Ed.D.,
Executive Director
American Board of Eye Surgery

Announcing certification by the American Board of Eye Surgery in the subspecialty field of cataract/implant surgery



awarded to:
Wilson H. Horsley, M.D.

Dr. Horsley received his MD from Loma Linda University School of Medicine, Loma Linda, CA. He served his residency at Tulane University, New Orleans, LA. He completed fellowships in intraocular lens implantation, cataract surgery and glaucoma. He studied under Dr. William Harris, a pioneer in cataract implant surgery.

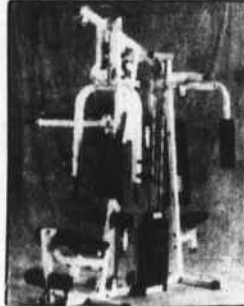
Dr. Horsley is also certified by the American Academy of Ophthalmology. He is Chief of Ophthalmology at New England Memorial Hospital, Stoneham, MA, and is on the staff of 6 hospitals.

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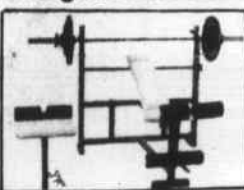
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Healthy LIFESTYLES SPRING 1993

TMJ

A correction of jaw deformities is possible

Jaw size and growth abnormalities are fairly common. We have all seen individuals with big lower jaws (prognathic mandibles) and small lower jaws (retrognathic mandibles). These developmental deformities can have both tremendous functional and psychosocial impact on the affected patient.

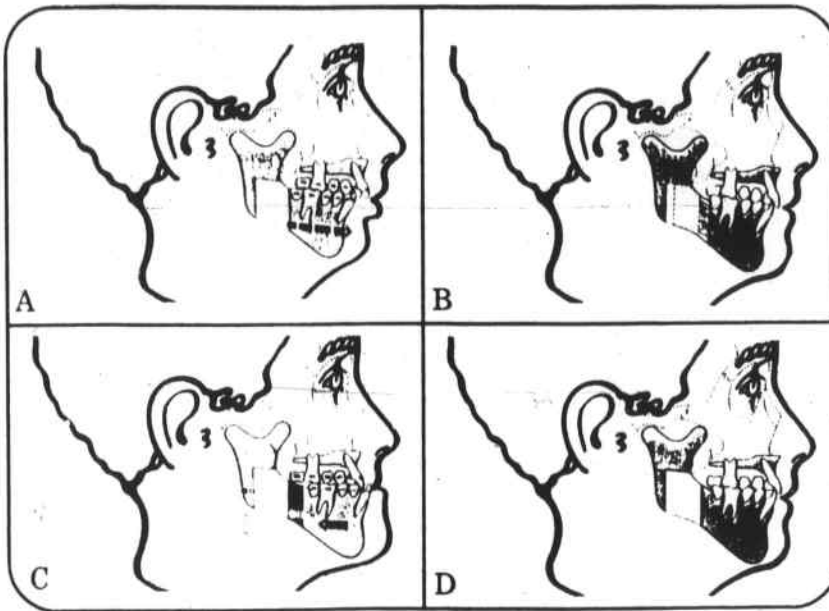
Common functional impairments may include: premature loss of teeth because of traumatic occlusion, difficulty in chewing, TMJ problems, facial pain, speech and airway problems.

Psychosocial problems are less obvious but even more pervasive. All you have to do is look at the comic page in the newspaper. The villainous and dumb

characters all have exaggerated lower jaws. People with jaw deformities are unfortunately labeled. Correction of these jaw deformities is possible using a combination of surgery and orthodontics. New advances have minimized or eliminated the need to wire jaws together for healing. All incisions are now made intraorally with no facial incisions.

For more information contact Dr. Neil S. Hornung, 370 Main St., Stoneham, 02180 (617) 438-7206.

Dr. Hornung is a graduate of Boston University Dental School; a board certified oral and maxillofacial surgeon, and a faculty member of Boston University School of Dental Medicine.



"Don't diet" says this Winchester Psychologist

Anyone who's ever been on a diet knows that it's not impossible to lose weight. Just deprive yourself of food for a period of time, don't cheat, and your scale will soon reflect the good news. End of story, right? Wrong! Just ask Oprah, or almost anyone else who has beamed with pride at achieving his or her weight goal. Diet success feels great...for awhile. Then the pounds come creeping back and you're back where you started. Except you're not where you started, even. You're more discouraged...more frustrated...more bewildered...more embarrassed...more ashamed...and probably even more overweight. There must be a better way.

Dr. Judith Goldberg, a Winchester psychologist who offers classes called the "Anti-Diet Weight Loss Program," suggests an answer, "Dieters everywhere are now recognizing that losing weight is not the problem. It's keeping it off. Even though commercial diet programs are a \$33 billion a year industry, their focus is on the easy part -- the 'taking it off'

part. Isn't it time to recognize that we should be focusing on the hard part, the 'keeping it off' part? My classes are for people who know how to lose weight but don't know how to keep it off permanently," comments Goldberg.

"You need to change the way you think about food to get off the yo-yo diet merry-go-round. But diet programs, where you're either 'dieting' or 'cheating,' unknowingly perpetuate self-defeating thinking," she adds.

Dr. Goldberg points out that many overeaters use food as a reward, a crutch, a source of consolation or a spare time activity when bored.

Naturally thin people, on the other hand, eat to satisfy their hunger. They don't "diet" and they don't "cheat." "I teach people to think about food the way a thin person does," states Dr. Goldberg. "I'm a psychologist, and I believe that 90% of overeating is psychological. The Anti-Diet Weight Loss Program is not a diet program. In fact, it works on the opposite principle from diets. We make sure there is no food deprivation first, and then we do a variety of activities through which students learn to recognize when they are genuinely hungry for food and when they are eating for some other purpose."

"By the time they leave the program," Dr. Goldberg states, "they are in control of food. It has no more power over them."

The ten-week course begins the second week of April. A one and half hour Preview is offered prior to each course to explain the program fully. Previews will

Many procedures- many treatments

The temporomandibular joints (TMJs) are the joints located just in front of each ear and allow for the opening and closing of the lower jaw. Each is essentially a ball in a socket arrangement. The ball is part of the mandible (lower jawbone) and the socket is part of the temporal bone of the skull. The joint is named the temporomandibular joint (TMJ) for the two bones that make up this articulation. Patients that have TMJ problems with symptoms of pain and/or dysfunction of the jaw need proper diagnosis and treatment for these problems.

Proper diagnosis is essential because TMJ problems can be inside of the joint or in the muscles and ligaments around the joint. Also, a combination of both of these problems often occurs. It is important to understand that a variety of causes may be involved in TMJ problems. If these causes are not identified and resolved or, at least controlled, TMJ treatment may be initially successful, but then symptoms return and the treatment ultimately fails.

The initial treatment for TMJ problems usually involves resting the jaw and eating a soft consistency diet. Along with this, there are a number of non-surgical treatments that may be indicated. These may include some or all of the following:

1. Medications (non-narcotic and not habit forming)
 - Nonsteroidal, anti-inflammatory meds (ex. Advil)
 - Muscle relaxant meds (ex. Flexoril)
2. Physical therapy
 - Must be properly designed and balanced
3. Stress management
4. TMJ splint therapy
5. Treatment of acquired jaw habits of clenching or grinding the teeth

These habits are usually

take place at Dr. Goldberg's office, 165 Washington St. in Winchester, on Wednesday, March 31 at 4:30 and 7 p.m., on Saturday, April 3 at 10 a.m. and on several dates the following week. The cost of the program is \$35 per session on a pay-as-you-go basis. Many health insurance plans will cover all or part of the fee, as part of the mental health benefit. Reservations for the Preview can be made by calling (617) 721-0663. There is a \$10 fee for the Preview and space is limited.

stress induced and may require stress management or hypnotherapy.

TMJ problems that are not resolved by nonsurgical treatment may require surgery. It should be noted that most patients with TMJ problems do not require surgery, and statistically, less than five percent of TMJ patients will need surgical treatment. When indicated, however, there are two types of TMJ surgery that may be performed, open TMJ surgery and arthroscopic TMJ surgery.

Arthroscopy is a surgical technique that is much less invasive than open TMJ surgery. It also has been associated with less complications than open TMJ surgery, and it requires a shorter time in the hospital (day-care surgery only). TMJ arthroscopy is performed with a smaller version of the sophisticated instruments that have revolutionized knee surgery during the past decade. The procedure requires very small skin incisions of about one quarter of an inch instead of the usual 2 to 2 1/2 inch incisions that are used in open TMJ surgery. The results of TMJ arthroscopy have been very rewarding with a high success rate, minimal complications, and short recovery periods.

The TMJ arthroscopy procedure that can be performed today utilizes the most recent advance in this field and the most updated instrumentation.

Dr. Allen W. Tarro is a board certified oral and maxillofacial surgeon who has had a number of papers on TMJ arthroscopy published in leading professional journals. He has contributed chapters to textbooks about the temporomandibular joints. He has lectured extensively on this subject both nationally and internationally. Dr. Tarro has recently written a complete text/atlas of TMJ arthroscopy which has been published by the J.B. Lippincott Co.

It is important to understand that the earlier a TMJ problem is properly diagnosed and treated, the less involved is the treatment modalities.

Dr. Allen W. Tarro treats all types and phases of TMJ problems and has offices in Stoneham at 370 Main St., (617) 438-7206 and in Lowell at the Medical Professional Building at St. John's Hospital, 33 Bartlett St., (508) 454-5637.



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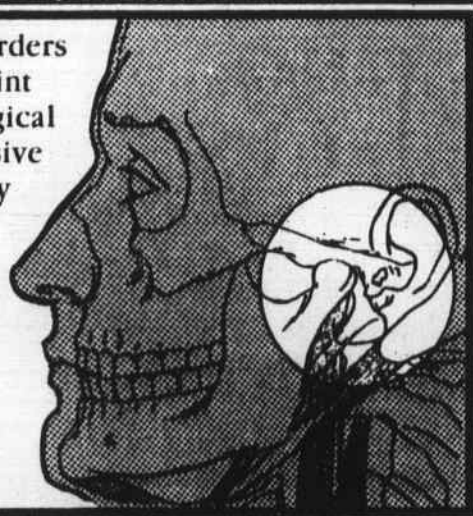
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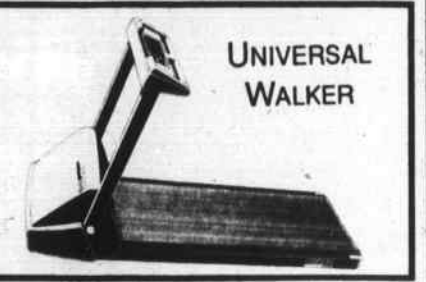
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Healthy LIFESTYLES SPRING 1993



A VIEW OF THE WINCHESTER INDOOR TENNIS facility shows some of the numerous courts available for working on a "Healthy Lifestyle" in good weather or bad weather. (Don Young photo)

"Assisted Living Program" makes Country Club Heights feel like home

WOBURN - When Country Club Heights introduced a 24-hour Assisted Living Program for senior adults in the Fall of 1991, it was described as "a commitment to residents to make Country Club Heights their home for the rest of their lives."

More specifically, it was an alternative to a nursing home.

"Residents were coming to Country Club Heights able to live independently, but over time they needed more services," recalls Beth Vellante, executive director at Country Club Heights, a luxury rental retirement community on the Woburn/Winchester line. "Many were leaving us for nursing homes, and they didn't want to. Now they have a choice."

Today, 14 of the 101 residents at Country Club Heights take advantage of a range of services offered through the Assisted Living Program. Eleven of the 14 are longtime residents of Country Club Heights who would have been forced to move to a nursing home if assisted living did not exist.

Lillia Price, a CCH resident since its opening in 1979, was told by her doctors last July that she could no longer live alone.

"Every time I see Beth, I tell her how thankful I am," says Lillia. "If not for this program, I would be in a nursing home today. This is my home; it's where I want to stay."

The entire fourth floor at Country Club Heights is dedicated to Assisted Living. A nurse is on call 24 hours a day, and the 7-1 resident-to-aide ratio is the lowest of any assisted living program in the area. A second assisted living floor was recently added, to allow Country Club Heights to better serve both their own residents and other senior adults in the community.

Marion Donahue, a retired Army nurse, is another CCH resident who would have been forced to leave without assisted living.

"I visited several nursing homes, and I knew I didn't want to leave here," said Marion, an eight-year resident at CCH. "I like the idea that there is a nurse available all the time. There is no place I could go that would be as good as it is here."

The Assisted Living Program is administered by Special Care Home Health Services, a Medicare-certified agency affiliated with New England Rehabilitation Hospital in Woburn. A wide range of services are available to residents, including Morning, Morning and Evening, and 24-Hour assistance programs.

"We want to be able to offer every resident a program of services which will meet their individual needs," says Vellante. "The more diverse our services are, the better the chance our residents will have to be with us for the rest of their lives."

Dr. Seymour Berg, a practicing psychiatrist in New York for 50 years, now spends his days in a wheelchair after suffering a stroke in 1987. Thanks to the Assisted Living Program at Country Club Heights, he is still active professionally, and is even licensed to practice in Massachusetts.

After his stroke, Dr. Berg searched nationwide for an appropriate independent living situation. "I wanted to live someplace where I could sit at my own table, play my hi-fi, watch television, read what I want to read," he explained. "In New York, assisted care is not well defined. If you can't walk, you can't be in a residential setting."

Through his daughter, who lives in Newburyport, Dr. Berg became aware of the assisted

living concept, and is now a resident at Country Club Heights.

"There is no better system than assisted care," Dr. Berg continued, "and I don't know of anyplace that is better (than Country Club Heights). I am free to be myself, free to be curious about what's going on in the world."

Having spent his entire professional life studying and understanding human emotions, Dr. Berg understands as well as anyone the need for assisted living.

"People come from a lifestyle where they are their own decision-makers," Dr. Berg continues. "Then something happens and they need help; they resent being in that position. The help that is necessary has to be offered in a very concerned way, so people can accept it without feeling too dependent."

"This system is reliable, and it gives people a feeling of security. When I press my beeper (affixed to a chain around his neck), I know someone will be here to help me do something I can't do myself."

Tennis: A sport for a lifetime

The Winchester Indoor Lawn Tennis Center, built in 1965, was the first facility that was open to the public in New England. Over a period of 27 years, they have grown from four courts to 14 courts to satisfy the enthusiasts of tennis. During the period of 1968-1972, WILTC held the Women's National Indoor Championship which was co-

sponsored by the Youth Tennis Foundation of New England for four years and by the first Virginia Slims Corporation in 1972. Billy Jean King was the number one women's player during these years. Other players who participated were Rosie Casals, Kerry Reid, Nancy Richey, Françoise Durr and Virginia Wade.

WILTC is very proud of developing many youngsters in the teaching program led by Director of Tennis Lloyd Thomas and head pro Mike Lapierre. There is a full-time staff of six pros. A number of players who have been in the program have received full scholarships at Syracuse, Stanford, Virginia, Duke, Boston University, Boston College, Dartmouth and other institutions.

There are currently 14 ladies' adult league teams, eight men's teams, mixed teams, and an active Round Robin program for adults and juniors. They also host tournaments for the United States Tennis Association besides their own annual Club Championship.

The Winchester Indoor Lawn Tennis Center is located at 41 East St. in Winchester and is open 52 weeks of the year, seven days a week. They can also accommodate informal tennis socials.

Arthritis Foundation offers toll-free information line

"Many people mistakenly view arthritis as a part of aging for which nothing can really help," said Arthur Grayzel, Arthritis Foundation senior vice-president of medical affairs. "The reality is that arthritis can bring pain, limit movement and make ordinary tasks very difficult. But there are ways to help you limit its impact and continue to enjoy life."

In addition to prescribed medical treatment, these options include Arthritis Foundation services such as warm-water exercise classes, self-help courses, support groups and a wide variety of information.

For information about arthritis, contact the Arthritis Foundation Information Line toll-free at 1-800-283-7800.

Beat the Nicotine Routine.

Every year, millions of Americans try to give up cigarettes. Although many succeed, many more fall back into the routine. This year, Melrose-Wakefield Hospital is there to help.

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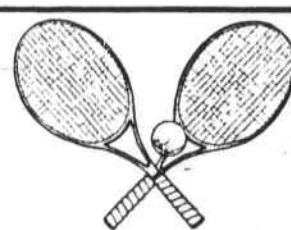
7:00 p.m. - MWH Perkins Lecture Hall

MWH cardiologist Jack Berg, M.D. and other MWH health professionals will discuss the physical, mental and emotional aspects of nicotine addiction as well as some of the newer medical approaches to treating the addiction, including the nicotine patch.

This multi-faceted program recognizes that no single method works for everyone who wants to quit. It is geared especially for those who have tried unsuccessfully to beat the nicotine routine and are ready to try again. A new Anti-Nicotine Support Group is providing continued instruction and encouragement.

Please pre-register by calling the MWH Public Relations Department at 979-3507.


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Healthy LIFESTYLES SPRING 1993

Karate: Towards a healthy body, mind



MANY ADULTS FIND KARATE a healthy and fun route to a fit body and mind. Pictured here are Todd Keane and some of his students from the Academy of Traditional Karate in Wilmington.

Everyone wants a quick and easy way to get in shape. Many people do fad diets or exercise programs. They've seen the ads on T.V. for devices to slim the waist and give them a good cardiovascular workout. The problem with this get-in-shape-quick

approach is that it never lasts long.

Any fitness expert will say that a regular fitness routine, which many enjoy, will give the best results over the long run. tion, and relieves stress, not to mention the effective self-

defense techniques that are taught.

Many people get bored with running or lifting. That is why more and more people are turning to traditional martial arts training, which has kept people in shape for centuries. For example, at the Academy of Traditional Karate in Wilmington, Head Instructor Todd Keane, monitors progress and keeps participants on track. Karate training increases flexibility, improves stamina, tones muscles, improves reflexes and coordina-

In particular, the Academy of Traditional Karate offers a progressive curriculum that gives concrete goals to shoot for. People can literally train for a lifetime and not run out of exciting things to learn. Also, at one time, karate was done mainly by men; however, millions of women worldwide train in the martial arts.

For more information on how to get in shape, stay in shape and feel great, contact Todd Keane, at the Academy of Traditional Karate, 155 West St., Wilmington at (800) 698-2077 and take advantage of their trial memberships.

Try scuba diving Just for the health of it

By DICK PALANZI

Seven-tenths of our planet Earth is covered by water. Jules Verne's Captain Nemo said that those who venture beneath these waters "go to visit the land of marvels." What is the lure of this sport, and what are some positive health benefits for those who enjoy it?

Recreational SCUBA diving (the sport of swimming underwater with the assistance of a "Self Contained Underwater Breathing Apparatus") allows the typical individual their only opportunity to visit a world that is at once totally alien to human life, yet upon which all human life depends. Underwater, a trained diver experiences weightlessness - total freedom from the bounds of earthly gravity. Movement is possible in all directions with a minimum amount of effort, as is hovering motionless while gazing at rock or coral reefs teeming with colorful and exotic marine life.

Modern recreational SCUBA equipment and the quality of today's step-by-step diver education and certification programs have increased safety and fun, and opened up this sport to virtually anyone in good health who is reasonably fit. Avid participants in this non-competitive sport now include both sexes and virtually all age groups. There are even diver education and certification programs available for physically handicapped individuals. Recreational activities underwater can be as basic as hunting and gathering (lobster or scallops, anyone?) or as sophisticated as amateur scientific observations and research. Out of the water, the social interaction and camaraderie is outstanding.

The swimming involved in SCUBA diving is in itself good exercise because it helps

increase strength and endurance, and helps to retain flexibility. Probably the most noticeable health benefit is the stress reduction that often appears to accompany diving. Even though the sport can be exciting and adventurous, the feeling that remains with many divers afterward is one totally stress free relaxation. Divers tend to be health conscious as a group. Relatively few smokers are found at dive sites and neither alcohol or drugs mix with diving. It is not uncommon to find entire families involved in this growing sport, and there are a number of area dive clubs where a diver can meet new "buddies." Interested? Great! Just look for the ad from Northeast SCUBA in this edition, and make an appointment to "Discover SCUBA"! It's even free! Hope to see you down under real soon!

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ing stage it may return, but as a finer less coarse hair. This is the reason why more than one treatment is necessary.

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Call Donna Procaccini in Wakefield for a free consultation today at (617) 245-7271.

Lahey Clinic

Continued from S-15

services available at Symmes include general medical and surgical services, a 24-hour emergency service and a number of outpatient specialty clinics.

The Internists, Inc., physicians include six general internists, two cardiologists, a hematologist/oncologist, a pediatrician, a rheumatologist and a gastroenterologist. The group's support staff of 56 nurses and

other personnel also will become Lahey employees. The Internists group's practice has provided primary and secondary services to Boston's northern and western suburbs since its establishment in Arlington in the late 1930s.

The group has offices at 792 Massachusetts Ave. in Arlington, at 30 Church St. in Belmont and 76 Treble Cove Rd. in Billerica. They will continue to book patient appointments through their existing appointment numbers.

Indoor batting center a hit

Spring is finally here and baseball is in the air. There is now an indoor batting facility available locally where everyone can polish up on batting techniques. At Strike One in Woburn there are four large indoor batting cages with adjustable pitching machines able to accommodate ages 5 to 50 from wiffle ball to softball to baseball. Take hundreds of swings at perfect pitches in the comfort and safety of this new facility.

The staff at Strike One caters

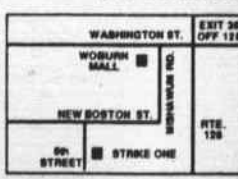
to baseball players of all ages and abilities by offering batting practice and batting instruction. The large Birthday Party Room overlooking the batting cages will provide families with a birthday party package which will thrill children and their friends. This truly will be the easiest birthday party people have ever run for the children.

Persons may stop by Strike One and have Steve or Mark show them around. Work the kinks out of swings and start off the season in mid-season form.

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Woodchips From S-1

and replied, "No, ma'am, I call that a mirror!"

A judge asked my Aunt Nora, "What is your age and remember, you are under oath." "I'm 41 and some months, your honor." "How many months?" Aunt Nora replied barely audible, "One hundred and eight, Sir."...A pretty perfume counter clerk said to my sister, Maureen, "Look dearie, if this darn stuff really worked, would I be standing here eight hours a day for five years selling it?"

Folks, we can learn something from anyone if we would only stop and listen -- for instance, the following radio message "Our radar shows you are on collision course with us. Suggest you alter your course 10 degrees North." "This is a battleship with Admiral Goodraut aboard. We order you to alter your course 10 degrees South." "With all due respects, Sir. This is Seaman Foley on 'lighthouse duty' detail."

Joe Ravida bought a new boomerang and he's having trouble throwing the old one away...My Uncle John Shea has gone to his "eternal rest." He left last week to fill a government job in Washington, D.C.

Personality Winners: Firefighter Paul Guarino, William and Mary Sullivan, Carole Rindone, Charlene MacCurtin, Dick and Lois Midwood and Toots Middleton, all of Reading; Happy 9-0 Ida Collins, Catherine Rais, Wayne and Diane Higden, Forest "Woody" Knowles, Leland Preble and Mary Jo and Allison Pymm, all of Burlington; Bob and Martha Burns, George and Mary Poole, Rev. William Flug, Irene Peloquin, Jerry and Karen Stewart and Paul and Ruth Haggerty, all of Woburn; Jessica Marder, Jim and Barbara Fitzgerald, Nancy Sullivan, Edmond and Marie Baratta, Richard Liberace and Louis and Gail O'Malley, all of Winchester; Judy Babb, Tom Doren, Steve Daly, Maureen Yanartino, Craig McKenna and Dan Benjamin, all of Wakefield; Diane McCarthy, Jeanne Peters, Dawn DeCosta, Barbara MacLeod, Linda Dolan, Peggy Higgins-Hill and Denise Migliorone, all of Stoneham; Happy retirement Fire Chief Dan Wandell and "Good Luck" to the new Fire Chief, Daniel Stewart; Frank Martel, Congratulations hockey goal tender of the year Bob Lesko and Happy Birthday Hugh Wiberg, all of Wilmington.

Also, Kristin Hodges, Erin Sullivan, Corey Morrison, Rev. Richard Haley, Capt. Daren M. Janoschka and Joe and Patricia Foley, all of Tewksbury; Laura Alves, Stephanie Corley, Ryan MacKay, Jennifer Anderson, Brandy Thorton and Gus and his lovely wife, Margaret Strangie, all of North Reading; Mayor Edwin C. Lucey, Warren Jackson, Dena Malgeri, Donald Weiner, Dr. Chuck Rounds and Brother Fred Ed Eld, all of Malden; Tim and Mary Moynihan, owners of "Bread & Bits of Ireland," Bill Burton CPA, John Dwyer, Charlie (the Cobbler), Robin Prentice and Dave Roberts, all of Melrose; Atty. Jane Larmon White, Police Capts. Kenneth DiBlase and Hubert Hanlon, Andy and Muriel Sluz, Rob Grieco,

Danielle Pappas, Rachel DeFrancisco, all of Medford; Billy Wood, Sharon DelGenio, Capt. Joseph Carli Retired, Jim Sartori and Lt. William McKay, all of Saugus; Radio Station WBZ's Norm Nathan, Jimmy Brenna and George McCarthy, all of Everett; Robert Publicover, Frank Giuliano, Dr. Sidney Sorrel, Richard Harrington and Rev. Richard Messina, all of Somerville.

Folks, behind every successful man there's a proud wife and a surprised mother-in-law...I said to my nephew, Timmy, "You don't know which side your bread is buttered on." "What difference does it make?" he replied, "I'm going to eat both sides of the bread anyway aren't I?"

I asked my friend, George Gould, what kind of a name, "Gould" is. He replied, "Gould is an Irish name with a little Scotch in it." My Aunt Nora exclaimed, "George, I've known you for years and there may be a little Scotch in your name but I never remember seeing you with just a little 'scotch' in you!"

My cousin, Mario DiMino, went to the police station Monday and told Lt. Robert Sobolewski that his car was stolen Friday. "Why did you wait so long before reporting it? Don't you know your car could be half-way to California by now?" "I know that, Lt. Sobolewski," Mario replied, "I didn't report it sooner because my wife was in the car!"

Michael Quaganti drove to Las Vegas in a \$50,000 Cadillac, he played the slot machines, crap table and blackjack table and came home in a \$500,000 bus...Charlie Smith's golf game has improved 100 percent since he stopped playing...Sal DiCarlo had a great day on the golf course. He only "fell" out of the golf cart once...Sunday is the day a lot of men bow their heads. Some pray in church and some bow their heads lining up a putt on the golf course and "pray" that the darn ball goes in the hole.

Johnny Ave told me that he's in great shape because he bends down every morning and touches his slippers 50 times. If he feels like it, then he gets up out of bed and puts them on...I'm tired of hearing jokes knocking mother-in-laws. I happen to have the greatest mother-in-law in the world. I'd say that even if she wasn't looking over my shoulder as I'm writing Woodchips.

A young attorney said to me, "Chipper, I borrowed \$10,000 from my father to study law. My first case was when my father 'sued me' for the \$10,000 I owed him!"...Some women marry for money in haste and repent in mink at leisure.

Dreamboats: Ann Surrrette and Linda Kerr, Malden; Katie Kelleher, North Reading; Mary Lou Maniscalco, Jennifer Robbins, Wilmington; Colleen Fitzgerald, Winchester; Suzanne Geary, Lynnfield.

Super Stars: Mark Abruzzese, Stoneham; Bill Ryer, North Reading; Mayor Edwin Lucey, Malden; Jim and Barbara Fitzgerald, Winchester; Jim and Ginny Beebe, Wakefield; Joseph Altavesta, Woburn; Bill Gray, Sr., Melrose.

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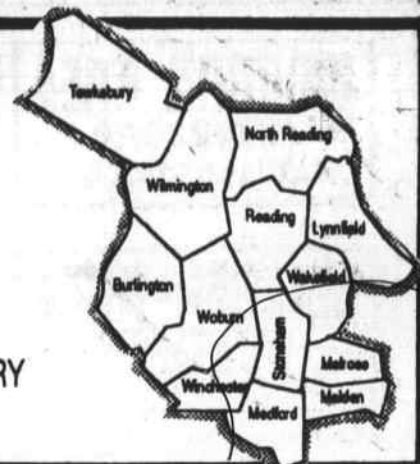
The supreme being in Muslim theology, Allah, is so named from "al ilah," Arabic for "the god."

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This is a part-time position, therefore, no benefits are available. Qualified candidates should forward their resume and salary requirements to: Scitex America Corp., Attn: Human Resources Department, Eight Oak Park Drive, Bedford, MA 01730. An equal opportunity employer.



P22-24

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P23-25

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B24-25, 27, 28, 29, 30

MEDICAL

P A R T - T I M E

Medical Staff Assistant

28 Hours/Week

Excellent opportunity for an individual in a multi-hospital physician credentialing program and hospital market data program.

Job duties will include: data entry and production of documents using a PC, handling of mail correspondence, organization of filing system and assisting manager with special data projects and analysis. College degree and computer experience required.

Please send resume to: Eric Johannesson, Progressive Health Ventures, 20 Mall Road, Suite 151, Burlington, MA 01803. No phone calls please.

**PROGRESSIVE HEALTH
VENTURES**

M19-24



Surgical Technician

Graduate of an operating room technician program required. Certification through the Association of Surgical Technologists and a minimum of one year scrub experience preferred. On-call responsibilities required. When on call, must be able to respond within 30 minutes.

Weekend Secretary/Receptionist

Strong clerical, organizational and communication skills required. Must have excellent interpersonal skills to interact with patients and physicians in a fast-paced environment. Previous medical experience required. Medical terminology, transcription and WordPerfect 5.1 experience preferred. 8:00 a.m. - 4:00 p.m. every other weekend and holiday.

Symmes is an acute care, med/surg facility located 8 miles outside of Boston. Please forward your resume, indicating position of interest, to Human Resources, Symmes Hospital, Hospital Rd., Arlington, MA 02174. AA/EOE.

M24-26

REHAB NURSE

Due to recent growth, an opportunity exists for a part time or full time Nurse Case Manager in Northeastern Mass. A Nurse with excellent written and verbal communication ability, organizational skills and rehab and case management experience is needed to work with patients and their rehab team to insure optimal treatment and service. BSN required. CIRS, CRC, or CRRN preferred. This position offers a substantial base salary, comprehensive benefits including 401K, profit sharing, flex hours (no weekends) and opportunity for advancement.

Please call or send resume to:
Comprehensive Rehabilitation Associates, Inc.
565 Turnpike Street, Suite 72
No. Andover, MA 01845
(508) 683-2137

M22-2, 27, 28, 29, 30

BUSINESS

Systems/Administrative Assistant

This position, in our Sales and Marketing Systems Department, is responsible for updating and maintaining database entry for specific departmental/divisional databases and spreadsheets; generating reports from the data; as well as administrative and clerical support for systems staff. Minimum of 2 years' related experience and knowledge of IBM preferred. Some MAC experience a plus. Thorough knowledge of PC database entry/programs and Lotus or comparable spreadsheet required.

We offer a competitive salary and benefits package. Qualified candidates may send resume and salary expectations to Jeff Kline, Divisional Human Resources Manager, at the address below.

**Addison-Wesley
Publishing Company**
One Jacob Way, Reading, MA 01867

We are an affirmative action/equal opportunity employer. B24-26

Dental Assistant Part Time

Our 2 doctor team based practice is seeking a highly skilled experienced, career oriented Dental Assistant. An applicant should be versed in all phases of dentistry and pride yourself in your communication skills. Our growing practice will provide you with a variety of education, computer, and career related opportunities.

Our North Reading practice will offer Tuesday and Thursday 8 a.m. to 5 p.m.

DENTAL HEALTH CONCEPTS
Donald B. Stackhouse, D.M.D.
J. Steven Tonelli, D.M.D., and team
Please call (508) 664-3141

B24-25, 27, 28, 29

MEDICAL

RN's/LPN's

FULL-TIME

3 PM-11 PM

12-HOUR SHIFT

7 PM-7 AM

Every other weekend

PER DIEM SHIFTS

Also available

Glen Ridge offers a competitive salary and benefits package. Benefits include 2 weeks' paid vacation, sick time, 10 paid holidays, 2 personal days and credit union — with the option to choose pay in lieu of benefits. Health insurance is also available. Qualified candidates are urged to fill out an application at Glen Ridge Nursing Care Center, Hospital Road, Malden, MA 02148 or call Lori Smith at (617) 391-0800 with any questions. An Equal Opportunity Employer.



M19-18 24

RNs/LPNs

Per diem part time opportunities possibly leading to full time. Flexible hours. Prefer experience in long term care, but will consider other qualified candidates. Join our agency free nursing staff in a great working environment.

Please call
or apply in person to
Dawn Richards, R.N. D.O.N.

438-8515
11 North Street
Stoneham, MA 02180

M24-30



BUSINESS

Secretary

Boston Technology develops and markets voice processing systems and related telecommunications equipment. We are currently seeking a polished, organized Secretary for our fast-paced Research and Development organization. This position requires 1-3 years of secretarial experience and strong word processing (Macintosh preferred) skills. Must possess excellent interpersonal skills and a professional telephone manner.

Qualified candidates, please send resume, along with salary history, to: Tricia Ryan, Human Resources, Boston Technology, 100 Quannapowitt Parkway, Wakefield, MA 01880. An equal opportunity employer, m/f/d/v.

B22-24

Boston Technology

ACCOUNTING CLERK

Wakefield company convenient to 128 is looking for a quick learning, accurate, hard-working individual to join its office staff. This entry level position will be in various accounting functions. Some accounting background requested.

Qualified individuals please call:
Penny Wallace

POWER PRODUCTS INC.
(617) 246-1810

B22-24

SECRETARY

We have the following positions available in our Wakefield law office. Accurate typing and knowledge of WordPerfect 5.1 preferred. Legal experience not required.

**Full-time Front Desk Secretary
Part-time Secretary**

We are also looking for a Secretary to work on an "as needed" basis.

Call Gayle (617) 245-4545 at:
Nigro, Pettepit & Lucas

B24-26, 27, 28

PART TIME/FULL TIME SECRETARIES

We are currently seeking Professionals who possess excellent PC, organizational and interpersonal skills. Must be detail oriented. Enjoy diverse tasks and thrive in a fast-paced environment. IBM or MAC necessary.

To apply call Suzanne Burke
between 10 a.m. and 2 p.m.

B25-29

NETWORK PERSONNEL
617-937-0111

RECEPTIONIST

Part/Full Time
SUPERCUTS in Burlington seeks a Receptionist who is flexible for a part time/full time position. If you have a professional appearance, pleasant phone manner and enjoy working with people, please call:

617-273-2885

B24-25, 27, 28, 29

ADMINISTRATIVE ASSISTANT

Immediate opening for small office. 24 hours per week. To provide administrative and secretarial support. Experience with billing, payroll, insurance and WordPerfect a plus. Smoke-free environment. Resume and references. Call Mon., Wed., Fri.

**Wakefield
224-3480**

B19-25

PROFESSIONAL

ACCOUNTANTS! TEMPORARY OPPORTUNITIES

- AP/AR Clerks
- Staff Accountants
- Financial Analysts
- Lotus/Excel Operators
- FC Bookkeepers
- Data Entry Operators

SOURCE TEMPS
617-270-4800

20 Wall Road
#405
Burlington, MA 01803

P23-25

PROFESSIONAL

SUMMER DIRECTOR

Outdoor Adventure Program

**BURLINGTON
RECREATION
DEPARTMENT**

617-270-1695

P23-5

BUSINESS

HIGH PAYING JOBS!!!

Receptionists
Clerks • Typists
Accounting Clerks

Top \$\$\$ long & short term temporary jobs are available NOW, with some leading to CAREER OPPORTUNITIES! Great BENEFITS, FREE Computer Training & MORE!

Call or Visit TODAY!

OFFICE SPECIALISTS
3 N.E. Executive Pk.
Burlington
(617) 273-1472

B22-26

SECTYS/ WORD PROCESSORS

needed to work short/long term temporary assignments and get the RED CARPET TREATMENT ALL YEAR! TOP \$\$\$ & FRIDAY PAYDAY + MORE...

CALL MOORE TEMPS
(508) 657-6000

B23-25

BUSINESS

CLERKS! CLERKS! CLERKS!

Long & Short Term assignments. Immediate openings available. Call Today!

SOURCE TEMPS
20 Wall Road
Burlington, MA 01803
(617) 270-4800

B25-25

CUSTOMER SERVICE FULL TIME

People-oriented position. Service customers on telephone and in person. Assist in all facets of printing business. Typing skills a plus. Non-smoking office. Send resume and salary requirements to:

American Speedy Printing Ctr.
200 Main Street
Stoneham, MA 02180
(No phone calls please)

B17-26, 28, 29, 30, 31

BUSINESS

CHEM Shared Services, a consortium of six community hospitals, is recruiting staff for the CHEM Center located in Stoneham. The Center houses a radiation oncology unit and an MRI unit. The following position is available to an individual who enjoys being part of a committed and caring health care team.

Appointment Coordinator MRI Front Desk

Part-time, Sat. & Sun. 10-2, and fill-in for vacations. Duties include scheduling appointments and performing daily functions of front desk, i.e., telephone, greeting patients. Position requires strong people skills; medical/hospital experience preferred.

Candidates should send their resume or letter of interest to Linda Carr, CHEM Shared Services, 48 Montvale Ave., Stoneham, MA 02180. No telephone calls, or agencies please.

CHEM Shared Services, Inc.

CHEM Shared Services is an Equal Opportunity Employer

B23-25

RECEPTIONIST

Full Time

For a busy Physician's office in Medford. Experience preferred. Benefits available.

ACCOUNTANT

Part Time/Full Time Potential

General bookkeeping functions and monthly financial statements. 1-2 years experience preferred. Benefits available.

Send resume to:

HEALTHCORP
P. O. Box 96
Malden, MA 02148

B23-29, 27, 28, 29

OFFICE MANAGER/ RECEPTIONIST

Part Time (20 Hours)

Weekday position for person to provide general office and secretarial functions. Duties include: telephone coverage, billing, typing, filing, etc. Word processing skills a plus.

Call Donna Sands at

EVERGREEN COMMUNITY SERVICES
665-0120

EQUAL OPPORTUNITY EMPLOYER/AFFIRMATIVE ACTION B24-24, 26, 27, 28

CREDIT/COLLECTIONS REPRESENTATIVE

A leading distributor of industrial packaging and paper products is currently accepting applications for an entry level CREDIT/COLLECTIONS REP. The preferred candidate will have a high school degree or equivalent, excellent phone manner, familiarity with adding machines, CRT, and basic math skills. Experience in Credit/Collections is helpful, but we will train.

Our company offers competitive salaries, a comprehensive benefits package, and tuition reimbursement. Please forward resume to Human Resources P.O. Box 4004, Woburn, MA 01888

EOE/M/F/H/V B24-26

ACCOUNTS PAYABLE

The corporate office of a growing restaurant chain seeks a qualified person to join our Accounts Payable team. Applicant must be detail oriented and able to perform well in a fast paced environment. 1-2 yrs. prior computerized A/P experience required. Position involves extensive data entry and other related duties. Office will move to Wakefield 7/93.

Send resume to:

BERTUCCI'S
Attn. Personnel Dept. - A/P
60 Cummings Park, Woburn, MA 01801
Fax (617) 932-8173

B22-26

QUICK BUCKS

Very Fun Temporary Job
75 People Needed!

- Retail Setting
- Like to Work with People
- Dress Casual
- Enjoy Servicing Customers

Call Frances Immediately!!



617-270-9490

B22-26

WORD PROCESSING SECRETARY

If you have experience on MICROSOFT WORD For WINDOWS, we have an immediate long term assignment available at a top local company. Lots of variety, in a fast paced environment.

PLEASE CALL TODAY

MANPOWER
TEMPORARY SERVICES
(617) 270-4101

B24-30

WOBURN AREA

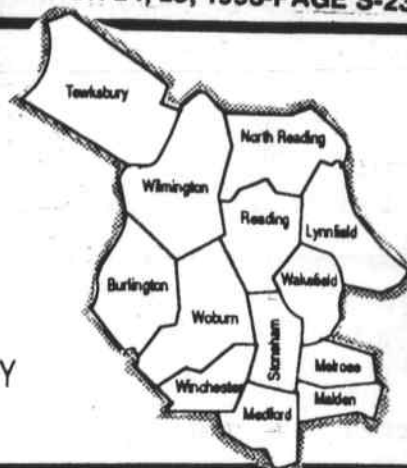
(617) 933-3700
FAX (617) 932-3321

MALDEN AREA

(617) 321-8000
FAX (617) 321-8008

JOB MART

WOBURN • WINCHESTER • BURLINGTON • READING • WAKEFIELD • STONEHAM • WILMINGTON • TEWKSBURY
NO. READING • LYNNFIELD • MALDEN • MEDFORD • MELROSE • PLUS SURROUNDING COMMUNITIES



BUSINESS

MANAGEMENT OPPORTUNITIES

Be Part Of Our Exciting Growth

Get in on exciting growth with Papa Gino's — one of New England's most successful restaurant chains. Learn about the top-notch Management Training Program that gives you all the tools to build a fast-track career!

If you're a high-energy achiever with at least 2 years' fast-food, restaurant or retail supervisory/management experience and a minimum of an Associate's degree (Bachelor's degree preferred), here's what Papa Gino's offers you:

- Competitive Starting Salary.
- Aggressive Expansion Plans
- Weekly Sales Bonus for GM's
- Quarterly Cash Flow Bonus for GM's
- Career Advancement
- 401(k) with Employer Match
- Fast Track to GM based on performance
- Experienced General Managers needed as well.

Please send resume and salary history, indicating convenient time to be contacted, to Diane Vaskas, Papa Gino's, Inc., 600 Providence Highway, Dedham, MA 02026. FAX: (617) 461-1896. Please state position for which you are applying. Candidates without resumes may call 1-800-394-0550 for an application.

PAPA GINO'S, INC.

B23-25

WANTED — EXPERIENCED Proof Machine Operator

Apply in Person at Main Office
856 Massachusetts Ave., Arlington, MA

Suburban National Bank

• ARLINGTON • BURLINGTON • WOBURN

B24-30

RULE INDUSTRIES, INC.

We are currently seeking candidates to fill two challenging and rewarding positions at our corporate headquarters. We are conveniently located off Route 128 in Burlington.

International Division General Clerk

Our International Division offers an exciting opportunity for the individual with 1 to 2 year general clerical office experience. Must possess good telephone communication skills, type 50-55 WPM, have strong data entry skills and ability to handle a wide variety of tasks in a very busy environment. We require a high school diploma. Some business school training a plus.

Word Processor

This position requires strong hardware/software knowledge and document editing skills to support the requirements of numerous departments in our Company. We require thorough knowledge of WordPerfect 5.1 and Lotus 1-2-3. Must be acquainted with IBM PS/2 and Toshiba Page Laser 6 printer. Must be able to handle a diversified workload and meet deadlines. 1-2 years production word processing experience required. H.S. Diploma, experience and specific computer courses necessary. Some business school a plus.

We offer a competitive salary and benefits package including profit sharing. Resumes for either position should be mailed or faxed to:

Lynne D. Smith, Director of Personnel

RULE INDUSTRIES, INC.
70 Blanchard Rd., Burlington, MA 01803
FAX: (617) 272-7891

An Equal Opportunity Employer M/F

B24-26

ADMINISTRATIVE ASSISTANT ENTRY LEVEL

Responsibilities include processing and expediting purchase orders, maintaining files and some general office work. This is an entry level position with excellent growth potential. Competitive salary, good working conditions, benefit package.

Atlantic Plywood Corporation
8 Roessler Road
Woburn, MA 01801

ATLANTIC



B24-30, 27, 27

ACCOUNT EXECUTIVE to \$45,000

Prestigious client needs key player in sales/account mgmt. team. Develop partnership with major clients, plan marketing strategies, budget, maintain and develop new and existing client base. Call Vantage Personnel.

(617) 279-2500
Fax (508) 535-6709

B24-30-30

BUSINESS

ListLab at CMG has three positions available. All positions require detail oriented individuals with strong organizational skills. Compensation is based on experience.

Account Coordinator

Entry-level, full-time position requiring daily client phone communication. Requires good interpersonal skills and ability to work comfortably with tight deadlines.

Reports Coordinator

Full-time position covering a wide range of activities - from preparing and producing reports to performing billing functions and supporting the sales force. Requires a good head for numbers.

Quality Assurance Assistant

Full-time (7:30 am - 3:30 pm) clerical position to assist quality assurance staff by writing status reports for clients, tracking jobs, organizing output and other vital functions to ensure 100% quality service.



ListLab offers a comprehensive benefits package including life/health/dental and 401K.

Send resumes to:

Human Resource Manager
ListLab at CMG
187 Ballardvale Street
Wilmington, MA 01887

Principals: No phone calls, please.
ListLab is an equal opportunity employer.

Admin Secretaries
WP Professionals

Office Specialists

Benefits...
The Longer
You're With
Us the Better
They Get!

Accumulate greater holiday and vacation benefits while working on choice temporary assignments. Call us TODAY!
BURLINGTON
(617) 273-1472
3 NE Executive Pk.

B23-26

CEO's Administrative Assistant \$30-\$35,000

In this highly visible position you will play a major role utilizing your secretarial talents by assisting the president. Interaction with executives, working on special projects and assist in management decisions. Lotus and WordPerfect skills a must. Call Vantage Personnel.

617-279-2500

FAX (508) 535-6709

B23-24-29

BOSTON Marriott BURLINGTON

Boston Marriott Burlington is currently seeking:

Part Time & Full Time Reservation Sales Agent

Good telephone, organizational and clear communication skills required; detail-oriented and familiarity with keyboard.

Please call Human Resources Department:
617-229-6565 ext. 6839

Equal Opportunity Employer M/F/D/V

B22-24

GENERAL HELP

JIFFY LUBE

America's leader in the quick lube industry is currently hiring for the following position in our Reading location.

• FULL TIME LUBRICATION TECHNICIANS

(Automotive experience helpful, but not necessary)

We provide complete training and many benefits including 401K plan. If you are interested in joining a fast moving organization and would like an opportunity for growth, apply within.

JIFFY LUBE - READING
369 Main Street
Reading, MA 01867
ATTN: Bob Cole
NO PHONE CALLS PLEASE

— EQUAL OPPORTUNITY EMPLOYER —

G24-26

WAITERS/WAITRESSES WEEKEND SHIFTS AVAILABLE HARROW'S RESTAURANT

126 Main Street, Reading, MA • 617-944-0410

APPLY IN PERSON

G24-30

PRODUCTION ASSEMBLER

Looking for an experienced person to perform assembly of small parts. Requires some work with chemicals for parts cleaning and good inspection abilities.

Part-time or full-time days.

Send resume or apply at:

XENON CORPORATION

20 Commerce Way, Woburn, MA 01801

No phone calls please!

G24-30

ALL-AROUND MACHINIST

Thermal spray coatings shop needs Machinist for turning and grinding of coated aerospace components, fixturing, tooling, equipment and shop maintenance. Position requires an individual that is self-motivated to work directly with other production personnel under minimum supervision. Apply in person M-F 7:30-4:00.

Jet-Com, Inc.

201 Ballardvale Street
Wilmington, MA 01845

G23-25

GENERAL HELP

PART TIME EVENINGS

International freight forwarder located in No. Reading needs export operations person. Computer experience preferred.

CALL
MANAGER:

508-664-4557

G19-25

FRONT DESK CLERK

Part Time/Full Time
Experience Helpful
Apply in person

LORD WAKEFIELD HOTEL
595 North Ave., Wakefield

G24-26

HVAC

Heating and air conditioning company looking for:

EXPERIENCED and LICENSED TECHNICIAN
Please call

617-246-0080

G24-26

TO PLACE A JOB MART AD HERE
CALL
933-3700
OR
944-2200

DRIVERS WANTED

Medical transportation company transporting people. Must have knowledge of Boston. Requires prior driver's experience. Full time shifts starting at 5:00 a.m.

CALL PAUL
942-7547

G24-26

Experienced MOVERS NEEDED

Need to know packing, unpacking, inventories, loading.

Call: 617-942-2767
between 9 & 11 a.m. ONLY
NO CALLS BEFORE OR AFTER THESE HOURS

G23-25

TAKE CHARGE PERSON FOR CLEANING

Must have own car and license. Pays attention to detail.

Call for more information at
938-1430
Ask for Lisa or Norah

G22-26

AUTO PARTS DELIVERY

Full time person needed for delivery and warehouse work. Must have safe driving record. Apply between 3 and 5 p.m. at:

Imported/Domestic Car Parts
18 Cambridge Street
Burlington, MA 01803

G24-26

GENERAL HELP

Reach for the power of COGNOS

Cognos is a world leader in providing integrated software tools for developing business-critical information systems. We are currently recruiting for the following position.

Shipping Clerk

You will be responsible for shipment of product tapes and manuals. You will also administer the education materials to the field and be responsible for maintaining this inventory. The ideal candidate should have 1 year of related work experience, data entry skills, and the ability to lift 60 lbs. We are looking for a self-starter who uses good judgment to be an integral team player.

Please send your resume to Human Resources, Cognos Corporation, 67 S. Bedford St., Suite 100E, Burlington, MA 01803-5164. Or fax your resume to Cognos Careers at (617) 229-9844. Cognos is an Equal Opportunity Employer, M/F/D/V. Principals.

G24-26

\$ \$ NOW HIRING \$ \$ \$ \$ PART TIME \$ \$ \$ \$ MOTHER'S HOURS \$ \$

Merry Maids is now hiring residential house cleaners. Part time, Monday-Friday. No experience necessary, will train. Car required.

CALL:

617-438-8583

G24-26

GLOBAL PROTECTION CORP. WILMINGTON, MA

PRODUCTION

Part time and full time positions available for light assembly. No experience necessary. Minimum wage.

LINE MANAGER

Full time position available for mature person. Line Manager would work along side production staff and be responsible for overseeing 10 to 15 workers. Production experience helpful.

RECEPTIONIST/CLERICAL

Full time employee needed as a Receptionist and Office Assistant. Experience in office environment would be preferred.

Call Mrs. Scall at:

617-629-2339

to arrange for an interview.

G19-25

RESTAURANT HELP WANTED

Full time or part time Restaurant Help needed in our Woburn Mall location. Openings exist for Cashiers and Kitchen Help. Hours flexible. Openings between 6 a.m. and 11 p.m. weekdays and weekends.

Call June at:

935-7030

or apply in person between 9 a.m.-11 a.m. and 2 p.m.-4 p.m. at:



**WOBURN MALL
WOBURN, MA**

We are an equal opportunity employer

G24-26

COUNTER HELP NEEDED

BURLINGTON
• 59 Middlesex Turnpike
• 80 Mall Road

Lunch Shifts Available

To apply for these positions, stop by either of the above locations, between 3-6pm daily.

An equal opportunity employer

G24-26

d'angelo
sandwich shops

Belmont Manor

ACTIVITY DIRECTOR

Full time day position available on our 32 bed Alzheimer's Unit. We are seeking an enthusiastic director to manage all activities on the unit. Requirements include experience in geriatrics, excellent communication and organizational skills and a strong desire to work with the elderly.

Call for appointment with Mary Carr, RN, ADMS at 488-1200 or send resume to 34 Agassiz Ave., Belmont, MA 02178

G19-25

That time of year

Healthy

LIFESTYLES SPRING 1993

Continued from S-1

toward a healthy lifestyle, as opposed to quick weight loss plans seen on television. And after completion of the program, the hospital keeps in contact with participants by mailing healthy alternative recipes to them.

Becoming a healthier person, according to Moffat, requires self-discipline and motivation. She said the real battle is in the mind, not the body.

"We try to motivate people," Moffat said. "We get them psyched. You have to establish a positive mental attitude."

In fact, Moffat refuses to use the word "diet" because she feels it burdens people with extra pressure. She said "balanced choices" is a better term, and will prove more beneficial, not to mention creating undo pressure.

Bacon for breakfast? Okay, says Moffat, but only if that person makes balanced choices for the rest of the day. Obviously, bacon is not her first nutritional choice, but Moffat feels it can be balanced through the day. Educating people about the foods, she said, will lead to healthier choices.

Another healthy choice is to take part in popular Springtime activities such as walking, jogging, cycling, and hiking, among others. Anyone who has ever driven by Lake Quannapowitt in Wakefield this time of year knows that Spring is back. Around five or six o'clock, forget about it. Walkers and joggers own the sidewalk and the side of the road.

While the motorists slowly make their way down Main Street, the non-drivers have the Lake view and sunset to fight off boredom while exercising. The exodus of walkers and joggers at the Lake also provides an opportunity for people to meet others who are shaping up.

Whatever the exercise, says Julie Daly, a registered dietician at Winchester Hospital, choose one that you enjoy so that it's easy to stick to as part of a program. "The secret is to find something that you like and that you can do. Plus you can get out and meet your friends."

11 a.m. on Saturday, March 27th at the Winchester Fire Station. This is a fun activity to get the entire family in the mood for Spring while helping to benefit Winchester Hospital's Childbirth Center and Special Care Nursery.

For more information, call Winchester Hospital at (617) 756-2156.

CPR ADULT HEART-SAVER PROGRAM OFFERED

The CPR Adult Heart-Saver Program at Melrose-Wakefield Hospital offers important information on how to help an injured person in situations such as drowning, electrical shock, airway obstruction, choking and allergic reactions.

The program will also cover

Daly added that people must have realistic exercise and weight loss goals in mind when they start out. "Motivation is very much related to goals. Some people have goals that are too perfectionist. They have to be realistic. You can't expect to never eat a candy bar ever again."

If there is any reason to be concerned about being overweight, it's not for looks, said Daly, it's for health reasons. She said weight is "definitely tied in with" heart disease, diabetes (especially if it runs in the family), high blood pressure, high cholesterol, and even aggravated arthritis.

"Americans need to eat more fruits and vegetables in their diet," Daly said. Red meats and dairy products should be limited in a diet, as should sugars and fats. However, if forced to eat fast foods, Daly recommends pizza over such things as burgers and fries. "Pizza is not nearly as bad. It has less fat, in general."

such topics as exercise, healthy heart living and medical and legal considerations.

The CPR Adult Heart-Saver is open to all community members, as well as health care practitioners.

The program will be held on Saturday, April 17 from 9 a.m. to 3:30 p.m. It is conducted by MWH certified instructors and will be held in the Melrose Wakefield Hospital Family Education Center, located at the corner of Franklin and Main streets in Melrose.

The fee is \$40 per person and registration is required. To register or for more information, call (617) 979-3408 or (617) 979-3515.

Sal and Son sells swings from Tewksbury to London

Since Sal & Son Swing Senter was founded in 1974, owner Salvatore Turco has offered the best in swingsets, indoor and outdoor playground equipment and accessories for the yard.

Sal & Son, located at 749 Boston Road in Billerica, -originally known as Sal's Swing Senter - became a partnership in 1983 when Turco's son, Tory Turco, became co-owner and vice president. That year also saw the start of a new enterprise, Tory Manufacturing, the Swing Specialist. The goal was to create their own swingsets for sale.

Now, 10 years later, sets designed by Sal and Tory are

distributed to retailers in the area and are sold as far away as London, England.

The aim of the design business, for Sal & Son, is to create play environments for children that will excite and challenge them while they provide a safe and attractive place to play.

All of the sets at Sal & Son are built of pressure-treated southern yellow pine and all come with a 25-year warranty against rot and insect damage.

Sal & Son is proud to be able to offer the biggest selection of swingsets in New England. In addition to their own crafted sets, Sal & Son carries a full line of traditional metal swingsets, outdoor furniture and wooden sheds.

The company also offers ceramic yard ornaments, wood lawn furniture, lawn swings for adults, wishing wells and bird baths. It also serves as distributor for a variety of recreational equipment designed for pre-schools and elementary schools.

Sal & Son Swing Senter is open Monday through Saturday from 10 a.m. to 4 p.m. For more information about their swingsets, call (508) 667-8472.

Don't fall for all the hype about quick weight loss programs, said Daly. Concentrate on feeling better emotionally, and the physical part will come along, she added. See a dietician, start an exercise program and "you'll feel so much better."

Remember, consult a physi-

cian before starting any exercising, and try to cut down the fat intake. After that, keep a positive mental attitude and things should fall into place. Being healthy is as much in the mind as in the body. So enjoy the Spring, because the snowflakes will be upon us again before we know it.

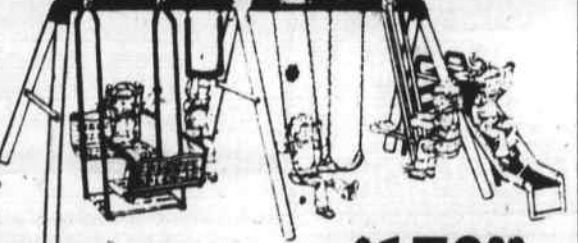


JOHN AND PEARL VATERS of Cordis St., Wakefield get their exercise and work on their "Healthy Lifestyle" by walking around Lake Quannapowitt in Wakefield. (Don Young photo)

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HEDSTROM
Massive 2-3/8"
6 Legged Set

Galva-Koted with
Lifetime Warrantee,
8' Slide, 2 Swings,
Glider, Trapeze, 4
Rider Lawn Swing,
Plastic coated Swings #4259



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SAL & SON SWING SENTER

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(508) 667-8472 - OPEN MON.-SAT. 10 - 4
Kit price does not include lumber or slide



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